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**THE**

**PRIVATE DEVOTIONS**

**OF**

**DR. LANCELOT ANDREWES,**

**SOMETIME LORD BISHOP OF WINCHESTER.**

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**PART I.**

**Translated from the Greek.**

**PART II.**

**Translated from the Latin, and arranged anew.**

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**A NEW EDITION.**

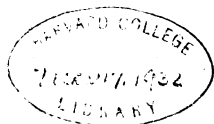
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*Arthur P. Hill*

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## ADVERTISEMENT TO PART I.

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THE following Translation of the Greek Devotions of Bishop Andrewes is made from the Edition of 1675, and has already appeared in a publication of the day. It is reprinted in its present form in compliance with the suggestion of many persons, who naturally wished to possess it simply as a devotional work, apart from its controversial bearings. A few alterations have been made in the arrangement of its separate parts, as they occur in the present text of the original, but only with a view to its answering more fully the purpose for which it seems to have been composed, of furnishing a manual of devotion for every day of the week. Accordingly, such portions of the work, as were obviously without or out of place, have been inserted, where they were wanted, in the course of the prayers; or collected together at the end; or, if repetitions, omitted. No alterations have been made in the text itself; and all transpositions are noted at the foot of the page, as they occur.

J. H. N.

*Feast of All Saints.*



## ADVERTISEMENT TO PART II.

---

THE following pages are intended as a companion to Mr. Newman's beautiful translation of the First Part of Bishop Andrewes' Devotions, which originally appeared in the *Tracts for the Times*, and has since been republished in a separate form. The Devotions now presented to the reader are much less finished than the other portion, and evidently were never arranged by the holy Bishop who compiled them. But it may be truly said of him, as it was of another, that the very dust of his writings is gold. I have made little alteration in the way of arrangement; and have only where absolutely necessary added a few words of paraphrase. Some repetitions from the morning and evening devotions will therefore be found; and some few passages are repeated. One or two repetitions, and one or two fragments, so much disarranged as hardly to be intelligible, have been omitted. The original, with a very few exceptions, is in Latin; in the passages quoted from Holy Scripture, I have employed our authorized version, except where it was necessary, for the purpose of more fully explaining Bishop Andrewes' meaning, to translate literally from the Vulgate. The references are not given, except where they are likely to be less known. The Bishop's Pindaric Ode at the end is omitted, as incapable of a prose translation.

November 6, 1843.

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## DAILY PRAYERS.

### PREPARATION.

#### 1. *Times of Prayer.*

Always. *Luke* xviii. 1.

Without ceasing. *1 Thes.* v. 17.

At all times. *Eph.* vi. 18.

Samuel among such as call upon His name\*. *Ps.* xcix. 6.

God forbid that I should sin against the Lord in ceasing to pray for you, and shewing you the good and the right way. *1 Sam.* xii. 23.

We will give ourselves continually to prayer and to the ministry of the word. *Acts* vi. 4.

He kneeled upon his knees three times a-day, and prayed and gave thanks before his God, as he did afore-time. *Dan.* vi. 10.

In the evening, and morning, and at noon day will I pray, and that instantly, and He shall hear my voice. *Ps.* lv. 18.

Seven times a-day do I praise Thee. *Ps.* cxix. 164.

1. In the morning, a great while before day. *Mark* i. 35.

2. In the morning watch. *Ps.* lxiii. 6. [vid. also *Ps.* cxxx. 6.]

3. The third hour of the day. *Acts* ii. 15.

4. About the sixth hour. *Acts* x. 9.

5. The hour of prayer, the ninth. *Acts* iii. 1.

6. The eventide. *Gen.* xxiv. 63.

7. By night. *Ps.* cxxxiv. 2.

At midnight. *Ps.* cxix. 62.

\* Transferred from p. 4 of Edition of 1675.

2. *Places of Prayer.*

In all places where I record My Name, I will come to thee, and I will bless thee. *Exod. xx. 24.*

Let<sup>b</sup> Thine eyes be open towards this house night and day, even toward the place of which Thou hast said, My Name shall be there; that Thou mayest hearken unto the prayer which Thy servant shall make towards this place. 1 *Kings viii. 29.*

Thou that hearest the prayer,  
unto Thee shall all flesh come.

The fierceness of man shall turn to Thy praise,  
and the fierceness of them shalt Thou refrain.

As for me, I will come into Thy house  
even upon the multitude of Thy mercy,  
and in Thy fear will I worship  
toward Thy Holy Temple.

Hear the voice of my humble petitions,  
when I cry unto Thee;  
when I hold up my hands  
towards the mercy-seat of Thy Holy Temple.

We wait for Thy loving-kindness, O God,  
in the midst of Thy Temple.

1. Among the faithful, and in the congregation. *Ps cxi. 1.*

2. Enter into thy closet, and when thou hast shut thy door, pray to thy Father which is in secret. *Matt. vi. 6.*

3. They went up into an upper room. *Acts i. 13.*

4. He went up upon the housetop to pray. *Acts x. 9.*

5. They went up together into the Temple. *Acts iii. 1.*

6. We kneeled down on the shore, and prayed. *Acts xxi. 5.*

7. He went forth over the brook Cedron, where was a garden. *John xviii. 1.*

8. Let them rejoice in their beds. *Ps. cxlix. 5.*

9. He departed into a desert place, and there prayed. *Mark i. 35.*

<sup>b</sup> Transferred from pp. 5, 6, and 9, of Edition 1678:

10. In every place lifting up holy hands without wrath and doubting. 1 *Tim.* ii. 8.

### 3. Circumstances of Prayer.

- |  |                                    |                         |
|--|------------------------------------|-------------------------|
| 1. Kneeling,   | <i>humiliation.</i>                |                         |
| He kneeled down and prayed. <i>Luke</i> xxii. 41.                                  |                                    |                         |
| He went a little further, and fell on His face, and prayed. <i>Matt.</i> xxvi. 39. |                                    |                         |
| My soul is brought low, even unto the dust,<br>my belly cleaveth unto the ground.  |                                    |                         |
| 2. Sinking the head,   |                                    | <i>shame.</i>           |
| Drooping the face. [ <i>Ezra</i> ix. 6.]   |                                    |                         |
| 3. Smiting the breast,   | [ <i>Luke</i> xviii. 13.]          |                         |
|  | <i>indignation.</i>                |                         |
| 4. Shuddering,   | [ <i>Acts</i> xvi. 29.]            | <i>fear.</i>            |
| 5. Groaning,   | [ <i>Isai.</i> lix. 11.]           | <i>sorrow.</i>          |
| Clasping of hands.   |                                    |                         |
| 6. Raising of eyes and hands,  | [ <i>Ps.</i> xxv. 15 ; cxliii. 6.] | <i>vehement desire.</i> |
| 7. Blows,  | [ <i>Ps.</i> lxxiii. 14.]          | <i>revenge.</i>         |

} 2 *Cor.* vii. 11.

### Order of Latin Prayer.

#### LITANY.

Glory be to Thee, O Lord, glory to Thee.

Glory to Thee who givest me sleep  
to recruit my weakness,  
and to remit the toils  
of this fretful flesh.

To this day and all days,  
a perfect, holy, peaceful, healthy, sinless course,  
Vouchsafe, O Lord.

The Angel of peace, a faithful guide,  
guardian of souls and bodies,  
to encamp around me,  
and ever to prompt what is salutary,  
Vouchsafe, O Lord.



## ORDER OF MATIN PRAYER.

Pardon and remission  
of all sins and of all offences  
Vouchsafe, O Lord.

To our souls what is good and convenient,  
and peace to the world,  
Vouchsafe, O Lord

Repentance and strictness  
for the residue of our life,  
and health and peace to the end,  
Vouchsafe, O Lord.

Whatever is true, whatever is honest,  
whatever just, whatever pure,  
whatever lovely, whatever of good report,  
if there be any virtue, if any praise,  
such thoughts, such deeds,  
Vouchsafe, O Lord.

A Christian close,  
without sin, without shame,  
and, should it please Thee, without pain,  
and a good answer  
at the dreadful and fearful judgment-seat  
of Jesus Christ our Lord,  
Vouchsafe, O Lord.

## CONFESSION.

Essence beyond essence, Nature increate,  
Framer of the world,  
I set Thee, Lord, before my face,  
and I lift up my soul unto Thee.  
I worship Thee on my knees,  
and humble myself under Thy mighty hand.  
I stretch forth my hands unto Thee,  
my soul gaspeth unto Thee as a thirsty land.  
I smite on my breast,  
and say with the Publican,  
God be merciful to me a sinner,

the chief of sinners ;  
 to the sinner above the Publican,  
 be merciful as to the Publican.  
 Father of mercies,  
 I beseech Thy fatherly affection,  
 despise me not  
 an unclean worm, a dead dog, a putrid corpse ;  
 despise not Thou the work of Thine own hands ;  
 despise not Thine own image  
 though branded by sin.  
 Lord, if Thou wilt, Thou canst make me clean ;  
 Lord, only say the word, and I shall be cleansed.  
 And Thou, my Saviour Christ,  
 Christ my Saviour,  
 Saviour of sinners, of whom I am chief,  
 despise me not ; despise me not, O Lord,  
 despise not the cost of Thy blood,  
 who am called by Thy name ;  
 but look on me with those eyes  
 with which Thou didst look upon  
 Magdalene at the feast,  
 Peter in the hall,  
 the thief on the wood ;—  
 that with the thief I may entreat Thee humbly,  
 Remember me, Lord, in Thy kingdom ;  
 that with Peter I may bitterly weep and say,  
 O that mine eyes were a fountain of tears,  
 that I might weep day and night ;  
 that with Magdalene I may hear Thee say.  
 Thy sins be forgiven thee,  
 and with her may love much,  
 for many sins, yea manifold,  
 have been forgiven me.  
 And Thou, All-holy, Good, and Life-giving Spirit,  
 despise me not, Thy breath,  
 despise not Thine own holy things ;  
 but turn Thee again, O Lord, at the last,  
 and be gracious unto Thy servant.

## ORDER OF MATIN PRAYER.

## COMMENDATION.

Blessed art Thou, O Lord,  
 Our God,  
 the God of our Fathers ;  
 who turnest the shadow of death into the morning,  
 and lightenest the face of the earth ;  
 who separatest darkness from the face of the light,  
 and banishest night and bringest back the day ;  
 who lightenest mine eyes,  
 that I sleep not in death ;  
 who deliverest me from the terror by night,  
 from the pestilence that walketh in darkness ;  
 who drivest sleep from mine eyes,  
 and slumber from mine eyelids ;  
 who makest the outgoings of the morning and evening  
 to praise Thee ;  
 because I laid me down and slept and rose up again,  
 for the Lord sustained me ;  
 because I waked and beheld,  
 and my sleep was sweet unto me.  
 Blot out as a thick cloud my transgressions,  
 and as a cloud my sins ;  
 grant me to be a child of light, a child of the day,  
 to walk soberly, holily, honestly, as in the day ;  
 vouchsafe to keep me this day without sin.  
 Thou who upholdest the falling and liftest the fallen,  
 let me not harden my heart in provocation,  
 or temptation or deceitfulness of any sin.  
 Moreover, deliver me to-day  
 from the snare of the hunter  
 and from the noisome pestilence ;  
 from the arrow that flieth by day,  
 from the sickness that destroyeth in the noon day.  
 Defend this day against my evil,  
 against the evil of this day defend Thou me.  
 Let not my days be spent in vanity,  
 nor my years in sorrow.  
 One day telleth another,  
 and one night certifieth another.

O let me hear Thy loving-kindness betimes in the  
     morning,  
     for in Thee is my trust;  
 shew Thou me the way that I should walk in,  
     for I lift up my soul unto Thee.  
 Deliver me, O Lord, from mine enemies,  
     for I flee unto Thee.  
 Teach me to do the thing that pleaseth Thee,  
     for Thou art my God;  
     Let Thy loving Spirit lead me forth  
     into the land of righteousness.  
 Quicken me, O Lord, for Thy Name's sake,  
     and for thy righteousness' sake  
     bring my soul out of trouble;  
     remove from me foolish imaginations,  
     inspire those which are good  
     and pleasing in Thy sight.  
     Turn away mine eyes  
     lest they behold vanity;  
     let mine eyes look right on,  
 and let mine eyelids look straight before me.  
     Hedge up mine ears with thorns  
     lest they incline to undisciplined words.  
     Give me early the ear to hear,  
 and open mine ears to the instruction of Thy oracles.  
     Set a watch, O Lord, before my mouth,  
     and keep the door of my lips.  
     Let my word be seasoned with salt,  
     that it may minister grace to the hearers.  
     Let no deed be grief unto me,  
     nor offence of heart.  
     Let me do some work  
 for which Thou wilt remember me, Lord, for good,  
 and spare me according to the greatness of Thy mercy.  
     Into Thine hands I commend  
     my spirit, soul, and body,  
 which Thou hast created, redeemed, regenerated,  
     O Lord, Thou God of truth;  
     and together with me

## ORDER OF EVENING PRAYER.

all mine and all that belongs to me.

Thou hast vouchsafed them to me,

Lord, in Thy goodness.

Guard us from all evil,  
guard our souls,

I beseech Thee, O Lord.

Guard us without falling,

and place us immaculate

in the presence of Thy glory

in that day.

Guard my going out and my coming in

henceforth and for ever.

Prosper, I pray Thee, Thy servant this day,

and grant him mercy

in the sight of those who meet him.

O God, make speed to save me,

O Lord, make haste to help me.

O turn Thee then unto me,

and have mercy upon me ;

give Thy strength unto Thy servant,

and help the son of Thine handmaid.

Shew some token upon me for good,

that they who hate me may see it and be ashamed,

because Thou, Lord, hast holpen me

and comforted me.

## Order of Evening Prayer.

## MEDITATION.

The day is gone,

and I give Thee thanks, O Lord.

Evening is at hand,

make it bright unto us.

As day has its evening

so also has life ;

the even of life is age,

age has overtaken me,

make it bright unto us.

Cast me not away in the time of age;  
forsake me not when my strength faileth me

Even to my old age be Thou He,  
and even to hoar hairs carry me;  
do Thou make, do Thou bear,  
do Thou carry and deliver me.

Abide with me, Lord,  
for it is toward evening,  
and the day is far spent  
of this fretful life.

Let Thy strength be made perfect  
in my weakness.

Day is fled and gone,  
life too is going,  
this lifeless life.

Night cometh,  
and cometh death,  
the deathless death.

Near as is the end of day,  
so too the end of life:

We then, also remembering it,  
beseech of Thee

for the close of our life,  
that Thou wouldest direct it in peace,

Christian, acceptable,  
sinless, shameless,

and, if it please Thee, painless,  
Lord, O Lord,

gathering us together  
under the feet of thine Elect,  
when Thou wilt, and as Thou wilt,  
only without shame and sins.

Remember we the days of darkness,  
for they shall be many,

lest we be cast into outer darkness.  
Remember we to outstrip the night,  
doing some good thing.

## ORDER OF EVENING PRAYER.

Near is judgment ;—  
 a good and acceptable answer  
 at the dreadful and fearful judgment-seat  
 of Jesus Christ  
 vouchsafe to us, O Lord.  
 By night I lift up my hands in the sanctuary,  
 and praise the Lord.  
 The Lord hath granted His loving-kindness  
 in the day-time ;  
 and in the night season did I sing of Him,  
 and made my prayer unto the God of my life.  
 As long as I live will I magnify Thee on this manner,  
 and lift up my hands in Thy Name.  
 Let my prayer be set forth in Thy sight  
 as the incense,  
 and let the lifting up of my hands  
 be an evening sacrifice.  
 Blessed art Thou, O Lord, our God,  
 the God of our fathers,  
 who hast created the changes of days and nights,  
 who givest songs in the night,  
 who hast delivered us from the evil of this day,  
 who hast not cut off like a weaver my life,  
 nor from day even to night made an end of me.

## CONFESSION.

Lord,  
 as we add day to day,  
 so sin to sin.  
 The just falleth seven times a-day ;  
 and I, an exceeding sinner,  
 seventy times seven ;  
 a wonderful, a horrible thing, O Lord.  
 But I turn with groans  
 from my evil ways,  
 and I return into my heart,  
 and with all my heart I turn to Thee,  
 O God of penitents and Saviour of sinners ;  
 and evening by evening I will return

in the innermost marrow of my soul;  
 and my soul out of the deep  
 crieth unto Thee.  
 I have sinned, O Lord, against Thee,  
 heavily against Thee;  
 alas, alas, woe is me! for my misery.  
 I repent, O me, I repent; spare me, O Lord;  
 I repent, O me, I repent,  
 help Thou my impenitence.  
 Be appeased, spare me, O Lord;  
 be appeased, have mercy on me;  
 I said, Lord, have mercy upon me,  
 heal my soul, for I have sinned against Thee.  
 Have mercy upon me, O Lord,  
 after Thy great goodness,  
 according to the multitude of Thy mercies  
 do away mine offences.  
 Remit the guilt,  
 heal the wound,  
 blot out the stains,  
 clear away the shame,  
 rescue from the tyranny,  
 and make me not a public example.  
 O bring Thou me out of my trouble,  
 cleanse Thou me from secret fault,  
 keep back Thy servant also from presumptuous sins.  
 My wanderings of mind  
 and idle talking  
 lay not to my charge.  
 Remove the dark and muddy flood  
 of foul and wicked thoughts.  
 O Lord,  
 I have destroyed myself;  
 whatever I have done amiss, pardon mercifully.  
 Deal not with us after our sins,  
 neither reward us after our iniquities.  
 Look mercifully upon our infirmities;  
 and for the glory of Thy All-holy Name,  
 turn from us all those ills and miseries,



which by our sins, and by us through them,  
are most righteously and worthily deserved.

### 3. COMMENDATION.

To my weariness, O Lord,  
vouchsafe Thou rest,  
to my exhaustion  
renew Thou strength.

Lighten mine eyes that I sleep not in death.

Deliver me from the terror by night,  
the pestilence that walketh in darkness.

Supply me with healthy sleep,  
and to pass through this night without fear.

O keeper of Israel,  
who neither slumberest nor sleepest,  
guard me this night from all evil,  
guard my soul, O Lord.

Visit me with the visitation of Thine own,  
reveal to me wisdom in the visions of the night.

If not, for I am not worthy, not worthy,  
at least, O loving Lord,  
let sleep be to me a breathing time  
as from toil, so from sin.

Yea, O Lord,  
nor let me in my dreams imagine  
what may anger Thee,  
what may defile me.

Let not my loins be filled with illusions,  
yea, let my reins chasten me in the night season,  
yet without grievous terror.

Preserve me from the black sleep of sin;  
all earthly and evil thoughts  
put to sleep within me.

Grant to me light sleep,  
rid of all imaginations  
fleshly and satanical.

Lord, Thou knowest  
how sleepless are mine unseen foes,  
and how feeble my wretched flesh,

who madest me ;  
 shelter me with the wing of Thy pity ;  
 awaken me at the fitting time,  
 the time of prayer ;  
 and give me to seek Thee early,  
 for Thy glory, and for Thy service.

*Here use the form of Intercession, No. 3.*

Into Thy hands, O Lord, I commend myself,  
 my spirit, soul, and body :  
 Thou didst make, and didst redeem them ;  
 and together with me, all my friends  
 and all that belongs to me.  
 Thou hast vouchsafed them to me, Lord,  
 in Thy goodness.  
 Guard my lying down and my rising up,  
 from henceforth and for ever.  
 Let me remember Thee on my bed,  
 and search out my spirit ;  
 let me wake up and be present with Thee ;  
 let me lay me down in peace, and take my rest :  
 for it is Thou, Lord, only,  
 that makest me dwell in safety.

---

## Course of Prayers for the Week.

---

### THE FIRST DAY.

#### *Introduction.*

THROUGH the tender mercies of our God  
 the day-spring from on high hath visited us.  
 Glory be to Thee, O Lord, glory to Thee.  
 Creator of the light,  
 and Enlightener of the world,—  
 of the visible light,  
 The Sun's ray, a flame of fire,  
 day and night,

evening and morning,—  
 of the light invisible,  
 the revelation of God,  
 writings of the Law,  
 oracles of Prophets,  
 music of Psalms,  
 instruction of Proverbs,  
 experience of Histories,—  
 light which never sets.  
 God is the Lord who hath shewed us light ;  
 bind the sacrifice with cords,  
 yea even unto the horns of the altar.

O by Thy resurrection raise us up  
 unto newness of life,  
 supplying to us frames of repentance.  
 The God of peace,  
 who did bring again from the dead  
 the great Shepherd of the sheep,  
 through the blood of the everlasting covenant,  
 our Lord Jesus Christ,  
 perfect us in every good work,  
 to do His will,  
 working in us what is acceptable before Him,  
 through Jesus Christ,  
 to whom be glory for ever.

Thou who didst send down on Thy disciples  
 on this day  
 Thy Thrice-Holy Spirit,  
 withdraw not Thou the gift, O Lord, from us,  
 but renew it in us, day by day,  
 who ask Thee for it.

(1.) CONFESSION.

Merciful and pitiful Lord,  
 Long-suffering and full of pity,  
 I have sinned, Lord, I have sinned against Thee ;  
 O me, wretched that I am,

I have sinned, Lord, against Thee  
 much and grievously,  
 in attending on vanities and lies.

I conceal nothing :  
 I make no excuses.

I give Thee glory, O Lord, this day,  
 I denounce against myself my sins ;  
 Truly I have sinned before the Lord,  
 and thus and thus have I done.

I have sinned and perverted  
 that which was right,  
 and it profited me not.

And what shall I now say ?

or with what shall I open my mouth ?

What shall I answer, seeing I have done it ?

Without plea, without defence, self-condemned, am I  
 I have destroyed myself.

Unto Thee, O Lord, belongeth righteousness,  
 but unto me confusion of face,  
 because Thou art just in all that is come upon me ;  
 for Thou hast done right,  
 but I have done wickedly.

And now, Lord, what is my hope ?

Truly my hope is even in Thee,  
 if hope of salvation remain to me,  
 if Thy loving-kindness cover  
 the multitude of my iniquities.

O remember what my substance is,  
 the work of Thine hands,  
 the likeness of Thy countenance,  
 the cost of Thy blood,  
 a name from Thy Name,  
 a sheep of Thy pasture,  
 a son of the covenant.

Despise not Thou the work of Thine own hands.

Hast Thou made for nought  
 Thine own image and likeness ?  
 for nought, if Thou destroy it.

And what profit is there in my blood ?

Thine enemies will rejoice ;  
 may they never rejoice, O Lord !  
 Grant not to them my destruction.  
 Look upon the face of Thine Anointed,  
 and in the Blood of Thy covenant,  
 the propitiation for the sins of the whole world,  
 Lord, be propitious unto me, a sinner ;  
 even unto me, O Lord, of sinners  
 chief, chiefest and greatest.  
 For Thy Name's sake be merciful unto my sin,  
 for it is great : it exceeds.  
 For Thy Name's sake, that Name,  
 beside which, none other under heaven  
 is given among men,  
 whereby we must be saved,  
 the Spirit Himself helping our infirmities,  
 and making intercession for us,  
 with plaints unutterable.  
 For the tender yearnings of the Father,  
 the bloody wounds of the Son,  
 the unutterable plaints of the Spirit,  
 give ear, O Lord, have mercy, O Lord,  
 O Lord, hearken and do ;  
 defer not, for Thine own sake,  
 O my God.  
 For me, I forget not my sins,  
 they are ever before me ;  
 I remember them in the bitterness of my soul ;  
 I am anxious about them ;  
 I turn away and groan,  
 I have indignation and revenge  
 and wrath against myself.  
 I despise and bruise my own self,  
 that my penitence, Lord, O Lord,  
 is not deeper, is not fuller ;  
 help Thou mine impenitence.  
 And more, and still more,  
 pierce Thou, rend, crush my heart :  
 and remit, forgive, pardon

what things are grief to me,  
and offence of heart.

Cleanse Thou me from secret faults,  
and keep Thy servant also from presumptuous sins.  
Magnify Thy mercies towards the wretched sinner ;

and in season, Lord, say to me,  
Be of good cheer ; thy sins are forgiven thee ;  
My grace is sufficient for thee.

Say unto my soul, I am thy salvation.

Why art Thou so heavy, O my soul ?  
and why art thou so disquieted within thee ?

Return unto thy rest, O my soul,  
for the Lord hath rewarded thee.

O Lord, rebuke me not in Thine indignation,  
neither chasten me in Thy displeasure.

I said, I will confess my sins unto the Lord,  
and so Thou forgavest the wickedness of my sin.

Lord, Thou knowest all my desire,  
and my groaning is not hid from Thee.

Have mercy upon me, O God,  
after Thy great goodness,  
according to the multitude of Thy mercies  
do away mine offences.

Thou shalt arise, and have mercy on me, O Lord,  
for it is time that Thou have mercy upon me,  
yea, the time is come.

If Thou, O Lord, shouldest mark iniquities,  
O Lord, who shall stand ?

Enter not into judgment with Thy servant, O Lord,  
for in Thy sight shall no man living be justified.

## (2.) PRAYER FOR GRACE.

My hands will I lift up  
unto Thy commandments which I have loved.

Open Thou mine eyes that I may see,  
incline my heart that I may desire,  
order my steps that I may follow,  
the way of Thy commandments.

O Lord God, be Thou to me a God.

- and beside Thee none else,  
 none else, nought else with Thee.
- Vouchsafe to me, to worship Thee and serve Thee
1. in truth of spirit,
  2. in reverence of body,
  3. in blessing of lips,
  4. in private and in public;
5. to pay honour to them that have the rule over me,  
 by obedience and submission;  
 to shew affection to my own,  
 by carefulness and providence;
6. to overcome evil with good;
7. to possess my vessel in sanctification and honour;
8. to have my converse without covetousness,  
 content with what I have;
9. to speak the truth in love;
10. to be desirous not to lust,  
 not to lust passionately,  
 not to go after lusts.

(THE HEDGE OF THE LAW, *i. e.* PRECAUTIONS.)

1. To bruise the serpent's head. *Gen.* iii. 15.
2. To remember my latter end. *Deut.* xxvii. 29.
3. To cut off opportunities. *2 Cor.* xi. 12.
4. To be sober. *1 Pet.* v. 8.
5. Not to sit idle. *Matt.* xx. 6.
6. To shun the wicked. *Ps.* xxvi. 5.
7. To cleave to the good. *Rom.* xii. 9.
8. To make a covenant with the eyes. *Job* xxxi. 1.
9. To bring my body into subjection. *1 Cor.* ix. 27.
10. To give myself unto prayer. *1 Cor.* vii. 5.
11. To betake myself to penitence. *2 Pet.* iii. 9.

Hedge up my way with thorns,  
 that I find not the path  
 for following vanity.

Hold Thou me in with bit and bridle,  
 lest I fall from Thee.

O Lord, compel me to come in to Thee.

## (3.) PROFESSION.

I Believe, O Lord,  
**in Thee, Father, Word, Spirit, One God;**  
 that by Thy fatherly love and power  
 all things were created;—  
 that by Thy goodness and love to man  
 all things have been begun anew  
 in Thy Word,—  
**Who for us men and for our salvation,**  
 was made flesh,  
 was conceived and born,  
 suffered and was crucified,  
 died and was buried,  
 descended and rose again,  
 ascended and sat down,  
 will return and will repay;—  
**that by the shining-forth and working**  
 of Thy Holy Spirit,  
**hath been called out of the whole world**  
**a peculiar people into a polity,**  
 in belief of the truth  
 and sanctity of living:—  
**that in it we are partakers**  
**of the communion of saints**  
**and forgiveness of sins**  
 in this world,—  
**that in it we are waiting**  
**for resurrection of the flesh**  
 and life everlasting  
 in the world to come.—  
 This most holy faith  
**which was once delivered to the saints**  
 I believe, O Lord;  
**help Thou mine unbelief,**  
 and vouchsafe to me  
 to love the Father for His fatherly love,  
 to reverence the Almighty for His power,  
**as a faithful Creator, to commit my soul to Him**



in well doing ;  
 vouchsafe to me to partake  
 from Jesus of salvation,  
 from Christ of anointing,  
 from the Only-begotten of adoption ;  
 to worship the Lord  
 for His conception, in faith,  
 for His birth, in humility,  
 for His sufferings, in patience and hatred of sin ;  
 for His cross, to crucify beginnings,  
 for His death, to mortify the flesh,  
 for his burial, to bury evil thoughts in good works,  
 for His descent, to meditate upon hell,  
 for His resurrection, upon newness of life,  
 for His ascension, to mind things above,  
 for His sitting on high, to mind the good things on  
 His right,  
 for His return, to fear His second appearance,  
 for judgment, to judge myself ere I be judged.  
 From the Spirit  
 vouchsafe me the breath of salutary grace.  
 In the Holy Catholic Church  
 to have my own calling, and holiness, and portion,  
 and a fellowship  
 of her sacred rites, and prayers,  
 fastings and groans,  
 vigils, tears, and sufferings,  
 for assurance of remission of sins,  
 for hope of resurrection and translation  
 to eternal life.

## (4.) INTERCESSION.

O Hope of all the ends of the earth,  
 and of them that remain in the broad sea ;  
 O Thou on whom our fathers hoped,  
 and Thou didst deliver them ;  
 on whom they waited,  
 and were not confounded ;  
 O my Hope from my youth,

from my mother's breasts :  
 on whom I have been cast from the womb,  
     be Thou my hope  
     now and evermore,  
 and my portion in the land of the living :  
     In Thy nature,  
 in Thy names, in Thy types,  
     in word and in deed,  
     My Hope,  
 let me not be disappointed of my hope.  
 O the Hope of all the ends of the earth,  
 remember Thy whole creation for good,  
     visit the world in Thy compassion ;  
     O guardian of men,  
     O loving Lord,  
     remember all our race.  
 Thou who hast shut up all in unbelief,  
     on all have pity, O Lord.  
 O Thou who didst die and rise again,  
 to be Lord both of the dead and living,  
     live we or die we,  
     Thou art our Lord ;  
 Lord, have pity on living and dead.  
     O helper of the helpless,  
     seasonable aid in affliction,  
     remember all who are in necessity,  
     and need Thy succour.  
     O God of grace and truth,  
 establish all who stand in truth and grace,  
 restore all who are sick with heresies and sins.  
     O wholesome defence of Thine anointed,  
     remember Thy congregation  
 which Thou hast purchased and redeemed of old.  
     O grant to all believers  
     one heart and one soul.  
 Thou that walkest amid the golden candlesticks,  
     remove not our candlestick  
     out of its place.  
     Amend what are wanting,

establish what remain,  
 which Thou art ready to cast away,  
 which are ready to die.

O Lord of the harvest  
 send forth labourers, made sufficient by Thee,  
 into Thy harvest.

O portion of those  
 who wait in Thy temple,  
 grant to our clergy,  
 rightly to divide the word of truth,  
 rightly to walk in it;  
 grant to Thy Christian people  
 to obey and submit to them.

O King of nations, unto the ends  
 of the earth;

strengthen all the states  
 of the inhabited world,  
 as being Thy ordinance,  
 though a creation of man.

Scatter the nations that delight in war,  
 make wars to cease in all the earth.

O expectation of the isles and their hope,

Lord, save this island,  
 and all the country in which we sojourn,  
 from all affliction, peril, and need.

Lord of lords, Ruler of rulers,  
 remember all rulers

to whom Thou hast given rule in the earth,  
 and O remember specially  
 our divinely-guarded king,

and work with him more and more;  
 and prosper his way in all things.

Speak good things unto his heart,  
 for Thy Church, and all Thy people,  
 grant to him profound and perpetual peace,  
 that in his tranquillity

we may lead a quiet and peaceable life  
 in all godliness and honesty.

O Thou by whom are ordained the powers that be,

grant to those who are chief in court,  
 to be chief in virtue and Thy fear ;  
 grant to the Parliament Thy holy wisdom ;  
 to our great men, to do nothing against  
 but for the truth ;  
 to the courts of law, Thy judgments,  
 to judge in all things concerning all  
 without preference, without partiality.

O God of armies,  
 give a prosperous course and strength  
 to all the Christian army,  
 against the enemies of our most holy faith.

Grant to our population  
 to be subject unto the higher powers,  
 not only for wrath, but also for conscience-sake.

Grant to farmers and graziers good seasons ;  
 to the fleet and fishers fair weather ;  
 to tradesmen, not to overreach one another ;  
 to mechanics, to pursue their business lawfully,  
 down to the meanest workman,  
 down to the poor.

O God, not of us only but of our seed,  
 bless our children among us,  
 to advance in wisdom as in stature,  
 and in favour with Thee and with men.

Thou who wouldest have us provide for our own,  
 and hatest the unnatural,  
 remember, Lord, my relations according to the flesh .  
 grant me to speak peace concerning them,  
 and to seek their good.

Thou who willest us to make return  
 to our benefactors,  
 remember, Lord, for good,  
 all from whom I have received good ;  
 keep them alive that they may be blessed upon earth,  
 and deliver them not  
 into the will of their enemies.

Thou who hast noted  
 the man who neglects his own, as worse

than an infidel,  
remember in Thy good pleasure  
all those in my household.

Peace be to my house,  
the Son of peace upon all in it.

Thou who wouldest that our righteousness exceed  
the righteousness of sinners,  
grant me, Lord, to love those who love me ;  
my own friend, and my father's friend,  
and my friend's children,  
never to forsake.

Thou who wouldest that we overcome  
evil with good,  
and pray for those who persecute us,  
have pity on mine enemies, Lord,  
as on myself ;  
and lead them together with me  
to Thy heavenly kingdom.

Thou who grantest the prayers of thy servants  
one for another,  
remember, Lord, for good,  
and pity all those  
who remember me in their prayers,  
or whom I have promised to remember in mine.  
Thou who acceptest diligence in every good work,  
remember, Lord, as if they prayed to Thee,  
those who for any good reason  
give not time to prayer.

Arise, and have mercy  
on those who are in the last necessity,  
for it is time that Thou hadst mercy upon them,  
yea the time is come.

Have mercy on them, O Lord,  
as on me also, when in extremities.

Remember, Lord,  
infants, children, the grown, the young,  
the middle-aged, the old,  
hungry, thirsty, naked, sick,  
prisoners, foreigners, friendless, unburied,

all in extreme age and weakness,  
 possessed with devils, and tempted to suicide,  
 troubled by unclean spirits,  
 the hopeless, the sick in soul or body, the weak-hearted,  
 all in prison and chains, all under sentence of death :  
 orphans, widows, foreigners, travellers, voyagers,  
 women with child, women who give suck,  
 all in bitter servitude, or mines, or galleys,  
 or in loneliness.

Thou, Lord, shalt save both man and beast,  
 how excellent is Thy mercy, O God !  
 And the children of men shall put their trust  
 under the shadow of Thy wings.

The Lord bless us, and keep us,  
 and shew the light of His countenance upon us,  
 and be merciful unto us ;

the Lord lift up His countenance upon us,  
 and give us peace !

I commend to Thee, O Lord,  
 my soul, and my body,  
 my mind, and my thoughts,  
 my prayers, and my vows,  
 my senses, and my limbs,  
 my words, and my works \*,  
 my life, and my death ;  
 my brothers, and my sisters,  
 and their children ;

my friends, my benefactors, my well wishers,  
 those who have a claim on me ;  
 my kindred, and my neighbours,  
 my country, and all Christendom.

I commend to Thee, Lord,  
 my impulses, and my startings,  
 my intentions, and my attempts,  
 my going out, and my coming in,  
 my sitting down, and my rising up.

\* Page 172, Edit. 1675.

## (5.) PRAISE.

Up with our hearts ;  
 we lift them to the Lord.  
 O how very meet, and right, and fitting, and due,  
 in all, and for all,  
 at all times, places, manners,  
 in every season, every spot,  
 everywhere, always, altogether,  
 to remember Thee, to worship Thee,  
 to confess to Thee, to praise Thee,  
 to bless Thee, to hymn Thee,  
 to give thanks to Thee,  
 Maker, nourisher, guardian, governor,  
 preserver, worker, perfecter of all,  
 Lord and Father,  
 King and God,  
 fountain of life and immortality,  
 treasure of everlasting goods ;  
 Whom the heavens hymn,  
 and the heaven of heavens,  
 the angels and all the heavenly powers,  
 one to other crying continually,—  
 and we the while, weak and unworthy,  
 under their feet,—  
 Holy, Holy, Holy,  
 Lord the God of Hosts ;  
 full is the whole heaven,  
 and the whole earth,  
 of the majesty of Thy glory.  
 Blessed be the glory of the Lord  
 out of His place,  
 for His Godhead, His mysteriousness,  
 His height, His sovereignty, His almightiness,  
 His eternity, His providence.  
 The Lord is my strength, my stony rock, and my  
 defence,  
 my deliverer, my succour, my buckler,  
 the horn also of my salvation and my refuge.

**The Second Day.***Introduction.*

My voice shalt Thou hear betimes, O Lord:  
 early in the morning  
 will I direct my prayer unto Thee,  
 and will look up.  
 Blessed art Thou, O Lord,  
 who didst create the firmament of heaven,  
 the heavens and the heaven of heavens,  
 the heavenly powers,  
 Angels, Archangels,  
 Cherubim, Seraphim,  
 waters above the heavens,  
 mists and exhalations,  
 for showers, dew, hail, snow as wool,  
 hoar frost as ashes, ice as morsels,  
 clouds from the ends of the earth,  
 lightnings, thunders, winds out of Thy treasures,  
 storms;  
 waters beneath the heavens,  
 for drinking and for bathing.

## CONFESSIO.

I will confess my sins,  
 and the sins of my fathers,  
 for I have transgressed and neglected Thee, O Lord,  
 and walked perversely before Thee.  
 Set not, O Lord, set not my misdeeds before Thee,  
 nor my life in the light of Thy countenance,  
 but pardon the iniquity of Thy servant,  
 according to Thy great mercy;  
 as Thou hast been merciful to him from a child,  
 even so now.  
 I have sinned, what shall I do unto Thee,  
 O Thou preserver of men?  
 Why hast Thou set me as a mark against Thee,  
 so that I am a burden to myself?



O pardon my transgression,  
 and take away mine iniquity.  
 Deliver me from going down to the pit,  
 for Thou hast found a ransom.  
 Have mercy on me, Son of David;  
 Lord, help me.

Yea, Lord, even the dogs eat of the crumbs  
 which fall from their master's table.  
 Have patience with me, Lord,  
 yet I have not wherewith to pay,  
 I confess to Thee;  
 forgive me the whole debt, I beseech Thee.  
 How long wilt Thou forget me, O Lord? for ever?  
 How long wilt Thou hide Thy face from me?  
 How long shall I seek counsel in my soul,  
 and be vexed in my heart day and night?  
 How long shall mine enemies triumph over me?  
 Consider and hear me, O Lord my God;  
 lighten mine eyes that I sleep not in death,  
 lest mine enemy say I have prevailed against him,  
 for if I be cast down, they that trouble me will  
 rejoice at it;  
 but my trust is in Thy mercy.

## (2.) PRAYER FOR GRACE.

Remove from me

*(The Ten  
Command-  
ments.)*

1. all iniquity and profaneness, superstition,  
and hypocrisy.
2. worship of idols, of persons.
3. rash oath and curse.
4. neglect or indecency of worship.
5. haughtiness and recklessness.
6. strife and wrath.
7. passion and corruption.
8. indolence and fraud.
9. lying and injuriousness.
10. every evil notion, every impure thought,  
every base desire, every unseemly thought.

Grant to me,

1. to be religious and pious.
2. to worship and serve.
3. to bless and swear truly.
4. to confess meetly in the congregation.
5. affection and obedience.
6. patience and good temper.
7. purity and soberness.
8. contentedness and goodness.
9. truth and incorruptness.
10. good thoughts, perseverance to the end.

(3.) PROFESSION.

I believe in God,

1. the Father, Almighty, Maker of heaven and earth.
2. And in Jesus Christ, His Only-begotten Son, our Lord.

- (1.) conceived of the Holy Ghost,
- (2.) born of Mary, ever-virgin,
- (3.) suffered under Pontius Pilate,
- (4.) crucified,
- (5.) dead,
- (6.) buried.—
- (1.) descended into hell,
- (2.) risen from the dead,
- (3.) ascended into heaven,
- (4.) set down on the right hand.
- (5.) to return thence,
- (6.) to judge both quick and dead.

3. And in the Holy Ghost,

- (1.) The Holy Church,
- (2.) Catholic,
- (3.) communion of saints,
- (4.) remission of sins,
- (5.) resurrection of flesh,
- (6.) life everlasting.

And now, Lord, what is my hope?  
Truly my hope is even in Thee;

in Thee, O Lord, have I trusted,  
let me never be confounded.

(4.) INTERCESSION.

Let us pray God,  
for the whole creation ;  
for the supply of seasons,  
healthy, fruitful, peaceful ;  
for the whole race of mankind ;  
for those who are not Christians ;  
for the conversion of Atheists, the ungodly ;  
Gentiles, Turks, and Jews ;  
for all Christians ;  
for restoration of all  
who languish in errors and sins ;  
for confirmation of all  
who have been granted truth and grace ;  
for succour and comfort of all  
who are dispirited, infirm, distressed, unsettled,  
men and women ;  
for thankfulness and sobriety in all  
who are hearty, healthy, prosperous, quiet,  
men and women ;  
for the Catholic Church,  
its establishment and increase ;  
for the Eastern,  
its deliverance and union ;  
for the Western,  
its adjustment and peace ;  
for the British,  
the supply of what is wanting in it,  
the strengthening of what remains in it ;  
for the episcopate, presbytery, Christian people ;  
for the states of the inhabited world ;  
for Christian states,  
far off, near at hand ;  
for our own ;  
for all in rule ;  
for our divinely-guarded king,

the queen and the prince ;  
 for those who have place in the court ;  
 for parliament and judicature,  
     army and police,  
     commons and their leaders,  
 farmers, graziers, fishers, merchants,  
     traders, and mechanics,  
 down to mean workmen, and the poor ;  
 for the rising generation ;  
 for the good nurture of all the royal family,  
     of the young ones of the nobility ;  
 for all in universities, in inns of court,  
     in schools in town or country,  
     in apprenticeships ;  
 for those who have a claim on me from relationship,  
     for brothers and sisters,  
 that God's blessing may be on them,  
     and on their children ;  
 or from benefits conferred,  
 that Thy recompence may be on all  
     who have benefited me,  
 who have ministered to me in carnal things ;  
     or from trust placed in me,  
 for all whom I have educated,  
     all whom I have ordained :  
     for my college, my parish,  
 Southwell, St. Paul's, Westminster,  
 dioceses of Chichester, Ely, and my present,  
 clergy, people, helps, governments,  
     the deanery in the chapel royal,  
     the almonry,  
 the colleges committed to me \* ;  
     or from natural kindness,  
     for all who love me,  
 though I know them not ;  
     or from Christian love,  
 for those who hate me without cause,

\* As Visitor.

some, too, even on account of truth and righteousness ;

or from neighbourhood,  
for all who dwell near me  
peaceably and harmlessly ;

or from promise,  
for all whom I have promised to remember  
in my prayers ;

or from mutual offices,  
for all who remember me in their prayers,  
and ask of me the same ;

or from stress of engagements,  
for all who on sufficient reasons fail to call  
upon Thee ;

for all who have no intercessor  
in their own behalf ;

for all who at present are in agony  
of extreme necessity or deep affliction ;  
for all who are attempting any good work  
which will bring glory to the Name of God  
or some great good to the Church ;

for all who act nobly  
either towards things sacred or towards the poor ;  
for all who have ever been offended by me  
either in word or in deed.

God have mercy on me and bless me ;  
God shew the light of His countenance upon me  
and pity me.

God bless me, even our God ;  
God bless me and receive my prayer ;  
O direct my life towards Thy commandments,

hallow my soul,  
purify my body,  
correct my thoughts,  
cleanse my desires,  
soul and body, mind and spirit,  
heart and reins.

Renew me thoroughly, O God,  
for, if Thou wilt, Thou canst.

## (5.) PRAISE.

The Lord, the Lord God,  
merciful and pitiful,  
long-suffering and full of pity, and true,  
keeping pity for thousands,  
taking away iniquities and unrighteousnesses and sins ;  
not clearing the guilty one,  
bringing sins of fathers upon children.  
I will bless the Lord at all times,  
His praise shall ever be in my mouth.  
Glory to God in the highest,  
and on earth peace,  
goodwill towards men.

The Angels,	guardianship ;
Archangels,	glory ;
Powers,	marvels ;
Thrones,	judgment ;
Dominions,	beneficence ;
Principalities,	government ;
Authorities,	against devils ;
Cherubim,	knowledge ;
Seraphim,	love.

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The Third Day.
*Introduction.*

O God, Thou art my God,  
early will I seek Thee.  
Blessed art Thou, O Lord,  
who gatheredst the water into the sea,  
and broughtest to sight the earth,  
and madest to sprout  
herb and fruit-tree.  
There are the depths and the sea as on an heap,  
lakes, rivers, springs ;  
earth, continent, and isles,

mountains, hills, and valleys ;  
 glebe, meadows, glades,  
 green pasture, corn, and hay ;  
 herbs and flowers  
 for food, enjoyment, medicine ;  
 fruit-trees bearing  
 wine, oil, and spices,  
 and trees for wood ;  
 and things beneath the earth,  
 stones, metals, minerals, coal,  
 blood and fire, and vapour of smoke.

## (1.) CONFESSION.

Who can understand his errors ?  
 Cleanse Thou me from secret faults.  
 Keep back Thy servant also from presumptuous sins  
 lest they have the dominion over me.

For Thy Name's sake,  
 be merciful unto my sin,  
 for it is great.

My iniquities have taken such hold upon me  
 that I am not able to look up ;  
 yea, they are more in number than the hairs of my head,  
 and my heart hath failed me.

Be pleased, O Lord, to deliver me ;  
 make haste, O Lord, to help me.

Magnify Thy mercies upon me,  
 O Thou who savest them that trust in Thee.  
 I said, Lord, have mercy upon me,  
 heal my soul, for I have sinned against Thee ;  
 I have sinned, but I am confounded,  
 and I turn from my evil ways,  
 and I turn unto mine own heart,  
 and with my whole heart I turn unto Thee ;  
 and I seek Thy face,  
 and I beseech Thee, saying,  
 I have sinned, I have committed iniquity,  
 I have done unjustly.  
 I know, O Lord, the plague of my heart,

and lo, I turn to Thee with all my heart,  
 and with all my strength.  
 And Thou, O Lord, now from Thy dwelling-place,  
 and from the glorious throne of Thy kingdom  
 in heaven,

O hear the prayer  
 and the supplication of Thy servant;  
 and be propitious towards Thy servant,  
 and heal his soul.

O God, be merciful to me a sinner,  
 be merciful to me the chief of sinners.  
 Father, I have sinned against heaven, and before Thee,  
 and am no more worthy to be called Thy son,  
 make me one of Thy hired servants;  
 make me one, or even the last,  
 or the least among all.

What profit is there in my blood,  
 when I go down to the pit?  
 shall the dust give thanks unto Thee?  
 or shall it declare Thy truth?  
 Hear, O Lord, and have mercy upon me;  
 Lord, be Thou my helper;  
 turn my heaviness into joy,  
 my dreamings into earnestness,  
 my falls into clearings of myself,  
 my guilt, my offence into indignation,  
 my sin into fear,  
 my transgression into vehement desire,  
 my unrighteousness into strictness,  
 my pollution into revenge.

(2.) PRAYER FOR GRACE.

Hosanna in the highest\*.  
 Remember me, O Lord,  
 with the favour that Thou bearest unto Thy people,  
 O visit me with Thy salvation;  
 that I may see the felicity of Thy chosen,

\* Vide p. 186, edit. 1675.



and rejoice in the gladness of Thy people,  
 and give thanks with Thine inheritance.  
 There is glory which shall be revealed;  
     for when the Judge cometh  
     some shall see Thy face cheerful,  
     and shall be placed on the right,  
 and shall hear those most welcome words,  
     “Come, ye blessed.”

They shall be caught up in clouds  
     to meet the Lord;  
 they shall enter into gladness,  
 they shall enjoy the sight of Him,  
 they shall be ever with Him.

These alone, only these are blessed  
 among the sons of men.

O to me the meanest grant the meanest place,  
     there under their feet;  
     under the feet of Thine elect,  
     the meanest among them.

And that this may be,  
 let me find grace in Thy sight  
     to have grace, (Heb. xii. 28.)

so as to serve Thee acceptably  
 with reverence and godly fear.

Let me find that second grace,  
     not to receive in vain (2 Cor. vi. 1.)  
     the first grace,

not to come short of it; (Heb. xii. 15.)

yea, not to neglect it, (1 Tim. iv. 14.)

so as to fall from it, (Gal. v. 4.)

but to stir it up, (2 Tim. i. 6.)

so as to increase in it, (2 Pet. iii. 18.)

yea, to abide in it  
 till the end of my life.

And O, perfect for me what is lacking  
     of Thy gifts,

Of faith,  
 Of hope,  
 Of love,

help Thou mine unbelief,  
 establish my trembling hope,  
 kindle its smoking flax.

Shed abroad Thy love in my heart,  
     so that I may love Thee,  
 my friend in Thee, my enemy for Thee.  
 O Thou who givest grace to the humble-minded,  
     also give me grace to be humble-minded.  
 O Thou who never failest those who fear Thee,  
     my Fear and my Hope,  
     let me fear one thing only,  
     the fearing aught more than Thee.  
 As I would that men should do to me,  
     so may I do to them ;  
 . not to have thoughts beyond what I should think,  
     but to have thoughts unto sobriety.  
 Shine on those who sit in darkness,  
     and the shadow of death ;  
 guide our feet into the way of peace,  
 that we may have the same thoughts  
     one with another,  
     rightly to divide, rightly to walk,  
     to edify,  
 with one accord, with one mouth  
     to glorify God ;  
     and if aught otherwise,  
     to walk in the same rule  
     as far as we have attained ;  
     to maintain order,  
     decency, and stedfastness.

## (3.) PROFESSION.

Godhead, paternal love, power,  
     providence :  
 salvation, anointing, adoption,  
     lordship ;  
     conception, birth, passion,  
     cross, death, burial,  
 descent, resurrection, ascent,  
     sitting, return, judgment ;

Breath and Holiness,  
 calling from the **Universal**,  
 hallowing in the **Universal**,  
 communion of saints, and of saintly *things*,  
 resurrection,  
 life eternal.

## (4.) INTERCESSION.

Hosanna on the earth <sup>b</sup>.

Remember, O Lord,

to crown the year with Thy goodness;  
 for the eyes of all look towards Thee,  
 and Thou givest their food in due season.

Thou openest Thine hand,  
 and fillest all things living with plenteousness.

And on us, O Lord, vouchsafe  
 the blessings of heaven and the dew above,  
 blessings of fountains and the deep beneath,  
 courses of sun, conjunctions of moons,  
 summits of eastern mountains, of the everlasting *hills*,  
 fulness of the earth and of produce thereof,  
 good seasons, wholesome weather,

full crops, plenteous fruits,  
 health of body, peaceful times,

mild government, kind laws,

wise councils, equal judgments,

loyal obedience, vigorous justice,

fertility in resources, fruitfulness in begetting,

ease in bearing, happiness in offspring,

careful nurture, sound training;

that our sons may grow up as the young plants,  
 our daughters as the polished corners of the temple;

that our garners may be full and plenteous  
 with all manner of store;

that our sheep may bring forth thousands  
 and ten thousands in our streets:

<sup>b</sup> Continuation of the supplication broken by "Profession." Vide  
 p. 192, edit. 1675.

that there be no decay,  
no leading into captivity,  
and no complaining in our streets.

## (5.) PRAISE.

• Thou, O Lord, art praised in Sion,  
and unto Thee shall the vow be performed  
in Jerusalem.

Thou art worthy, O Lord our God,  
the Holy One,  
to receive glory, and honour, and power.  
Thou that hearest the prayer,  
unto Thee shall all flesh come,  
my flesh shall come.

My misdeeds prevail against me,  
O be Thou merciful unto our sins;  
that I may come and give thanks  
with all Thy works,  
and bless Thee with Thy holy ones.  
O Lord, open Thou my lips,  
and my mouth shall shew forth Thy praise.

My soul doth praise the Lord,  
for the goodness He hath done  
to the whole creation,  
and to the whole race of men;  
for Thy mercies towards myself,  
soul, body, and estate,  
gifts of grace, nature, and fortune;  
for all benefits received,  
for all successes, now or heretofore,  
for any good thing done;  
for health, credit, competency,  
safety, gentle estate, quiet.

Thou hast not cut off as a weaver my life,  
nor from day even to night made an end of me.  
He hath vouchsafed me life and breath  
until this hour,

• Vide p. 172, edit. 1675.

from childhood, youth, and hitherto  
even unto age.

He holdeth our soul in life,  
and suffereth not our feet to slip ;  
rescuing me from perils, sicknesses,  
poverty, bondage,

public shame, evil chances ;  
keeping me from perishing in my sins,  
fully waiting my conversion,  
leaving in me return into my heart,  
remembrance of my latter end,  
shame, horror, grief,  
for my past sins ;

fuller and larger, larger and fuller,  
more and still more, O my Lord,  
storing me with good hope  
of their remission,

through repentance and its works,  
in the power of the thrice-holy Keys,  
and the mysteries in Thy Church.

Wherefore day by day  
for these Thy benefits towards me,  
which I remember,—

wherefore also for others very many  
which I have let slip

from their number, from my forgetfulness,—  
for those which I wished, knew, and asked,  
and those I asked not, knew not, wished not,—

I confess and give thanks to Thee,  
I bless and praise Thee, as is fit, and every day.

And I pray with my whole soul,  
and with my whole mind I pray.

Glory be to Thee, O Lord, glory to Thee ;  
glory to Thee, and glory to Thine All-holy Name  
for all Thy Divine perfections in them ;

for Thine incomprehensible and  
unimaginable goodness,  
and Thy pity towards sinners  
and unworthy men,

and towards me of all sinners  
 far the most unworthy.  
 Yea, O Lord,  
 for this, and for the rest,  
 glory to Thee,  
 and praise, and blessing, and thanksgiving,  
 with the voices and concert of voices  
 of angels and of men,  
 of all Thy saints in heaven,  
 and all Thy creatures in heaven or earth,  
 and of me, beneath their feet,  
 unworthy and wretched sinner,  
 Thy abject creature,  
 now, in this day and hour,  
 and every day till my last breath,  
 and till the end of the world,  
 and for ages upon ages.

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### The Fourth Day.

#### *Introduction.*

I HAVE thought upon Thee, O Lord,  
 when I was waking,  
 for Thou hast been my helper.  
 Blessed art Thou, O Lord,  
 who madest the two Lights, Sun and Moon,  
 greater and lesser,  
 and the stars  
 for light, for signs, for seasons,  
 spring, summer, autumn, winter,  
 days, weeks, months, years,  
 to rule over day and night.

#### (1.) CONFESSIO.

Behold, Thou art angry, for we have sinned.  
 We are all as an unclean thing,

and all our righteousnesses  
as filthy rags.

We all do fade as a leaf,  
and our iniquities, like the wind,  
have taken us away.

But now, O Lord, Thou art our Father,  
we are clay, all Thy handiwork.

Be not wroth very sore,  
nor remember iniquity for ever;  
behold, see, we beseech Thee,  
we are all Thy people.

O Lord, though our iniquities testify against us,  
do Thou it for Thy Name's sake;  
for our backslidings are many,  
we have sinned against Thee.

Yet Thou, O Lord, art in the midst of us,  
and we are called by Thy Name,  
leave us not.

O Hope of Israel,  
the Saviour thereof in time of trouble,  
why shouldest Thou be as a stranger in the land,  
and as a wayfaring man that turneth aside  
to tarry for a night?

why shouldest Thou be as a man astonished,  
as a mighty man that cannot save?

Be merciful to our unrighteousnesses,  
and our iniquities remember no more.

Lord, I am carnal,  
sold under sin;  
there dwelleth in me, that is, in my flesh,  
no good thing;

for the good that I would, I do not,  
but the evil which I would not, that I do.

I consent unto the law that it is good,  
I delight in it after the inner man;  
but I see another law in my members,  
warring against the law of my mind,  
and enslaving me to the law of sin.

Wretched man that I am,

who shall deliver me from the body of this death ?

I thank God through Jesus Christ,  
that where sin abounded,  
grace hath much more abounded.

O Lord, Thy goodness leadeth me to repentance :  
O give me sometime repentance  
to recover me from the snare of the devil,  
who am taken captive by him  
at his will.

Sufficient for me the past time of my life  
to have done the will of lusts,  
walking in lasciviousness, revelling, drunkenness,  
and in other excess of profligacy.

O Lamb, without blemish and without spot,  
who hast redeemed me with Thy precious Blood,  
in that very Blood pity me and save me ;  
in that Blood,

and in that very Name,  
besides which is none other under heaven  
given among men,  
by which we must be saved.

O God, Thou knowest my foolishness,  
and my sins are not hid from Thee.

Lord, Thou knowest all my desire,  
and my groaning is not hid from Thee.

Let not them that trust in Thee,

O Lord God of hosts,  
be ashamed for my cause ;  
let not those that seek Thee be confounded  
through me,

O Lord God of Israel.

Take me out of the mire that I sink not ;

O let me be delivered from them that hate me,  
and out of the deep waters ;

let not the water-flood drown me,  
neither let the deep swallow me up,  
and let not the pit shut her mouth upon me.



## (2.) PRAYER FOR GRACE.

[Defend me from]

	Pride . . . . .	Amorite.
<i>against seven</i>	envy . . . . .	Hittite.
<i>deadly sins.)</i>	wrath . . . . .	Perizzite.
	gluttony . . . . .	Girgashite.
	lechery . . . . .	Hivite.
<i>(covetousness.)</i>	the cares of life . . . . .	Canaanite.
<i>(sloth.)</i>	lukewarm indifference . . . . .	Jebusite.

[Give me]

Humility, pitifulness, patience,  
sobriety, purity, contentment, ready zeal.

One thing have I desired of the Lord  
which I will require\*,  
that I may dwell in the house of the Lord  
all the days of my life,  
to behold the fair beauty of the Lord,  
and to visit His temple.

Two things have I required of Thee, O Lord  
deny Thou me not before I die;  
remove far from me vanity and lies;  
give me neither poverty nor riches,  
feed me with food convenient for me;  
lest I be full and deny Thee,  
and say, who is the Lord?  
or lest I be poor and steal,  
and take the Name of my God in vain.

Let me learn to abound,  
let me learn to suffer need,  
in whatsoever state I am,  
therewith to be content.

For nothing earthly, temporal, mortal,  
to long nor to wait.

Grant me a happy life  
in piety, gravity, purity,  
in all things good and fair,  
in cheerfulness, in health, in credit,

\* Vide p. 194, edit. 1675.

in competency, in safety, in gentle estate, in quiet ;  
 a happy death,  
 a deathless happiness.

## (3.) PROFESSION.

I believe  
 in the Father, benevolent affection ;  
 in the Almighty, saving power ;  
 in the Creator, providence  
 for guarding, ruling, perfecting the universe.  
 In Jesus, salvation,  
 in Christ, anointing ;  
 in the Only-begotten Son, sonship ;  
 in the Lord, a master's treatment ;  
 in His conception and birth,  
 the cleansing of our unclean conception and birth ;  
 in His sufferings, which we owed,  
 that we might not pay ;  
 in His cross, the curse of the law removed ;  
 in His death, the sting of death ;  
 in His burial, eternal destruction in the tomb ;  
 in His descent, whither we ought,  
 that we might not go ;  
 in His resurrection,  
 as the first fruits of them that sleep ;  
 in His ascent, to prepare a place for us ;  
 in His sitting, to appear and intercede ;  
 in His return, to take unto Him His own ;  
 in His judgment, to render to each  
 according to his works.  
 In the Holy Ghost, power from on high,  
 transforming unto sanctity  
 from without and invisibly,  
 yet inwardly and evidently.  
 In the Church, a body mystical  
 of the called out of the whole world,  
 unto intercourse in faith and holiness.  
 In the communion of Saints, members of this body,  
 a mutual participation in holy things,

for confidence of remission of sins,  
for hope of resurrection, of translation,  
to life everlasting.

## (4.) INTERCESSION.

And I have hoped in Thy mercy  
from everlasting to everlasting.  
How excellent is Thy mercy, O Lord;  
if I have hope, it is in Thy mercy,  
O let me not be disappointed of my hope.  
Moreover we beseech Thee,  
remember all, Lord, for good;  
have pity upon all, O Sovereign Lord,  
be reconciled with us all.  
Give peace to the multitudes of Thy people;  
scatter offences;  
abolish wars;  
stop the uprisings of heresies.  
Thy peace and love  
vouchsafe to us, O God our Saviour,  
the Hope of all the ends of the earth.  
Remember to crown the year  
with Thy goodness;  
for the eyes of all wait upon Thee,  
and thou givest them their meat in due season.  
Thou openest Thy hand,  
and fillest all things living with plenteousness.  
Remember Thy Holy Church,  
from one end of the earth to the other;  
and give her peace,  
whom Thou hast redeemed with Thy precious blood;  
and establish her  
unto the end of the world.  
Remember those who bear fruit, and act nobly,  
in Thy holy Churches,  
and who remember the poor and needy;  
recompense to them  
Thy rich and heavenly gifts;  
vouchsafe to them,

for things earthly, heavenly,  
for corruptible, incorruptible,  
for temporal, eternal.

Remember those who are in virginity,  
and purity and ascetic life;  
also those who live in honourable marriage,  
in Thy reverence and fear.

Remember every Christian soul  
in affliction, distress, and trial,  
and in need of Thy pity and succour;  
also our brethren in captivity, prison, chains,  
and bitter bondage;  
supplying return to the wandering,  
health to the sick,  
deliverance to the captives.

Remember religious and faithful kings,  
whom Thou hast given to rule  
upon the earth;

and especially remember, Lord,  
our divinely-guarded king;

strengthen his kingdom,  
subdue to him all adversaries,  
speak good things to his heart,

for Thy Church and all Thy people.

Vouchsafe to him deep and undisturbed peace,  
that in his serenity

we may lead a quiet and peaceable life  
with all godliness and honesty.

Remember, Lord, all power  
and authority,

our brethren in the court,  
those who are chief in council and judgment,  
and all by land and sea  
waging Thy wars for us.

Moreover, Lord, remember graciously  
our holy Fathers,

the honourable Presbytery, and all the Clergy,  
rightly dividing the Word of Truth,  
and rightly walking in it.

Remember, Lord, our brethren around us,  
and praying with us in this holy hour,  
for their zeal and earnestness-sake.

Remember also those who on fair reasons are away,  
and pity them and us  
in the multitude of Thy pity.

Fill our garner with all manner of store,  
preserve our marriages in peace and concord,  
nourish our infants,  
lead forward our youth,  
sustain our aged,  
comfort the weak-hearted,  
gather together the scattered,  
restore the wanderers,  
and knit them to Thy Holy Catholic Apostolic  
Church.

Set free the troubled  
with unclean spirits,  
voyage with the voyagers,  
travel with the travellers,  
stand forth for the widow,  
shield the orphan,  
rescue the captive,  
heal the sick.

Those who are on trial, in mines, in exile, in galleys,  
in whatever affliction, necessity, and emergence,  
remember, O God ;  
and all who need Thy great mercy ;  
and those who love us,  
and those who hate ;  
and those who have desired us unworthy  
to make mention of them in our prayers ;  
and all Thy people remember, O Lord, our God,  
and upon all pour out Thy rich pity,  
to all performing their requests for salvation ;  
and those of whom we have not made mention,  
through ignorance, forgetfulness, or number  
of names,  
do Thou Thyself remember, O God,

who knowest the stature and appellation of each,  
 who knowest every one from his mother's womb.  
 For Thou art, O Lord, the Succour of the succourless,  
     the Hope of the hopeless,  
     The Saviour of the tempest-tost,  
     the Harbour of the voyager,  
     the Physician of the sick,  
 do Thou Thyself become all things to all men.  
 O Thou who knowest each man and his petition,  
     each house, and its need,  
     deliver, O Lord, this city,  
 and all the country in which we sojourn,  
     from plague, famine, earthquake, flood,  
     fire, sword, hostile invasion,  
     and civil war.

End the schisms of the Churches,  
 quench the haughty cries of the nations,  
 and receive us all into Thy kingdom,  
 acknowledging us as sons of light;  
     and Thy peace and love  
 vouchsafe to us, O Lord, our God.  
 Remember, O Lord, our God,  
     all spirits and all flesh  
 which we have remembered, and which we have not.  
     And the close of our life,  
     Lord, Lord, direct in peace,  
 Christianly, acceptably, and should it please Thee,  
     painlessly,  
 gathering us together under the feet of Thine elect,  
     when Thou wilt and how Thou wilt,  
     only without shame and sins.  
 The brightness of the Lord our God be upon us,  
 prosper Thou the work of our hands upon us,  
     O prosper Thou our handiwork.  
     Be, Lord,  
 within me to strengthen me,  
     without me to guard me,  
     over me to shelter me,  
     beneath me to stablish me.

before me to guide me,  
after me to forward me,  
round about me to secure me.

(5.) PRAISE.

Blessed art Thou, Lord, God of Israel,  
our Father,  
from everlasting to everlasting.  
Thine, O Lord,  
is the greatness and the power,  
the triumph and the victory,  
the praise and the strength,  
for Thou rulest over all  
in heaven and on earth.  
At Thy face every king is troubled,  
and every nation.  
Thine, O Lord, is the kingdom  
and the supremacy over all,  
and over all rule.  
With Thee is wealth, and glory is from  
Thy countenance ;  
Thou rulest over all, O Lord,  
the Ruler of all rule ;  
and in Thine hand is strength and power,  
and in Thine hand to give to all things  
greatness and strength.  
And now, Lord, we confess to Thee,  
and we praise Thy glorious Name.

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**The Fifth Day.**

*Introduction.*

WE are satisfied with Thy mercy, O Lord,  
in the morning.  
Blessed art Thou, O Lord,  
who broughtest forth from the water  
creeping things of life,

and whales,  
and winged fowl.

Be Thou exalted, O God, above the heavens,  
and Thy glory above all the earth.

By Thy Ascension, O Lord,  
draw us too after Thee,  
that we savour of what is above,  
not of things on the earth.

By the marvellous mystery  
of the Holy Body and precious Blood,  
on the evening of this day,  
Lord, have mercy.

## (1.) CONFESSION.

Thou who hast said,  
"As I live, saith the Lord,  
I will not the death of a sinner,  
but that the ungodly return from his way  
and live;

turn ye, turn ye from your wicked way,  
for why will ye die, O house of Israel?"  
turn us, O Lord, to Thee,  
and so shall we be turned.

Turn us from all our ungodlinesses,  
and let them not be to us for punishments  
I have sinned, I have committed iniquity,

I have done wickedly,  
from Thy precepts, and Thy judgments.  
To Thee, O Lord, righteousness,  
and to me confusion of face,

as at this day,  
in our despicableness,  
wherewith Thou hast despised us.

Lord; to us confusion of face,  
and to our rulers  
who have sinned against Thee.  
Lord, in all things is Thy righteousness,  
unto all Thy righteousness;



let then Thine anger and Thy fury be turned away,  
and cause Thy face to shine  
upon Thy servant.

O my God, incline Thine ear and hear,  
open Thine eyes and see my desolation.

O Lord, hear, O Lord, forgive;

O Lord, hearken and do;

defer not for Thine own sake, O my God,  
for Thy servant is called by Thy Name.

In many things we offend all;

Lord, let Thy mercy rejoice against Thy judgment  
in my sins.

If I say I have no sin, I deceive myself,  
and the truth is not in me;

but I confess my sins many and grievous,  
and Thou, O Lord, art faithful and just,  
to forgive me my sins when I confess them.

Yea, for this too

I have an Advocate with Thee to Thee,  
The only-begotten Son, the Righteous.  
May He be the propitiation for my sins,  
who is also for the whole world.

Will the Lord cast off for ever?  
and will He be no more intreated?

Is His mercy clean gone for ever?  
and is His promise come utterly to an end  
for evermore?

Hath God forgotten to be gracious?  
and will He shut up His loving-kindness  
in displeasure?

And I said, It is mine own infirmity;  
but I will remember the years of the right hand  
of the most Highest.

(2.) PRAYER FOR GRACE.

[Give me grace]

to put aside every weight,  
and the sin that doth so easily beset us:  
all filthiness

and superfluity of naughtiness,  
 lust of the flesh, of the eyes,  
 pride of life,  
 every motion of flesh and spirit  
 alienated from the will of Thy sanctity :  
 to be poor in spirit,  
 that I have a portion in the kingdom of heaven ;  
 to mourn, that I be comforted ;  
 to be meek, that I inherit the earth ;  
 to hunger and thirst for righteousness,  
 that I be filled ;  
 to be pitiful, that I be pitied ;  
 to be pure in heart, that I see God ;  
 to be a peace-maker, that I be called the son of God ;  
 to be prepared for persecutions and revilings  
 for righteousness' sake,  
 that my reward be in heaven,—  
 all this, grant to me, O Lord.

## (3.) PROFESSION.

I, coming to God,  
 believe that He is,  
 and that He is a rewarder of them  
 that diligently seek Him.  
 I know that my Redeemer liveth,  
 that He is Christ, the Son of the Living God,  
 that He is truly the Saviour of the world,  
 that He came into the world to save sinners,  
 of whom I am chief.  
 Through the grace of Jesus Christ  
 we believe that we shall be saved  
 like as our fathers.  
 I know that my skin shall rise up upon the earth,  
 which undergoeth these things.  
 I believe to see the goodness of the Lord  
 in the land of the living.  
 Our heart shall rejoice in Him,  
 because we have hoped in His holy Name,  
 in the Name of the Father,

of the Saviour, Mediator, Intercessor, Redeemer  
of the two-fold Comforter,  
under the figures of the Lamb and the Dove.  
Let Thy merciful kindness, O Lord, be upon us,  
like as we do put our trust in Thee.

## (4.) INTERCESSION.

Let us beseech the Lord in peace,  
for the heavenly peace,  
and the salvation of our souls;—  
for the peace of the whole world;  
for the stability of God's holy Churches,  
and the union of them all;—  
for this holy house,  
and those who enter it with faith and reverence;  
for our holy Fathers,  
the honourable Presbytery, the Diaconate in Christ,  
and all, both Clergy and people;—  
for this holy retreat, and all the city and country,  
and all the faithful who dwell therein;—  
for salubrious weather, fruitfulness of earth,  
and peaceful times;—  
for voyagers, travellers,  
those who are in sickness, toil, and captivity,  
and for their salvation.  
Aid, save, pity, and preserve them,  
O God, in Thy grace.  
Making mention  
of the all-holy, undefiled, and more than blessed  
Mary, Mother of God and Ever-Virgin,  
with all saints,  
let us commend ourselves, and each other,  
and all our life,  
to Christ our God.  
To Thee, O Lord, for it is fitting,  
be glory, honour, and worship.  
The grace of our Lord, Jesus Christ,  
and the love of God,

and the communion of the Holy Ghost,  
 be with me, and with all of us. Amen.  
 I commend me and mine, and all that belongs to me,  
 to Him who is able to keep me without falling,  
 and to place me immaculate  
 before the presence of His glory,  
 to the only wise God and our Saviour ;  
 to whom be glory and greatness,  
 strength and authority,  
 both now and for all ages. Amen.

## (5.) PRAISE.

O Lord, my Lord,  
 for my being, life, reason,  
 for nurture, protection, guidance,  
 for education, civil rights, religion,  
 for Thy gifts of grace, nature, fortune,  
 for redemption, regeneration, catechising,  
 for my call, recall, yea, many calls besides ;  
 for Thy forbearance, long-suffering,  
 long long-suffering  
 to me-ward,  
 many seasons, many years, up to this time ;  
 for all good things received, successes granted me,  
 good things done ;  
 for the use of things present,  
 for Thy promise, and my hope  
 of the enjoyment of good things to come ;  
 for my parents honest and good,  
 teachers kind,  
 benefactors never to be forgotten,  
 religious intimates congenial,  
 hearers thoughtful,  
 friends sincere,  
 domestics faithful,  
 for all who have advantaged me,  
 by writings, homilies, converse,  
 prayers, patterns, rebukes, injuries ;  
 for all these, and all others  
 which I know, which I know not,

open, hidden,  
 remembered, forgotten,  
 done when I wished, when I wished not,  
 I confess to Thee and will confess,  
 I bless Thee and will bless,  
 I give thanks to Thee and will give thanks,  
 all the days of my life.

Who am I, or what is my father's house,  
 that Thou shouldest look upon a dead dog,  
 the like of me ?

What reward shall I give unto the Lord  
 for all the benefits which He hath done unto me ?

What thanks can I recompense unto God,  
 for all He hath spared and borne with me until now ?

Holy, Holy, Holy,  
 worthy art Thou,

O Lord and our God, the Holy One,  
 to receive the glory, and the honour, and the power,  
 for Thou hast made all things,  
 and for Thy pleasure they are,  
 and were created.

## The Sixth Day.

### *Introduction.*

EARLY shall my prayer come before Thee.

Blessed art Thou, O Lord,  
 who broughtest forth of the earth, wild beasts, cattle,  
 and all the reptiles,  
 for food, clothing, help ;  
 and madest man after Thine image, to rule the earth,  
 and blessedst him.

The fore-counsel, fashioning hand,  
 breath of life, image of God,  
 appointment over the works,  
 charge to the Angels concerning him,  
 paradise.—

Heart, reins, eyes, ears, tongue, hands, feet,

life, sense, reason, spirit, free will,  
 memory, conscience,  
 the revelation of God, writing of the law,  
 oracles of prophets, music of psalms,  
 instruction of proverbs, experience of histories,  
 worship of sacrifices.

Blessed art Thou, O Lord,  
 for Thy great and precious promise  
 on this day,  
 concerning the Life-giving Seed,  
 and for its fulfilment in fulness of the times  
 on this day.

Blessed art Thou, O Lord.  
 for the holy Passion  
 of this day.  
 O by Thy salutary sufferings  
 on this day,  
 save us, O Lord.

## (1.) CONFESSION.

I have withstood Thee, Lord,  
 but I return to Thee ;  
 for I have fallen by mine iniquity.  
 But I take with me words,  
 and I return unto Thee and say,  
 Take away all iniquity and receive us graciously,  
 so will we render the calves of our lips.  
 Spare us, Lord, spare,  
 and give not Thine heritage to reproach,  
 to Thine enemies.

Lord, Lord, be propitious ;  
 cease, I beseech Thee,  
 by whom shall Jacob arise ?  
 for he is small.  
 Repent, O Lord, for this,  
 and this shall not be.

While observing lying vanities  
 I forsook my own mercy,

and am cast out of Thy sight.  
 When my soul fainted within me,  
 I remembered the Lord ;  
 yet will I look again toward Thy Holy Temple ;  
 Thou hast brought up my life from corruption.

Who is a God like unto Thee,  
 that pardoneth iniquity  
 to the remnant of His heritage ?  
 He retaineth not His anger for ever,  
 because He delighteth in mercy.  
 Turn again and have compassion upon us, O Lord,  
 subdue our iniquities,  
 and cast all our sins into the depths of the sea,  
 according to Thy truth, and according to Thy mercy.

O Lord, I have heard Thy speech and was afraid,  
 in wrath remember mercy.  
 Behold me, Lord, clothed in filthy garments ;  
 behold Satan standing at my right hand ;  
 yet, O Lord, by the blood of Thy covenant,  
 by the fountain opened for sin and for uncleanness,  
 take away my iniquity,  
 and cleanse me from my sin.

Save me as a brand  
 plucked out of the fire.  
 Father, forgive me, for I knew not,  
 truly I knew not, what I did  
 in sinning against Thee.  
 Lord, remember me  
 when Thou comest in Thy kingdom.  
 Lord, lay not mine enemies' sins to their charge ;  
 Lord, lay not my own to mine.  
 By Thy sweat bloody and clotted,  
 Thy soul in agony,  
 Thy head crowned with thorns, bruised with staves,  
 Thine eyes swimming with tears,  
 Thine ears full of insults,  
 Thy mouth moistened with vinegar and gall,

Thy face dishonourably stained with spitting,  
 Thy neck weighed down with the burden of the cross,  
 Thy back ploughed with the wheals and gashes  
     of the scourge,  
 Thy hands and feet stabbed through,  
     Thy strong cry, Eli, Eli,  
 Thy heart pierced with the spear,  
 the water and blood thence flowing,  
     Thy body broken,  
     Thy blood poured out,  
 Lord, forgive the offence of Thy servant,  
     and cover all his sins.  
 Turn away all Thy displeasure,  
 and turn Thyself from Thy wrathful indignation.  
 Turn me then, O God our Saviour,  
     and let Thine anger cease from us.  
 Wilt Thou be displeased at us for ever,  
 and stretch out Thy wrath from one generation  
     to another?  
 Wilt Thou not turn again and quicken us,  
 that Thy people may rejoice in Thee?  
 Shew us Thy mercy, O Lord,  
     and grant us Thy salvation.

## (2.) PRAYER FOR GRACE.

    . . . .  
 the works of the flesh,  
 adultery, fornication, uncleanness, lasciviousness,  
     idolatry, witchcraft,  
     enmities, strifes,  
     emulations, heats,  
     quarrels, parties,  
 heresies, envyings, murders,  
 drunkennesses, revellings, and such like.

    . . . .  
 the fruits of the Spirit,  
     love, joy, peace,



## COURSE OF PRAYERS FOR THE WEEK.

long-suffering, gentleness, goodness,  
 faith, meekness, temperance ;  
 the spirit of wisdom, of understanding,  
     of counsel, of might,  
     of knowledge, of godliness,  
     of fear of the Lord :—  
     and the gifts of the Spirit,  
 the word of wisdom, of knowledge,  
 faith, gifts of healing, working of miracles,  
     prophecy, discerning of spirits,  
 kinds of tongues, interpretation of tongues.  
 May Thy strong hand, O Lord\*,  
     be ever my defence ;  
     Thy mercy in Christ  
         my salvation ;  
     Thy all-veritable word,  
         my instructor ;  
 the grace of Thy life-bringing Spirit,  
     my consolation  
         all along, and at last.  
 The soul of Christ hallow me,  
 and the Body strengthen me,  
     and the Blood ransom me,  
     and the Water wash me,  
     and the Bruises heal me,  
     and the Sweat refresh me,  
     and the Wound hide me.  
     The peace of God  
     which passeth all understanding,  
     keep my heart and thoughts  
 in the knowledge and the love of God.

## (3.) PROFESSION.

I believe  
     that Thou hast created me ;  
 despise not the work of Thine own hands ;—  
 that Thou madest me after Thine image and likeness ;

\* Vide p. 146, edit. 1875.

suffer not Thy likeness to be blotted out;—  
 that Thou hast redeemed me in Thy blood;  
 suffer not the cost of that redemption to perish;—  
 that Thou hast called me Christian after Thy Name;  
 disdain not Thine own title;—  
 that Thou hast hallowed me in regeneration;  
 destroy not Thy holy work;—  
 that Thou hast grafted me into the good olive-tree;  
 the member of a mystical body;—  
 the member of Thy mystical body  
 cut not off.

O think upon Thy servant as concerning Thy word,  
 wherein Thou hast caused me to put my trust.  
 My soul hath longed for Thy salvation,  
 and I have good hope because of Thy word.

## (4.) INTERCESSION.

[I pray]

for the prosperous advance and good condition  
 of all the Christian army,  
 against the enemies of our most holy faith;  
 for our holy fathers,  
 and all our brotherhood in Christ;  
 for those who hate and those who love us,  
 for those who pity and those who minister to us;  
 for those whom we have promised  
 to remember in prayer;  
 for the liberation of captives;  
 for our fathers and brethren absent;  
 for those who voyage by sea;  
 for those who lie in sickness.  
 Let us pray also for fruitfulness of the earth;  
 and for every soul of orthodox Christians.  
 Let us bless pious kings,  
 orthodox high-priests,  
 the founders of this holy retreat,  
 our parents,  
 and all our forefathers  
 and our brethren departed.

## (5.) PRAISE.

Thou who, on man's transgressing Thy command,  
 and falling,  
 didst not pass him by, nor leave him, God of goodness;  
 but didst visit in ways manifold,  
 as a tender Father,  
 supplying him with Thy great and precious promise,  
 concerning the Life-giving Seed,  
 opening to him the door of faith,  
 and of repentance unto life,  
 and in fulness of the times,  
 sending Thy Christ Himself  
 to take on Him the seed of Abraham;  
 and, in the oblation of His life,  
 to fulfil the Law's obedience;  
 and, in the sacrifice of His death,  
 to take off the Law's curse;  
 and, in His death,  
 to redeem the world;  
 and, in His resurrection,  
 to quicken it:—  
 O Thou, who doest all things,  
 whereby to bring again our race to Thee,  
 that it may be partaker  
 of Thy divine nature and eternal glory;  
 who hast borne witness  
 to the truth of Thy gospel  
 by many and various wonders,  
 in the ever-memorable converse of Thy saints,  
 in their supernatural endurance of torments,  
 in the overwhelming conversion of all lands  
 to the obedience of faith,  
 without might, or persuasion, or compulsion:—  
 Blessed be Thy Name,  
 and praised and celebrated,  
 and magnified, and high exalted,  
 and glorified, and hallowed;  
 its record, and its memory,

and every memorial of it,  
 both now and for evermore.  
 Worthy art Thou to take the book,  
 and to open the seals thereof,  
 for Thou wast slain, and hast redeemed us to God  
 by Thy blood,  
 out of every kindred and tongue,  
 and people, and nation.

Worthy is the Lamb that was slain  
 to receive the power, and riches, and wisdom,  
 and strength, and honour, and glory, and blessing.  
 To Him that sitteth upon the Throne,  
 and to the Lamb,  
 be the blessing, and the honour, and the glory,  
 and the might,  
 for ever and ever. Amen.

Salvation to our God, which sitteth upon the throne,  
 and to the Lamb.

Amen: the blessing and the glory and the wisdom,  
 and the thanksgiving and the honour,  
 and the power and the strength,  
 be unto our God,  
 for ever and ever,  
 Amen.

## The Seventh Day.

### *Introduction.*

O LORD, be gracious unto us,  
 we have waited for Thee;  
 be Thou our arm every morning,  
 our salvation also in the time of trouble.  
 Blessed art Thou, O Lord,  
 who restedst on the seventh day  
 from all Thy works,  
 and blessedst and sanctifiedst it:  
 [concerning the Sabbath,  
 concerning the Christian rest instead of it,

concerning the burial of Christ  
and the resting from sin,  
concerning those who are already gone to rest.]

(1.) CONFESSION.

I am ashamed, and blush, O my God,  
to lift up my face to Thee,  
for mine iniquities are increased  
over my head,  
and my trespass is grown up unto the heavens ;  
since the days of youth  
have I been in a great trespass  
unto this day ;  
I cannot stand before Thee because of this.  
My sins are more in number than the sand of the sea.  
my iniquities are multiplied,  
and I not worthy to look up  
and see the height of heaven,  
from the number of my unrighteousnesses ;  
and I have no relief,  
because I have provoked Thine anger,  
and done evil in Thy sight ;  
not doing Thy will,  
not keeping Thy commandments.  
And now my heart kneels to Thee,  
beseeching Thy goodness.  
I have sinned, O Lord, I have sinned,  
and I know mine iniquities ;  
and I ask and beseech,  
remit to me, O Lord, remit to me,  
and destroy me not in mine iniquities ;  
nor be Thou angry for ever,  
nor reserve evil for me ;  
nor condemn me  
in the lowest parts of the earth.  
Because Thou art God, the God of penitents,  
and Thou shalt shew in me all Thy loving kindness ;  
for Thou shalt save me unworthy,

according to Thy much pity,  
 and I will praise Thee alway.  
 Lord, if Thou wilt, Thou canst cleanse me ;  
 Lord, only say the word, and I shall be healed.  
 Lord, save me ;  
 Carest Thou not that we perish ?  
 Say to me, Be of good cheer, thy sins are remitted  
 to thee.  
 Jesu, Master, have mercy on me ;  
 'Thou Son of David, Jesu, have mercy on me ;  
 Jesu, Son of David, Son of David.  
 Lord, say to me, Ephphatha.  
 Lord, I have no man <sup>b</sup> ;  
 Lord, say to me, Be loosed from thine infirmity.  
 Say unto my soul, I am thy salvation.  
 Say unto me, My grace is sufficient for thee.  
 Lord, how long wilt Thou be angry ?  
 shall Thy jealousy burn like fire for ever ?  
 O, remember not our old sins ;  
 but have mercy on us and that soon,  
 for we are come to great misery ;  
 help us, O God of our salvation ;  
 for the glory of Thy Name.  
 O deliver us and be merciful unto our sins,  
 for Thy Name's sake.

## (2.) PRAYER FOR GRACE.

[O Lord, remit]  
 all my failings, shortcomings, falls,  
 offences, trespasses, scandals,  
 transgressions, debts, sins,  
 faults, ignorances, iniquities,  
 impieties, unrighteousnesses, pollutions.  
 The guilt of them,  
 be gracious unto,            pardon ;  
 remit,                            forgive ;  
 be propitious unto,        spare ;  
 impute not,                    charge not, remember not.

## The stain,

pass by,  
disregard,  
hide,  
blot out,

pass over ;  
overlook ;  
wash away ;  
cleanse.

## The hurt,

remit,  
take off,  
abolish,

heal,  
remove,  
annul,

remedy ;  
away with ;  
disperse, annihilate ;

that they be not found, that they exist not.

## Supply

to faith,  
to virtue,  
to knowledge,  
to continence,  
to patience,  
to godliness,  
to brotherly love,

virtue ;  
knowledge ;  
continence ;  
patience ;  
godliness ;  
brotherly love ;  
charity.

That I forget not my cleansing from my former sins,  
but give diligence to make my calling  
and election sure  
through good works.

## (3.) PROFESSION.

I believe in Thee the Father ;  
behold then, if Thou a Father and we sons,  
as a father pitieth sons,  
be Thou of tender mercy towards us, O Lord.

I believe in Thee, the Lord ;  
behold then, if Thou art Lord and we servants,  
our eyes are upon Thee our Lord,  
until Thou have mercy upon us.

I believe that though we be neither sons nor servants,  
but dogs only,

yet we have leave to eat of the crumbs  
that fall from Thy Table.

I believe that Christ is the Lamb of God ;  
O Lamb of God that takest away the sins  
of the world,  
take Thou away mine.

I believe that Jesus Christ came into the world  
to save sinners ;

Thou who camest to save sinners,  
save Thou me, of sinners  
chief and greatest.

I believe that Christ came to save what was lost ;  
Thou who camest to save the lost,  
never suffer, O Lord, that to be lost which  
Thou hast saved.

I believe that the Spirit is the Lord and Giver of life ;  
Thou who gavest me a living soul,  
give me that I receive not my soul in vain.

I believe that the Spirit gives grace  
in His sacred things ;

give me that I receive not His grace in vain,  
nor hope of His sacred things.

I believe that the Spirit intercedes for us  
with plaints unutterable ;  
grant me of His intercession and those plaints  
to partake, O Lord.

Our fathers hoped in Thee,  
they trusted in Thee, and Thou didst deliver them.

They called upon Thee and were holpen,  
they put their trust in Thee, and were not confounded.

As Thou didst our fathers  
in the generations of old,  
so also deliver us, O Lord,  
who trust in Thee.

(4.) INTERCESSION.

O Heavenly King,  
confirm our faithful kings,  
stablish the faith,  
soften the nations,  
pacify the world,  
guard well this holy retreat,  
and receive us in orthodox faith and repentance,  
as a kind and loving Lord.  
The power of the Father guide me,



the wisdom of the Son enlighten me,  
the working of the Spirit quicken me.

Guard Thou my soul,  
stablish my body,  
elevate my senses,  
direct my converse,  
form my habits,  
bless my actions,  
fulfil my prayers,  
inspire holy thoughts,  
pardon the past,  
correct the present,  
prevent the future.

(5.) PRAISE.

Now unto Him that is able to do  
exceeding abundantly  
above all that we ask or think,  
according to the power that worketh in us,  
to Him be glory  
in the Church in Christ  
unto all generations  
world without end. Amen.

Blessed, and praised, and celebrated,  
and magnified, and exalted, and glorified,  
and hallowed,  
be Thy Name, O Lord,  
its record, and its memory,  
and every memorial of it;  
for the all-honourable senate of the Patriarchs,  
the ever-venerable band of the Prophets,  
the all-glorious college of the Apostles,  
the Evangelists,  
the all-illustrious army of the Martyrs,  
the Confessors,  
the assembly of Doctors,  
the Ascetics,  
the beauty of Virgins,  
for Infants the delight of the world,—

for their faith,	their hope,
their labours,	their truth,
their blood,	their zeal,
their diligence,	their tears,
their purity,	their beauty.

Glory to Thee, O Lord, glory to Thee,  
glory to Thee who didst glorify them,  
among whom we too glorify Thee.

Great and marvellous are Thy works,  
Lord, the God Almighty;  
just and true are Thy ways,

O King of Saints.

Who shall not fear Thee, O Lord,  
and glorify Thy Name?

for Thou only art holy,

for all the nations shall come and worship  
before Thee,

for Thy judgments are made manifest.

Praise our God, all ye His servants,  
and ye that fear Him,  
both small and great,

Alleluia,

for the Lord God Omnipotent reigneth;  
let us be glad and rejoice, and give honour to Him.

Behold the tabernacle of God is with men,

and He will dwell with them;

and they shall be His people,

and God Himself shall be with them,

and shall wipe away all tears from their eyes.

And there shall be no more death;

neither crying, neither pain any more,  
for the former things are passed away.

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### Deprecations.

1.

O Lord\*, Thou knowest, and canst, and wiltest  
the good of my soul.

\* Vide p. 92, edit. 1875.

Miserable man am I;  
 I neither know, nor can, nor, as I ought,  
     will it.  
 Thou, O Lord, I beseech Thee,  
     in Thine ineffable affection,  
     so order concerning me,  
     and so dispose,  
 as Thou knowest to be most pleasing to Thee,  
     and most good for me.  
     [Thine is]  
     goodness, grace;  
     love, kindness;  
 benignity, gentleness, consideration;  
     forbearance, long-suffering;  
     much pity, great pity;  
 mercies, multitude of mercies, yearnings of mercies;  
     kind yearnings, deep yearnings;  
     in passing over,  
     in overlooking, in disregarding;  
     many seasons, many years;  
 [punishing] unwillingly, not willingly;  
     not to the full,  
     not correspondently,  
 in wrath remembering mercy,  
     repenting of the evil,  
 compensating doubly,  
     ready to pardon,  
     to be reconciled,  
     to be appeased.

## 2.

Litany<sup>a</sup>.

FATHER, the Creator,  
 Son, the Redeemer,  
 Spirit, the Regenerator,

<sup>a</sup> Page 180, edit. 1675.

destroy me not,  
 whom Thou hast created, redeemed, regenerated:  
 Remember not, Lord, my sins,  
 nor the sins of my forefathers;  
 neither take vengeance for our sins, theirs, nor mine.  
 Spare us, Lord, them and me,  
 spare Thy people,  
 and, among Thy people, Thy servant,  
 who is redeemed with Thy precious blood;  
 and be not angry with us for ever.  
 Be merciful, be merciful; spare us, Lord,  
 and be not angry with us for ever.  
 Be merciful, be merciful; have pity on us, Lord,  
 and be not angry with us to the full.  
 Deal not, O Lord,  
 deal not with me after mine iniquities,  
 neither recompense me according to my sins;  
 but after Thy great pity,  
 deal with me,  
 and according to the multitude of Thy mercies,  
 recompense me;  
 after that so great pity,  
 and that multitude of mercies,  
 as Thou didst to our fathers  
 in the times of old;—  
 by all that is dear unto Thee.  
 From all evil and adversity,  
 in all time of need;  
 from this evil and this adversity,  
 in this time;  
 raise me, rescue me; save me, O Lord.  
 Deliver me, O Lord,  
 and destroy me not.  
 On the bed of sickness;  
 in the hour of death;  
 in the day of judgment,  
 in that dreadful and fearful day,  
 rescue me, Lord, and save me;—  
 from seeing the Judge's face overcast,

from being placed on the left,  
 from hearing the dreadful word, Depart from Me,  
 from being bound in chains of darkness,  
 from being cast into the outer darkness,  
 from being tormented in the pit of fire and brimstone,  
 where the smoke of the torments  
 ascendeth for ever.

Be merciful, be merciful,  
 spare us, pity us,

O Lord :

and destroy us not for ever,  
 deliver and save us.

Let it not be, O Lord ; and that it be not,

take away from me, O Lord,  
 hardness of heart,

desperateness after sinning,

blindness of heart,

contempt of Thy threats,

a cauterized conscience,

a reprobate mind,

the sin against the Holy Ghost,

the sin unto death,

the four crying sins \* ;

the six which forerun †

the sin against the Holy Ghost.

Deliver me

from all ills and abominations of this world,

from plague, famine, and war ;

earthquake, flood, and fire,

the stroke of immoderate rain and drought,

blast and blight ;

thunder, lightning and tempest ;

epidemic sickness, acute and malignant ;

unexpected death ;

from ills and difficulties in the Church,

\* Wilful murder, the sin of Sodom, oppressing the poor, defrauding workmen of their wages.

† Despair of salvation, presumption of God's mercy, impugning known truth, envy at another's grace, obstinacy in sin, and impenitence.

from private interpretation,  
 from innovation in things sacred,  
 from heterodox teaching ;  
 from unhealthy enquiries and interminable disputes,  
 from heresies, schisms, scandals,  
     public and private,  
 from making gods of kings,  
 from flattering of the people,  
 from the indifference of Saul,  
     from the scorn of Michal,  
 from the greediness of Hophni,  
     from the plunder of Athaliah,  
     from the priesthood of Micah,  
 from the brotherhood of Simon and Judas,  
     from the doctrine of men unlearned  
         and unestablished,  
     from the pride of novices,  
 from the people resisting the priest :—  
     from ills and difficulties in the state,  
     from anarchy, many rulers, tyranny,  
 from Asher, Jeroboam, Rehoboam, Gallio, Haman,  
     the profligacy of Abithophel,  
     the foolishness of Zoan<sup>c</sup>,  
         the statutes of Omri,  
         the justice of Jezebel,  
     the overflowings of Belial<sup>h</sup>,  
         the courage of Peor,  
         the valley of Achor,  
     pollution of blood or seed,  
         incursion of enemies,  
             civil war,  
     bereavement of good governors,  
 accession of evil and unprincipled governors ;  
     from an intolerable life,  
     in despondence, sickness, ill-fame,  
 distress, peril, slavery, restlessness :  
         from death  
     in sin, shame, tortures,

<sup>c</sup> Isai. xix.<sup>h</sup> Ps. xviii. 4.

desperateness, defilement, violence, treachery ;  
 from death unexpected,  
 from death eternal.

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### Forms of Intercession.

1<sup>a</sup>.

For all creatures,  
 men,  
 persons compassed  
 with infirmity.  
 Churches  
 Catholic,  
 Eastern,  
 Western,  
 British.  
 The Episcopate,  
 Presbytery,  
 clergy,  
 Christian people.  
 States  
 of the whole earth,  
 Christian,  
 neighbouring,  
 our own.  
 Rulers,  
 kings,  
 religious kings,  
 our own.  
 Councillors,  
 judges,  
 nobles,  
 soldiers,  
 sailors,  
 the people,

the rising generation,  
 schools,  
 those at court,  
 in cities,  
 the country.  
 Those who serve  
 the soul ;  
 those who serve  
 the body,  
 in food,  
 clothing,  
 health,  
 necessaries.  
 [Those who have a claim  
 on my prayers,]  
 in nature,  
 by benefits,  
 from trust,  
 formerly or now,  
 in friendship,  
 in love,  
 in neighbourhood ;  
 from promise,  
 from mutual offices,  
 from want of leisure,  
 from destitution,  
 from extremity.

\* Vide p. 90, edit. 1675.

2<sup>k</sup>.

Thy whole creation, the world,  
 our whole race, the inhabited earth,  
 the states of the world,  
 the Catholic Church, the Christian religion,  
 the separate Churches,  
 the separate states,  
 our Church, our country,  
 our State,  
 the orders in each, the priesthood,  
 the persons in the orders, the person of the king, of the prince,  
 the person of the king, of the prince,  
 the City,  
 the parish in which I was baptized,  
 All-Hallows, Barking,  
 my two schools,  
 my University,  
 my College,  
 the parish committed to me, St. Giles's,  
 the three Churches  
 of Southwell,  
 St. Paul's,  
 Westminster;  
 the three dioceses  
 of Chichester,  
 Ely,  
 Winton;  
 my home,  
 my kindred,  
 those who shew me pity,  
 those who minister to me;  
 my neighbours,  
 my friends,  
 those who have a claim on me.

3<sup>l</sup>.

The creation, the race of man,  
 all in affliction and in prosperity,

\* Vide p. 170, edit. 1675.

1 Vide p. 206, edit. 1675.



## FORMS OF INTERCESSION.

in error,                      and in truth,  
 in sin,                         and in grace ;  
     the Church Ecumenical,  
     Eastern, Western, our own,  
     Rulers, Clergy, people.  
     States of the earth,  
 Christian, neighbouring, our own,  
 the King, the Queen, the Prince,  
     the nobles.  
 Parliament, Law Courts, army, police.  
     The Commons,  
     farmers, merchants, artisans,  
     down to mean workmen,  
     and poor.  
 Those who have a claim on me,  
     from kindred,  
     benefaction,  
 ministration of things temporal,  
     charge formerly or now,  
     natural kindness,  
     Christian love,  
     neighbourhood,  
     promise on my part,  
     their own desire,  
     their lack of leisure,  
 sympathy for their extreme misery ;  
     any good work,  
     any noble action,  
     any scandal from me,  
     having none to pray for them.

4<sup>m</sup>.

World,	earth inhabited.
Church,	kingdom,
throne,	altar.
Council-chamber,	law courts,
schools,	work-places.

<sup>m</sup> Vide p. 210, edit. 1675.

Infants,  
the grown,  
men,  
aged,

The possessed,  
sick,  
orphans,  
foreigners,  
travellers,  
with child,  
in bitter bondage,  
overladen.

boys,  
youths,  
elderly,  
decrepit.

weak-hearted,  
prisoners,  
widows,

voyagers,  
who give suck,  
in desolateness,

### Meditations.

#### 1.

##### ON CHRISTIAN DUTY.

WHAT shall I do that I may inherit eternal life?

Keep the commandments. *Mark x. 17.*

What shall we do?

Repent and be baptized every one of you.

*Acts ii. 37, 38.*

What must I do to be saved?

Believe on the Lord Jesus Christ. *Acts xvi. 31.*

What shall we do then?

(To the multitude.) He who hath two coats, let him impart to him that hath none.

He that hath meat, let him do likewise.

(To the publicans.) Exact no more than is appointed you.

(To soldiers.) Do violence to no man; neither accuse any falsely; be content with your wages.

*Luke iii. 10—14.*

The knowledge and faith  
of [God's] justice, [God's] mercy,  
[leads] unto

fear,  
abasement,  
repentance,

hope,  
consolation,  
thanksgiving,

fasting,  
prayers,  
patience,  
a sacrifice,

almsgiving,  
hymns,  
obedience,  
an oblation.

## 2.

## ON THE DAY OF JUDGMENT.

Father Unoriginate, Only-begotten Son,  
Life-giving Spirit,  
merciful, pitiful, long-suffering,  
full of pity, full of kind yearnings,  
who lovest the just and pitiest the sinful,  
who passest by sins and grantest petitions,  
God of penitents,

Saviour of sinners,  
I have sinned before Thee, O Lord,  
and thus and thus have I done.

Alas, alas! woe, woe.

How was I enticed by my own lust!

How I hated instruction!

Nor felt I fear nor shame

at Thy incomprehensible glory,

Thy awful presence,

Thy fearful power,

Thy exact justice,

Thy winning goodness.

I will call if there be any that will answer me;  
to which of the saints shall I turn?

O wretched man that I am,  
who shall deliver me from the body of this death?  
how fearful is Thy judgment, O Lord?

when the thrones are set

and Angels stand around,

and men are brought in,

the books opened,

the works enquired into,

the thoughts examined,

and the hidden things of darkness.

What judgment shall be upon me ?  
 who shall quench my flame ?  
 who shall lighten my darkness,  
 if Thou pity me not ?  
 Lord, as Thou art loving,  
 give me tears,

give me floods, give me to-day.  
 For then will be the incorruptible Judge,  
 the horrible judgment-seat,  
 the answer without excuses,  
 the inevitable charges,  
 the shameful punishment,  
 the endless Gehenna,  
 the pitiless Angels,  
 the yawning hell,  
 the roaring stream of fire,  
 the unquenchable flame,  
 the dark prison,  
 the rayless darkness,  
 the bed of live coals,  
 the unwearied worm,  
 the indissoluble chains,  
 the bottomless chaos,  
 the impassable wall,  
 the inconsolable cry,  
 none to stand by me,  
 none to plead for me,  
 none to snatch me out.

But I repent, Lord, O Lord, I repent,  
 help Thou mine impenitence,  
 and more, and still more,  
 pierce, rend, crush my heart.  
 Behold, O Lord, that I am  
 indignant with myself,  
 for my senseless, profitless,  
 hurtful, perilous passions ;  
 that I loathe myself,  
 for these inordinate, unseemly,  
 deformed, insincere,

## MEDITATIONS.

shameful, disgraceful  
 passions,  
 that my confusion is daily before me,  
 and the shame of my face hath covered me.

Alas! woe, woe—

O me, how long?

Behold, Lord, that I sentence myself  
 to punishment everlasting,  
 yea, and all miseries of this world.  
 Behold me, Lord, self-condemned ;  
 Behold, Lord, and enter not into judgment  
 with Thy servant.

And now, Lord,

I humble myself under Thy mighty hand,  
 I bend to Thee, O Lord, my knees,  
 I fall on my face to the earth.

Let this cup pass from me!

I stretch forth my hands unto Thee ;  
 I smite my breast, I smite on my thigh.  
 Out of the deep my soul crieth unto Thee,  
 as a thirsty land ;  
 and all my bones,  
 and all that is within me.  
 Lord, hear my voice.

## 3.

## ON HUMAN FRAILNESS.

Have mercy on me, Lord, for I am weak ;  
 remember, Lord, how short my time is ;  
 remember that I am but flesh,  
 a wind that passeth away, and cometh not again.  
 My days are as grass, as a flower of the field ;  
 for the wind goeth over me, and I am gone,  
 and my place shall know me no more.

I am dust and ashes,  
 earth and grass,  
 flesh and breath,  
 corruption and the worm,

a stranger upon the earth,  
 dwelling in a house of clay,  
 few and evil my days,  
 to-day, and not to-morrow,  
 in the morning, yet not until night,  
 in a body of sin,  
 in a world of corruption,  
 of few days, and full of trouble,  
 coming up, and cut down like a flower,  
 and as a shadow, having no stay.  
 Remember this, O Lord, and suffer, remit ;  
 what profit is there in my blood,  
 when I go down to the pit ?  
 By the multitude of Thy mercies,  
 by the riches and excessive redundance  
 of Thy pity ;  
 by all that is dear to Thee,  
 all that we should plead,  
 and before and beyond all things, by Thyself,  
 by Thyself, O Lord, and by Thy Christ.  
 Lord, have mercy upon me, the chief of sinners.  
 O my Lord, let Thy mercy rejoice  
 against Thy judgment in my sin.  
 O Lord, hear ; O Lord, forgive ;  
 O Lord, hearken ;  
 O Lord, hearken and do ;  
 do and defer not for Thine own sake ;  
 defer not, O Lord my God.

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### For Holy Communion.

O LORD,  
 I am not worthy, I am not fit,  
 that Thou shouldest come under the roof  
 of my soul ;  
 for it is all desolate and ruined ;  
 nor hast Thou in me fitting place  
 to lay Thy head.

But, as Thou didst vouchsafe  
to lie in the cavern and manger of brute cattle,  
as Thou didst not disdain  
to be entertained in the house of Simon the leper,  
as Thou didst not disdain  
that harlot, like me, who was a sinner,  
coming to Thee and touching Thee;  
as Thou abhorrest not  
her polluted and loathsome mouth;  
nor the thief upon the cross  
confessing Thee :

So me too the ruined, wretched,  
and excessive sinner,  
deign to receive to the touch and partaking  
of the immaculate, supernatural, life-giving,  
and saving mysteries  
of Thy all-holy Body  
and Thy precious Blood.  
Listen, O Lord, our God,  
from Thy holy habitation,  
and from the glorious throne of Thy kingdom,  
and come to sanctify us.

O Thou who sittest on high with the Father,  
and art present with us here invisibly;  
come Thou to sanctify the gifts which lie before Thee,  
and those in whose behalf, and by whom,  
and the things for which,  
they are brought near Thee.  
And grant to us communion,  
unto faith, without shame,  
love without dissimulation,  
fulfilment of Thy commandments,  
alacrity for every spiritual fruit;  
hindrance of all adversity,  
healing of soul and body;  
that we too, with all Saints,  
who have been well-pleasing to Thee from the  
beginning,  
may become partakers

of Thy incorrupt and everlasting goods,  
 which Thou hast prepared, O Lord, for them that  
     love Thee ;  
 in whom Thou art glorified  
     for ever and ever.  
     Lamb of God,  
 that takest away the sin of the world,  
     take away the sin of me,  
     the utter sinner.

- [Unto a pledge of communion. *Acts* ii. 42.  
 A memorial of the Dispensation. *Eph.* iii. 2.  
 A showing forth of His death. *1 Cor.* xi. 26.  
 A communion of Body and Blood. *Luke* xxii. 19.  
 A sharing in the Spirit. *1 Cor.* xii. 13.  
 Remission of sins. *Matt.* xxvi. 28.  
 A riddance of things contrary. *1 Cor.* v. 7.  
 Rest of conscience. *Matt.* xi. 29.  
 Blotting out of debts. *Col.* ii. 14.  
 Cleansing of stains. *Heb.* ix. 14.  
 Healing of the soul's sicknesses. *1 Pet.* ii. 24.  
 Renewing of the covenant. *Psalms* ii. 5.  
 Food of spiritual life. *John* vi. 27.  
 Increase of strengthening grace. *Heb.* xiii. 9.  
 And of winning consolation. *Luke* ii. 25.  
 Compunction of penitence. *2 Cor.* vii. 9.  
 Illumination of mind. *Luke* xxiv. 31.  
 Exercise of humility. *1 Peter* v. 5.  
 Seal of faith. *2 Cor.* i. 22.  
 Fulness of wisdom. *Rom.* xi. 33.  
 Bond of love. *John* xiii. 35.  
 Call for a collection. *1 Cor.* xvi. 1.  
 A means of endurance. *1 Peter* iv. 1.  
 Liveliness of thanksgiving. *Psalms* cxvi. 12.  
 Confidence of prayer. *Ibid.* 13.  
 Mutual indwelling. *John* vi. 56.  
 Pledge of the resurrection. *Ibid.* 34.  
 Acceptable defence in judgment. *Luke* xiv. 18.  
 Covenant of the inheritance. *Luke* xxii. 20.  
 Figure of perfection. *John* xvii. 23.]



We then remembering, O sovereign Lord,  
 in the presence of Thy holy mysteries,  
 the salutary passion of Thy Christ,  
     His life-giving cross,  
     most precious death,  
     three days' sepulture,  
     resurrection from the dead,  
     ascent into heaven,  
 session at the right hand of Thee, the Father,  
     His fearful and glorious coming;  
     we beseech Thee, O Lord,  
 that we, receiving in the pure testimony  
     of our conscience,  
     our portion of Thy sacred things,  
 may be made one with the holy Body and Blood  
     of Thy Christ;  
     and receiving them not unworthily,  
 we may hold Christ indwelling in our hearts,  
     and may become a temple  
     of Thy Holy Spirit.  
     Yea, O our God,  
     nor make any of us guilty  
 of Thy dreadful and heavenly mysteries,  
     nor infirm in soul or body  
     from partaking of them unworthily.  
     But grant us  
     until our last and closing breath  
 worthily to receive a hope of Thy holy things,  
 for sanctification, enlightening, strengthening,  
     a relief of the weight of my many sins,  
     a preservative against all Satanic working,  
 a riddance and hindrance of my evil conscience,  
     a mortification of my passions,  
     an appropriation of Thy commandments,  
     an increase of Thy divine grace;  
     and a securing of Thy kingdom.

\* \* \* \* \*

It is finished and done,  
so far as in our power,  
Christ our God,  
the mystery of Thy dispensation.  
For we have held remembrance of Thy death,  
we have seen the figure of Thy resurrection,  
we have been filled with Thy endless life,  
we have enjoyed Thy uncloying dainties,  
which graciously vouchsafe all of us,  
in the world to come.  
Lord, the good God,  
pardon every soul  
that purifieth his heart to seek God,  
the Lord God of his fathers,  
though he be not cleansed  
according to the purification of the sanctuary.

## PART II.

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### Introduction to Confession.

Two things I recognise, O Lord, in myself.  
nature, which Thou hast made;  
sin, which I have added:  
I confess that by sin I have depraved nature;  
but call to remembrance, that I am a wind  
that passeth away,  
and returneth not again;  
for of myself I cannot return again from sin.  
Take away from me that which I have made;  
let that which Thou hast made remain in me;  
that the price of Thy precious Blood perish not!  
Let not my wickedness destroy  
what Thy goodness hath redeemed.  
O Lord my God, if I have so done  
as to become Thy culprit,  
can I have so done as no longer  
to be Thy servant?  
If I have thence destroyed my innocence,  
have I at all thence destroyed Thy Mercy?  
If I have committed that for which  
Thou mightest condemn me,  
hast Thou at all lost that by which  
Thou art wont to save?  
Truth, Lord: my conscience  
meriteth damnation,  
but no defence equals Thy compassion.  
Spare me therefore;  
because it is not unbefitting Thy Justice,  
nor unwonted to Thy Mercy,  
nor difficult to Thy Power,  
to spare the penitent.  
Thou who hast created me,  
do not destroy me;

Thou who hast redeemed me,  
 do not condemn me.  
 Thou who hast created me  
 by Thy goodness,  
 let not Thy work come to nought  
 through my iniquity.  
 What is Thine in me, acknowledge ;  
 what is mine, take away.  
 Look on me, the wretched,  
 O boundless loving-kindness :  
 on me, the wicked,  
 O Compassion that extendest to all !  
 Infirm I come to the Almighty,  
 wounded I hasten to the Physician :  
 reserve for me the gentleness  
 of Thy Compassion,  
 who hast so long held suspended the sword  
 of Thy vengeance.  
 Blot out the number of my crimes,  
 renew the multitude of Thy compassions.  
 However unclean, Thou canst cleanse me ;  
 however blind, enlighten me ;  
 however weak, restore me ;  
 yea, though dead, raise me.  
 Of what kind soever I am, be it good or bad,  
 I am ever Thine.  
 If Thou cast me out, who shall take me in ?  
 If Thou disregard me, who shall look on me ?  
 More canst Thou remit, than I commit ;  
 more canst Thou spare, than I offend.  
 Let not noxious pleasures overcome me ;  
 at the least let not any perverse habit overwhelm me ;  
 [Preserve me]  
 from depraved and lawless desires ;  
 from vain, hurtful, impure imaginations ;  
 from the illusions of evil spirits ;  
 from pollutions of soul and of body.

### Morning Prayer.

O THOU that hearest the prayer,  
 unto Thee shall all flesh come.  
 At evening, and morning, and at noontday,  
 will I pray, and that instantly,  
 and Thou shalt hear my voice.  
 My voice shalt Thou hear betimes, O Lord:  
 early in the morning  
 will I direct my prayer unto Thee,  
 and will look up.  
 Let my prayer be set forth  
 in Thy sight as the incense.  
 I have remembered Thee in my bed,  
 and thought upon Thee when I was waking,  
 because Thou hast been my Helper.  
 I yield Thee thanks, Almighty Lord,  
 everlasting God,  
 for that Thou hast vouchsafed  
 to preserve me this night,  
 not according to my deserts,  
 but according to Thy holy Compassion.  
 Grant unto me, O Lord,  
 so to pass this day in Thy holy service,  
 that the submission of my obedience  
 may be acceptable unto Thee.  
 I lift up both heart and hands to the Lord  
 in the Heavens.  
 Behold, even as the eyes of servants  
 look unto the hand of their masters,  
 and as the eyes of a maiden  
 unto the hand of her mistress,  
 even so our eyes wait upon the Lord our God,  
 until He have mercy upon us.  
 Look Thou upon me, and be merciful unto me,  
 as Thou usest to do unto those that love Thy Name.  
 Give Thy Angels charge over me,  
 to keep me in all my ways.

Shew me Thy ways, O Lord,  
 and teach me Thy paths.  
 Order my steps in Thy word,  
 and so shall no wickedness have dominion over me.  
 Hold Thou up my goings in Thy paths,  
 that my footsteps slip not.  
 Put into my mouth words that are honest  
 and well chosen,  
 that my conversation and looks,  
 and my gestures, and all my works,  
 may be pleasing unto all men that see and hear me ;  
 that I may find grace in all my speeches and petitions.  
 O Thou Lover of men,  
 Thou that art very pitiful :  
 the Father of mercies,  
 that art rich in mercy to all that call upon Thee,  
 I have sinned against Heaven and in Thy sight,  
 and am no more worthy to be called Thy son,  
 nor to be made one of Thy hired servants,  
 no, not the lowest.  
 But I repent ;  
 woe is me ! I repent ;  
 help Thou mine impenitence ;  
 and if there be any comfort of love,  
 by Thy bowels and mercies,  
 by the multitude, by the riches, of Thy Grace,  
 by Thy abundant mercy,  
 by the great love wherewith Thou hast loved us,  
 be merciful to me a sinner,  
 be merciful to me of all sinners the greatest,  
 the most wretched.  
 Deep calleth unto deep,  
 the deep of our misery,  
 unto the deep of Thy Compassion ;  
 where sin hath abounded,  
 there let grace much more abound ;  
 overcome our evil of Thy good ;  
 let Mercy rejoice against Judgment.

But beyond and before all things,  
 I believe that Thou art the Christ,  
 the Son of the living God ;  
 Thou that didst come into the world to save sinners,  
 of whom I am chief,  
 save me.

Thou that didst come to redeem the lost,  
 let not one whom Thou hast redeemed, perish.

[Preserve me]

from the recollection of evil things,  
 that what I have seen and heard  
 from the wicked, in this world,  
 I may not remember,  
 nor ever tell to others ;  
 that I may hate every evil way.  
 I have deserved death ;  
 but yet I appeal from the Tribunal of Thy Justice  
 to the Throne of Thy Grace.

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### An Act of Intercession.

[LET us pray] for the Catholic Church ;  
 for the Churches throughout the whole world ;  
 that is, for their verity, unity, and stability ;  
 that in all charity may flourish,  
 and truth be a living principle.

For our Church ;  
 that what is wanting in it may be supplied ;  
 what is unsound, corrected ;  
 that all heresies, schisms, scandals,  
 as well public as private,  
 may be removed.

Correct the wandering,  
 convert the unbelieving,  
 increase the faith of the Church,  
 destroy heresies,  
 expose the crafty enemies,

bruise the violent.

[Pray we] for the Clergy ;  
 that they may rightly divide,  
 that they may rightly walk ;  
 that while they teach others, themselves may learn.

For the people ;  
 that they seek not to be wise above measure ;  
 but may be persuaded by reason,  
 and yield to the authority of superiors.

For governments ;  
 their stability and peace.  
 For our kingdom, incorporation, city ;  
 that they may fare well and prosperously,  
 and be freed from all danger and inconvenience.

For the King :  
 help him now, O Lord,  
 O Lord, send him now prosperity ;  
 crown him with the array of truth and glory ;  
 speak good things to his heart  
 for Thy Church and people.

For the prudence of his counsellors ;  
 the equity and integrity of the Judges ;  
 the courage of the army ;  
 the temperance of the people,  
 and their godly simplicity.

For the rising generation,  
 whether in Universities,  
 or in Schools ;  
 that as they increase in age,  
 they may also increase in wisdom, and in favour  
 with God and man.

For them that shew themselves benevolent,  
 whether to the Church,  
 or to the poor and needy ;  
 reward Thou them sevenfold into their bosom ;  
 let their souls dwell at ease,  
 and their seed inherit the earth.

Blessed is he that considereth the needy.



That it may please Thee to reward all our benefactors  
with eternal blessings;

for the benefits they have bestowed on us upon earth,  
let them obtain everlasting rewards in heaven.

That it may please Thee to behold and to relieve  
the miseries of the poor and the captives.

That it may please Thee of Thy merciful compassion  
to restore the frail lapses of the flesh,

and to strengthen them that are falling;

That it may please Thee graciously to accept  
our reasonable service.

That it may please Thee to raise our minds  
to heavenly desires.

That it may please Thee to regard us  
with the eyes of Thy compassion.

That it may please Thee to preserve the souls  
of us and ours

from everlasting damnation.

That it may please Thee to grant unto me,  
with those for whom I have prayed,

or for whom I am in any way bound to pray,

and with all the people of God,

an entrance into Thy kingdom;

there to behold Thy Presence in righteousness,

and to be satisfied with glory.

We beseech Thee to hear us, good Lord!

### An Act of Thanksgiving.

LET all Thy works praise Thee, O Lord,

and Thy Saints give thanks unto Thee.

It is a good thing to give thanks unto the Lord,  
and to sing praises unto Thy Name, O Most High:

to tell of Thy loving-kindness

early in the morning,

and of Thy Truth

in the night-season.

I will exalt Thee, my God, O King,

and praise Thy Name for ever and ever.  
 Every day will I give thanks unto Thee,  
 and praise Thy Name for ever and ever.  
 Who didst call the things that were not,  
     as though they were ;  
     by whom all things were made  
         in heaven and in earth,  
         visible and invisible ;  
 who upholdest all things by the word of Thy power ;  
 who dost not leave Thyself without witness,  
     in that Thou dost good, and givest us  
         rain from heaven,  
         and fruitful seasons,  
 filling our hearts with joy and gladness ;  
     in that all things continue this day  
         according to Thine ordinance ;  
         for all things serve Thee ;  
     who, having before taken counsel,  
     didst Thyself, with Thine own hands,  
     make man out of the dust of the earth,  
 and didst breathe into his nostrils the breath of life ;  
     and didst honour him with Thine image ;  
     and didst charge Thine Angels concerning him ;  
     and didst set him over the works of Thine hands ;  
     and didst place him in a Paradise of pleasure ;  
     and didst not despise him, even when he despised  
         Thy Law ;  
     but didst open for him the door  
         unto repentance and life ;  
 giving him Thy great and precious promise  
     concerning the Seed of the woman ;  
     who hast instructed our race,  
     by that which may be known of God,  
     by that which is written in the Law,  
         by the rite of Sacrifices,  
         by the oracles of the Prophets,  
         by the melody of the Psalms,  
         by the wisdom of the Proverbs,  
     by the experience of the Histories ;

who, when the fulness of time was come,  
     didst send forth Thy Son,  
     who took the seed of Abraham,  
     and made Himself of no reputation,  
     putting on the form of a servant;  
     and being made of a woman,  
     made under the Law,  
 by the oblation of His Life accomplished its obedience,  
 by the sacrifice of His Death removed its curse;  
     redeeming our race by His Passion,  
     quickenng it by His Resurrection;  
     leaving nothing undone, that could be done,  
     to make us partakers of the Divine Nature;  
 who hath manifested in every place the savour  
     of His knowledge,  
     by the preaching of the Gospel;  
     bearing Himself witness  
     with divers signs and wonders,  
     by marvellous holiness of life,  
 by mighty power even unto shedding of blood,  
 by the incredible conversion of the world to the Faith,  
     without assistance of authority,  
     without intervention of persuasion;  
 who hast made us children of the Saints,  
     and heirs of the same vocation;  
 who hast granted to Thy Church,  
 that she should be the Pillar and Ground of the truth;  
     and that the gates of hell  
     should not prevail against her;  
     who hast granted unto our Church,  
     that she should keep that which was  
     committed unto her,  
     and should teach us the way of peace;  
 who hast confirmed the throne of Thy servant,  
     our King;  
     who makest peace in our borders,  
     and fillest us with the flour of wheat;  
 who hast made fast the bars of our gates,  
     and hast blessed our children within us;

who hast clothed our enemies with confusion ;  
 who givest us everlasting felicity,  
 and makest us glad with the joy of Thy countenance ;  
 who hast informed our princes,  
 and taught our senators wisdom ;  
 who hast given us pastors according to Thine heart,  
 that feed us with knowledge and understanding ;  
 who hast turned our swords into plough-shares,  
 and our spears into pruning-hooks ;  
 who hast caused that there should be no decay,  
 no leading into captivity, and no complaining  
 in our streets ;  
 who didst bring me forth into life,  
 and didst bring me on to the Laver of Regeneration,  
 and renewing of the Holy Ghost ;  
 and hast made known to me Thy ways ;  
 and hast winked at my sins, because  
 I should amend\* :  
 who hast not shut me up in the hand of  
 mine iniquity,  
 waiting to shew mercy upon me ;  
 who hast not suffered my heart to be hardened ;  
 but hast left me compunction of soul,  
 remembrance of my latter end,  
 conscience of committed sins ;  
 who hast opened to me a gate of hope,  
 while I confess and implore,  
 through the power of Thy Mysteries and the Keys ;  
 who hast not cut off, like a weaver, my life,  
 nor made an end of me from day even to night ;  
 nor taken me away in the midst of my days ;  
 but hast holden my soul in life,  
 and hast not suffered my feet to slip.

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### An Act of Deprecation.

Look down, O Lord our God,  
 from Thy lofty dwelling-place, and from the

\* Wisdom xi. 23.

Throne of Thy Glory.

Thou, who dwellest on high, and beholdest  
the humble,

look down upon us, and destroy us not ;  
yea, rather deliver us from evil.

From all evil and misfortune,  
deliver us.

As of old time Thou didst deliver our fathers,  
deliver us.

By whatsoever is dear to Thee, or beloved by Thee,  
deliver us.

In all our straits,  
deliver us.

From the evils of the future state,  
from Thine anger,  
but yet more from Thy ceasing to be angry,  
from everlasting damnation,  
from all the terrors of the life to come,  
from the wrathful countenance of the Judge,  
from being placed on the Left Hand,  
from the hearing of that dreadful and terrible voice,

DEPART FROM ME.

from being cast into outer darkness,  
from eternal chains under darkness,  
from the lake of fire and brimstone  
where the smoke of their torments goeth up  
for ever and ever,  
deliver us.

Spare us, O Lord. Have mercy upon us.  
Deliver us ; and let us never be confounded.

From spiritual evils ;

from blindness and hardness of heart,  
which lead to impenitence ;

from softness and from hardness of forehead,  
from a seared conscience,

and ceasing from penitence after sin,

from a reprobate mind,

from contempt of Thy threatenings,

from the sin unto death,

from the sin against the Holy Ghost,

have mercy upon us, and deliver us, O Lord!  
 That I be not parched among the tares and stubble,  
 nor grieve among those that are on the Left Hand,  
                   nor withered by the tempest,  
 nor<sup>b</sup> lament in the fire that is never quenched,  
 nor be condemned to the flames,  
 nor suffer shame in Gehenna,  
 nor waste away among the overflowings of Belial,  
 nor weep in the chains of darkness,  
 nor gnash the teeth in the banishment of the re-  
 probate;  
 being miserable, thrice miserable,  
 with the fiends in darkness, downward  
 in the abyss, which even Satan himself dreadeth and  
 abhorreth.

[On the one hand]  
 is the vision of God:

[On the other]  
 the hiding of His face.

It is hard to be separated from the Saints;  
 harder to be severed from God.

It is a thing full of shame to be bound and cast out:  
 full of woe to be cast into the fire;  
 full of sadness to call and not to be heard;  
 full of bitterness to ask unpitied  
 for a drop of water, and not to gain it.

Deliver me from all evil and misfortune,  
 from men of corrupt minds,  
 from Ashur, *Hos.* xi. 5.  
 from Jeroboam, 1 *Kings* xii. 26.  
 from Rehoboam, 1 *Kings* xii. 13.  
 from the valley of Achor, *Josh.* vii. 25, 26.  
 from the evil spirits of the men of Shechem, *Judg.*  
 ix. 23.

<sup>b</sup> The conciseness of Bishop Andrewes's language in both this and the antithetical petition below, renders it difficult to bring out his meaning without having recourse to paraphrase. It appears also that some of the words have been misplaced: e.g. in the clauses, *paleas, zizania, dolere: a sinistris, arcescere*, the verbs should be transposed.

from every stumbling-block, grief, infamy,  
 from a deceitful tongue,  
 from perverse lips,  
 from snares,  
 from all enemies, visible, invisible,  
     corporeal, spiritual,  
 from vices and sins,  
 from lusts and temptations,  
 from the attacks of demons,  
 from the spirit of fornication,  
 from the desire of vain glory,  
 from all uncleanness of soul and body,  
 from anger and ill-will,  
 from polluted thoughts,  
 from blindness of heart.

O Thou, who didst once say to Thy destroying  
     Angel,

    It is enough ;  
     hold now Thine hand.

[Hear me] in my prayers and vows,  
 my straits and perils,  
 my infirmities and necessities,  
 my temptations and tribulations ;

    repel the concupiscence of gluttony,  
     give the virtue of abstinence ;  
     chase the spirit of fornication,  
     give the love of chastity ;  
 extinguish the covetousness of the world,  
     give poverty of spirit ;  
     restrain headstrong passion,  
 kindle in me the spirit of gentleness ;  
     remove the sorrow of this world,  
     increase spiritual joy ;  
     repel boastfulness of mind,  
     bestow compunction of heart.  
 Give strength of Faith,  
     security of Hope,  
     the preservative of Salvation.  
 Give contempt of the world.

[Give me a place among those that]  
 shall enter into joy,  
 into the joy that is full,  
 into the joy that no man taketh away;  
     [That I may have a portion]  
         on the Right Hand,  
 in tranquillity,  
 in a place of verdure, of dew,  
 in Paradise,  
 in a land of refreshment,  
 in Abraham's bosom,  
 in the Tabernacles of the Saints;  
 that being on the Right Hand of God,  
 I may be made happy in His Rest,  
 rejoice in His Honour,  
 keep holy day in His Eternity,  
 be glorified by Him that is thrice Holy,  
 be blessed among His Angels,  
 enjoy pleasure in His Light,  
 [amidst the] Psalms that are above,  
 [and] the Songs of Heaven.  
 Give me the girdle, the helmet, the breast-plate,  
     the shield, the sandals, the sword,  
         above all things prayer.  
 Grant unto me the power and opportunity  
     of well doing,  
 that before the day of my decease I may have  
     wrought at least somewhat,  
     whose good fruit may remain;  
 that I may appear with righteousness,  
     and be satisfied with glory.  
 O Thou that didst add fifteen years  
     to the life of Hezekiah,  
     grant to me such a space of life,  
     at least a sufficient space,  
 wherein I may be able to bewail my sins;  
     and, with Thy other blessings, send  
         (best gift of all) a holy end;  
         a good and holy end of life,  
     a glorious and joyful Resurrection.



Bless our increase  
 from the fruits of the earth and its fulness ;  
 make peace in our borders ;  
 fill us with the flour of wheat ;  
 satisfy our poor with bread ;  
 make fast the bars of our gates ;  
 bless our children amidst us ;  
 clothe our enemies with confusion ;  
 grant us seasonableness of weather ;  
 bestow on us the fruits of the earth ;  
 repel carnal desires ;  
 restore health to the weak,  
 to the fallen grant renovation :  
 to voyagers and travellers  
 [grant] a prosperous journey and a port of safety ;  
 to the afflicted joy ;  
 to the oppressed ease ;  
 to the captives liberty ;  
 health of mind,  
 soundness of body.

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[INTRODUCTION TO]

**The Evening Sacrifice.**

LET me be mindful of Thy Name,  
 O Lord, in the night,  
 and keep Thy law.  
 Let our evening prayer ascend to Thee,  
 and Thy Mercy descend to us ;  
 Thou that givest songs in the night ;  
 that maketh the outgoings of the morning  
 and evening to praise Thee ;  
 that givest to Thy beloved the sleep of health.

## AN HOROLOGY \*.

O THOU, that hast put in Thine Own Power  
 the Times and the Seasons,  
 give us grace that we may pray to Thee  
 in a convenient and opportune season;  
 and deliver us.

Thou, that for us men and for our salvation,  
 wast born in the depth of night,  
 grant us to be renewed daily by the Holy Ghost,  
 until Christ Himself be formed in us,  
 to a perfect man;  
 and deliver us.

Thou, that very early in the morning,  
 at the rising of the sun,  
 didst rise again from the dead,  
 raise us also daily to newness of life,  
 suggesting to us, for Thou knowest them,  
 methods of penitence;  
 and deliver us.

Thou, that at the third hour didst send down  
 Thy Holy Ghost  
 on the Apostles,  
 take not that same Holy Spirit from us,  
 but renew Him every day in our hearts;  
 and deliver us.

Thou, that at the sixth hour of the sixth day  
 didst nail together with Thyself upon the Cross  
 the sins of the world,  
 blot out the handwriting of our sins  
 that is against us,  
 and, taking it away, deliver us.

Thou, that at the sixth hour didst let down  
 a great sheet from heaven to earth,  
 the symbol of Thy Church,  
 receive into it us sinners of the Gentiles,

\* This portion of the Private Devotions has been reprinted with additions, by Mr. Burns, and will be found very useful in that form.

and with it receive us into Heaven ;  
and deliver us.

Thou, that at the ninth hour for us sinners  
and for our sins,  
didst taste of death,  
mortify our members which are upon earth,  
and whatsoever is contrary to Thy Will ;  
and deliver us.

Thou, that didst will the ninth hour to be  
the hour of prayer,  
hear us while we pray at the hour of prayer,  
and grant unto us that which we pray for and desire ;  
and deliver us.

Thou, that at eventide wast pleased to be taken down  
from the Cross,  
and laid in the grave,  
take away from us, and bury in Thy Sepulchre,  
our sins,  
covering whatever evil we have committed  
with good works ;  
and deliver us.

Thou, that late in the night, by breathing  
on Thine Apostles,  
didst bestow on them the power  
of the remission and retention of sins,  
give unto us to experience that power  
for their remission, O Lord, not for their retention ;  
and deliver us.

Thou, that at midnight didst raise David Thy Prophet,  
and Paul Thine Apostle, that they should praise Thee,  
give us also songs in the night,  
and to be mindful of Thee upon our beds ;  
and deliver us.

Thou, that with Thine own mouth hast declared,  
at midnight the Bridegroom shall come,  
grant that the cry may ever sound in our ears,  
Behold ! the Bridegroom cometh,  
that we may never be unprepared to go forth  
and meet Him ;  
and deliver us.

Thou, that by the crowing of the cock didst  
 admonish Thine Apostle,  
 and didst cause him to return to repentance,  
 grant that we, at the same warning, may follow his  
 example,

may go forth and weep bitterly,  
 for the things in which we have sinned against Thee ;  
 and deliver us.

Thou, that at the seventh hour didst command the  
 fever to leave the nobleman's son,  
 if there be any fever in our hearts,  
 if any sickness, remove it from us also ;  
 and deliver us.

Thou, That at the tenth hour didst grant unto  
 Thine Apostle  
 to discover Thy Son,  
 and to cry out with great gladness, We have found  
 the Messiah,  
 grant unto us also, in like manner, to find the same  
 Messiah,  
 and having found Him, to rejoice in like manner ;  
 and deliver us.

Thou, that didst, even at the eleventh hour of the day,  
 of Thy goodness send into Thy vineyard  
 those that had stood all the day idle,  
 promising them a reward,  
 give us the like grace,  
 and though it be late, even as it were  
 about the eleventh hour,  
 favourably receive us who return unto Thee ;  
 and deliver us.

Thou, that at the sacred hour of the Supper,  
 wert pleased to institute  
 the Mysteries of Thy Body and Blood,  
 render us mindful and partakers of the same,  
 yet never to condemnation, but to the remission of sin,  
 and to the acquiring the promises  
 of the New Testament ;  
 and deliver us.

Thou, that hast foretold Thy coming to Judgment  
 in a day when we think not, and in an hour  
 when we are not aware,  
 grant that every day and every hour  
 we may be prepared, and waiting Thy Advent ;  
 and deliver us.  
 Thou, that sendest forth the light, and  
 createst the morning,  
 and makest Thy sun to rise upon the evil  
 and the good,  
 illuminate the blindness of our minds by the  
 knowledge of truth,  
 lift Thou up the light of Thy Countenance upon us,  
 that in Thy light we may see light,  
 and at length in the light of Grace the light of Glory.  
 Thou, that givest food to all flesh,  
 That feedest the young ravens when they call  
 upon Thee,  
 And hast led us from our youth up until now,  
 fill our hearts with food and gladness,  
 and stablish our souls by Thy grace.  
 Thou, that hast made the evening the end  
 of the day,  
 so that Thou mightest bring the evening of life  
 to our minds,  
 grant us always to reflect  
 that our life passeth away like a day :  
 to remember the days of darkness,  
 that they are many :  
 that the night cometh  
 wherein no man can work ;  
 by good works to prevent the darkness,  
 lest we be cast out into outer darkness ;  
 and continually to cry unto Thee,  
 Tarry with us, O Lord,  
 for it draweth towards evening, and the day of our life  
 is now far spent.  
 The work of the Creator is Justice ;  
 of the Redeemer, Pity ;

of the Holy Ghost, holy inspiration :  
 [who is] the other Comforter ;  
 the Unction ;  
 the Seal ;  
 the Earnest.

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## An Act of Pleading.

### [I.] AS RESPECTS GOD.

#### [1.] FROM THE NATURE OF GOD.

BECAUSE the Lord is gracious and merciful,  
 long-suffering and of great goodness ;  
 He will not always be chiding,  
 neither keepeth He His anger for ever ;  
 He hath not dealt with us after our sins,  
 neither rewarded us according to our wickednesses ;  
 for as the heaven is high above the earth,  
 so great is His mercy towards them that fear Him ;  
 as far as the east is from the west,  
 so far hath He removed our sins from us ;  
 like as a father pitieth his children,  
 even so is the Lord merciful unto them that fear Him ;  
 because He is long-suffering, and pitiful,  
 and of great mercy to all that call upon Him ;  
 the Lord is loving unto every man,  
 and his mercies are over all His works ;  
 He delighteth in mercy ;  
 He is the Father of mercies ;  
 He is Mercy ;  
 because His nature is to shew mercy ;  
 and punishment is His strange and unaccustomed act.

#### [2.] THE NAME OF GOD.

Let the power of my Lord be great, according as Thou  
 hast spoken, saying, The Lord is long-suffering and  
 of great mercy, forgiving iniquity and transgression.

## [3.] THE NAME OF FATHER.

I ascend unto my Father, and your Father.  
 The Father of the Prodigal Son.  
 And what wilt Thou do with Thy great name?

## [4.] THE NAME OF CHRIST.

The Typical Lamb. Behold! the Lamb of God!  
 The Redeemer. I know that my Redeemer liveth.  
 The Saviour. We know that this is indeed the Saviour.  
 The Mediator. There is one Mediator between God  
 and man.  
 The Advocate. We have an Advocate with the Father.  
 The Intercessor. [He ever liveth to make intercession.]  
 The High Priest. [We have a great High Priest.]

## [5.] THE NAME OF THE HOLY GHOST.

The Typical Dove. He saw the Spirit of God descend-  
 ing like a dove.  
 The Unction, or Anointing. The same anointing teacheth  
 you of all things.  
 The Comforter. If I go not away, the Comforter will  
 not come.

## [6.] THE PROMISES OF GOD.

Remember Thy word unto Thy servant,  
 wherein Thou hast caused me to put my trust;  
 which God, that cannot lie, promised,  
 and confirmed by an oath;  
 which our unbelief shall not make of none effect;  
 if we believe not, yet He abideth faithful;  
 He cannot deny Himself.

## [7.] THE PRACTICE OF GOD.

Our fathers trusted in Thee; they trusted in Thee,  
 and Thou didst deliver them.  
 Call to remembrance, O Lord, Thy tender mercies,  
 and Thy loving-kindnesses, which hath been ever of old  
 Lord, where are Thy old loving-kindnesses?  
 Look at the generations of old, and see;

did any ever trust in the Lord, and was confounded?  
did any abide in His fear, and was forsaken?

[II.] AS RESPECTS OURSELVES, RELATIVELY TO GOD.

[1.] AS THE WORK AND CREATION OF HIS HANDS.

Despise not Thou the work of Thine own hands.

We are the clay, and Thou the Potter;

and we are all the works of Thine hands.

Thou hatest nothing that Thou hast made. *Wisd.* ii. 24.

[2.] AS THE IMAGE OF HIS COUNTENANCE;

and so not to be destroyed.

Let us make man in Our Image, after Our Likeness.

Who is renewed in knowledge, after the image  
of Him that created him.

[3.] AS THE PRICE OF HIS BLOOD;

and so not to be despised.

Ye are bought with a price,

With the precious Blood of a Lamb  
without blemish, and without spot.

[4.] AS CALLED BY HIS NAME.

Despise not the express image of Thyself.

We are called by Thy Name.

Thy people are called by Thy Name.

A chosen vessel to bear Thy Name.

[5.] AS MEMBERS OF THE BODY OF CHRIST;

and so not to be cut off.

Ye are the Body of Christ, and members in particular.

Know ye not, that your bodies are the members  
of Christ?

Know ye not, that your body is the Temple  
of the Holy Ghost which is in you?

[6.] AS HAVING A TITLE IN CHRIST.

I am Thine; save me.

Behold, O Lord, I am Thy servant;



I am Thy servant, and the son of Thine handmaid ;  
 An unprofitable servant, yet a servant ;  
     A lost son, yet a son ;  
     We are all Thy people.

Carest Thou not that we perish ? Yea, Thou carest.

### III. AS RESPECTS OURSELVES, RELATIVELY TO OUR NATURE.

#### 1. OUR WEAKNESS.

Have mercy upon me, O Lord, for I am weak.  
 Remember what my substance is.  
 He remembered that they were but flesh ;  
 a wind that passeth away, and cometh not again.  
     For He knoweth our frame.  
 He remembereth that we are dust.  
 The days of man are but as grass ;  
 for he flourisheth as a flower of the field.  
 For as soon as the wind goeth over it, it is gone ;  
 and the place thereof shall know it no more.

#### 2. THE MISERY OF OUR CONDITION.

We are come to great misery.  
 He looked upon them when they were in trouble ;  
 and heard their prayer.

### IV. AS RESPECTS OURSELVES, RELATIVELY TO OUR DUE OBEDIENCE.

#### 1. BECAUSE WE REPENT.

A broken and a contrite heart, O God, Thou wilt  
 not despise.  
 For I will confess my wickedness ;  
 and be sorry for my sin.

#### 2. BECAUSE WE PRAY.

For I will call daily upon Thee.  
 How long wilt Thou be angry with Thy people  
 that prayeth ?  
 I forgave thee all that debt, because thou desiredst Me.

## 3. BECAUSE WE FORGIVE.

Forgive, and ye shall be forgiven.  
 When ye come to pray, forgive,  
 if ye have aught against any one,  
 that your Father which is in Heaven may also  
 forgive you.

But if ye forgive not men their trespasses,  
 neither will your Father forgive your trespasses.

## 4. BECAUSE WE PURPOSE FOR THE FUTURE.

My soul breaketh out for the very fervent desire  
 that it hath alway unto Thy judgments.  
 My hands also will I lift up unto Thy Commandments  
 which I have loved.

I have sworn, and am stedfastly purposed  
 to keep Thy righteous judgments.

Thy servants, who desire to fear Thy Name.

That servant, which prepared not himself,  
 neither did according to his Lord's will,  
 shall be beaten with many stripes.

V. AS RESPECTS THE EVIL WHICH WOULD ARISE FROM  
OUR DESTRUCTION.

## 1. IT WILL BRING NO ADVANTAGE.

What profit is there in my blood,  
 when I go down to the pit?

Shall the dust praise Thee?

or shall it declare Thy truth?

For in death no man remembereth Thee;

and who will give Thee thanks in the pit?

Dost Thou shew wonders among the dead?

or shall the dead rise up again, and praise Thee?  
 Shall Thy loving-kindness be shewed in the grave,  
 and Thy faithfulness in destruction?

Shall Thy wondrous works be known in the dark,  
 and Thy righteousness in the land where all  
 things are forgotten?

For the grave cannot praise Thee; death cannot

celebrate Thee ;  
 they that go down into the pit cannot hope for  
 Thy truth.  
 The living, the living, he shall praise Thee.

[2. OUR CREATION WILL HAVE BEEN] IN VAIN.

Hast Thou made all men for nought ?  
 Enter not into judgment with Thy servant ;  
 for in Thy sight shall no man living be justified.  
 If Thou, Lord, wilt be extreme to mark what is  
 done amiss,

O Lord, who may abide it ?  
 If He will contend with him,  
 he cannot answer Him one of a thousand.

3. THE ENEMIES OF GOD WILL TRIUMPH

Give not Thine Heritage to reproach,  
 that the heathen should bear rule over it ;  
 wherefore should they say among the people,  
 Where is their God ?

Remember this, O Lord, how the enemy hath rebuked,  
 and how the foolish people have blasphemed  
 Thy Name.

The presumption of them that hate Thee  
 increaseth ever more and more.  
 Wherefore should the Egyptians speak and say,  
 For mischief did He bring them out,  
 to slay them in the mountains, and to consume them  
 from the face of the earth ?  
 The Canaanites shall say,  
 He was not able to bring them into the land which  
 He sware ;  
 therefore He slew them in the wilderness.

VI. AS RESPECTS THE GOOD WHICH WILL ARISE FROM  
 OUR SALVATION.

1. THE GLORY OF GOD'S NAME.

Deliver us, O Lord, for the glory of Thy Name :

so we that are Thy people, and the sheep of Thy  
 pasture,  
 shall give Thee thanks for ever :  
 and will alway be shewing forth Thy praise  
 from generation to generation.

2. THE CONVERSION OF OTHERS.

Then shall I teach Thy ways unto the wicked ;  
 and sinners shall be converted unto Thee.

3. EXAMPLE.

For this cause I obtained mercy,  
 that in me first Jesus Christ might shew forth  
 all long-suffering,  
 for a pattern to them which should hereafter believe  
 in Him  
 to life everlasting.

4. THE SAKE OF GOD HIMSELF.

I, even I, am He that blotteth out thy transgressions  
 for Mine own sake.

O Lord, hearken and do ;  
 defer not for Thine own sake.

[For His sake] whom God hath set forth to be  
 a propitiation.

Look upon the face of Thine Anointed.

Turn not away the presence of Thine Anointed.

5. THE DESCENT OF THE SAVIOUR.

Have mercy on me, O Lord, Thou Son of David ;  
 David said unto Shimei, Thou shalt not die ;  
 and the king sware unto him.

6. THE OFFICE OF THE SAVIOUR.

The Spirit of the Lord God is upon Me, because He  
 hath anointed Me ;  
 He hath sent Me to preach the Gospel unto the poor,  
 to bind up the broken-hearted.

I came to call sinners.  
 God sent His Son, that the world through Him  
 should be saved.

---

### An Act of Thanksgiving.

#### 1. THE EXCELLENCE OF GOD'S MAJESTY.

Glorify Thou Me, O Father, with Thine own self,  
 with the glory which I had with Thee before  
 the world was.

Melchisedeck was Priest of the Most High God.

#### 2. HIS EXALTEDNESS.

He that is higher than the highest regardeth.

*Eccles. v. 8.*

#### 3. HIS ETERNITY.

The Lord, the everlasting God. *Gen. xxi. 33.*

#### 4. HIS OMNIPRESENCE.

Do I not fill Heaven and earth, saith the Lord ?

#### 5. HIS OMNISCIENCE.

Whither shall I go then from Thy Spirit ?  
 or whither shall I go then from Thy Presence ?

If I climb up into Heaven, Thou art there ;

if I go down into hell, Thou art there also.

Thou knowest all things.

For Thou only knowest the hearts of the children  
 of men.

#### 6. HIS OMNIPOTENCE.

With God nothing shall be impossible.

I am the Almighty God.

#### 7. THE HEIGHT OF HIS WISDOM.

O the depth of the riches of the wisdom and  
 knowledge of God ;

how unsearchable are His judgments !  
and His ways past finding out !

8. HIS UNSHAKEN TRUTH.

The truth of the Lord endureth for ever,  
Heaven and earth shall pass away,  
but My words shall not pass away.

9. HIS EXQUISITE JUSTICE.

His Justice endureth for ever.

10. THE FOUNTAIN, OCEAN, ABYSS OF HIS MERCY.

Deep calleth unto deep.

11. HE IS MERCIFUL IN PASSING BY AND OVER-  
LOOKING SIN.

I beseech you by the meekness and gentleness of  
Christ.

I will not destroy it for ten's sake.

He passeth by transgressions.

The times of ignorance God winked at.

12 HE IS PATIENT, LONG-SUFFERING.

Or despisest thou the riches of His forbearance,  
and long-suffering ?

13. PITIFUL.

But He was so merciful, that He forgave  
their misdeeds,  
and destroyed them not.

14. HE PUNISHETH UNWILLINGLY.

O Ephraim, what shall I do unto thee ?

O Judah, what shall I do unto thee ?

Yet many years didst Thou forbear them ;  
for Thy great mercies' sake

Thou didst not utterly consume them,  
nor forsake them.

He hath not dealt with us after our sins,

neither rewardeth us according to our iniquities.  
She hath received of the Lord's hand double for all  
her sins.

Like as a father pitieth his own children,  
even so is the Lord merciful unto them that fear Him.

15. COMPASSIONATE.

He repenteth Him of the evil.

16. HIS ANGER IS SOON QUENCHED.

He will not alway be chiding ;  
neither keepeth He His anger for ever.

17. HE IS READY TO PARDON.

I forgave thee all that debt, because thou  
desiredst Me.

18. READY TO BE RECONCILED.

Reconciling the world unto Himself,  
not imputing their trespasses unto them.

19. READY TO BE PROPITIATED.

Bring forth the best robe, and put it on him ;  
and put a ring on his hand, and shoes on his feet : etc.  
He is good and kind to the unthankful and to the evil.

20. MUNIFICENT.

Giving the reward of a day for the toil of an hour.

To-day shalt thou be with Me in Paradise.

Giving sight to the blind,	loosing the bound,
clothing the naked,	raising the fallen,
upholding the falling,	healing the sick,
gathering the dispersed,	feeding the living,
sustaining the faint,	quickenning the dead,
casting down the proud,	setting up the humble,
redeeming the captives,	helping in time of need.

Who is like unto Thee, O Lord, among the Gods ?  
glorious in holiness, fearful in praises, doing wonders ?

[Let us praise God for]

Angels, the guardians of men ;

Archangels, announcing, by their illumination,  
     mightier events ;  
     the voice of the Archangel :  
 Virtues, that do wonders ;  
 Virtues being made subject unto Him.  
 Powers, that ward off the attacks of fiends, at His  
     command :  
 Principalities, perfect in government ;  
 Dominations, that bestow gifts in plenteousness ;  
 Thrones, that judge at the tribunal ;  
     whether they be thrones, or dominions,  
     or principalities, or powers,  
     all things were created by Him and for Him.  
 Cherubim, glittering with knowledge ;  
     He placed Cherubim before Paradise ;  
 Seraphim, ardent with love ;  
     above it stood the Seraphim : each one had six  
     wings.  
 The morning stars,  
 rulers of the world,  
 lovers of men,  
 chief ministers of the Divine Will ;  
     [we laud God for the] perseverance of Angels ;  
     [we pray that we] going from strength to strength,  
     may be associated with their choirs.

[We praise Him for]

The Patriarchs and their faith,  
 The Prophets and their hope,  
 The Apostles and their labours,  
 The Evangelists [and their truth],  
 The Martyrs and their blood,  
 The Confessors and their zeal,  
 The Doctors and their study,  
 The Asceticks and their tears,  
 The Virgins, flowers of purity,  
     celestial gems,  
     brides of the Immaculate Lamb ;



The Innocents and their beauty,  
 flowers of the Church,  
 mirrors of virtue,  
 tabernacles of the Holy Ghost.

For those, whose faith was strong, and whose life  
 approved ;  
 in whose heart was charity,  
 in whose mouth verity,  
 in whose life piety.

[We praise Him] for  
 light,  
 the waters and the Heaven,  
 the earth and the plants,  
 the luminaries,  
 the fishes and the fowls,  
 the wild and tame beasts,  
 the Rest of the Sabbath.

For the formation of man,  
 after counsel held,  
 with His Own hands,  
 with the breath of life,  
 in the Image [of God,]  
 for the dominion over the creatures,  
 the care of Angels,  
 the location in Paradise,  
 that he was not forsaken, when he had sinned.

For the Promise of the Seed of the woman,  
 that which may be known of God,  
 the works of the Law written in the heart,  
 the oracles of the Prophets,  
 the music of the Psalms,  
 the wisdom of the Proverbs,  
 the experience of the Histories.

For our birth,  
 bringing up,  
 preservation,  
 direction,

- instruction,  
civilized state,  
religion.
- For Redemption,  
the Great Mystery of godliness,  
His being made of no reputation,  
His humiliation,  
taking the seed of Abraham,  
union to it,  
oblation of life,  
sacrifice of death.
- For all the good that He did therein,  
all the evil He suffered,  
in His passage from the cradle to the Cross.
- For the whole design of Grace,  
the Holy Incarnation,  
the poverty of His nativity,  
His lying in the manger,  
His circumcision, subjecting Him to the law,  
the first-fruits of His Blood,  
the precious name, JESUS,  
His Epiphany to sinners of the Gentiles,  
His Presentation in the Temple,  
His Flight into Egypt,  
His desire of hearing,  
His eagerness to enquire,  
His humility in obeying His parents.
- For His Holy Baptism,  
the appearance therein of the Trinity,  
His Fasting,  
His Temptation,  
His want, in that He had not where to lay His  
head,  
the hunger and thirst that He endured,  
the cold and heat,  
the weariness, while He went about doing good,  
His watchings,  
His continuance all night, } in prayer.
- For His meek conversation,

who endured such contradiction of sinners ;  
 when He was hurried to the precipice  
 for a good word ;  
 when about to be stoned  
 for a good work.

[We bless Thee, O Saviour,]

who didst endure to be insulted of men,  
 to be called a Samaritan, a glutton,  
 a demoniac, a deceiver,  
 and wast content that Barabbas should be preferred to Thee ;

for Thy sermons, homilies,  
 conversations, discourses,  
 intercessions, prayers,  
 examples,  
 signs,  
 mysteries,

and for the power of the Keys ;  
 for the blessings conveyed by all the grace and loving-kindness of Thy miracles ;

for the parables of  
 the Two Debtors,  
 the Good Samaritan,  
 the Publican and the Pharisee,  
 the Servant that owed ten thousand talents,  
 the Good Shepherd,  
 the Prodigal Son,  
 the Called at the Eleventh Hour.

For Thy Sayings ;

For God sent not His Son into the world to condemn the world ; but that the world through Him might be saved.

I came not to judge the world, but to save the world.

I came not to call the righteous, but sinners to repentance.

The Son of Man is not come to destroy men's lives, but to save them.

The Son of Man is come to seek and to save that  
which was lost ;

and to give His Life a ransom for many.

Come unto Me, all ye that labour and are heavy  
laden,

and I will give you rest.

Him that cometh unto Me I will in no wise cast  
out.

Father, forgive them; for they know not what  
they do.

To-day shalt thou be with Me in Paradise.

I will give unto this last, even as unto thee.

For the instances of Thy Mercy ;

The Syrophenician or Canaanitish woman ;

the woman of Samaria ;

the woman with an issue of blood ;

the woman taken in adultery ;

S. Mary Magdalene ;

Zacchæus ;

the thief ;

S. Peter ;

S. Thomas ;

S. Paul ;

Nicodemus.

#### THIS MAN RECEIVETH SINNERS.

[For Thy long-suffering when]

they contradicted Thee ;

drew Thee to the brow of the hill ;

twice would have stoned Thee ;

and that for a good work ;

blasphemed Thee ;

preferred Barabbas unto Thee ;

gave Thee up unto the Gentiles to crucify Thee.

For the death of CHRIST ;

His obedience unto the death of the Cross.

His straitening [till it was accomplished.]

For all that He suffered,

in Gethsemane,

in Gabbatha,  
in Calvary.  
For the pain,  
the shame,  
the curse, of the Cross.  
That He deigned to be betrayed,  
and that by His own disciple;  
that He deigned to be sold,  
and that for thirty pieces of silver;  
to be troubled in His mind,  
to be weary,  
to fear,  
to be exceeding sorrowful, even unto death,  
to be in an agony,  
with strong crying,  
and tears,  
to sweat great drops of blood,  
even to the bedewing of the ground :  
Gethsemane,  
that His Disciples should slumber,  
one of them betray Him with a kiss,  
the rest should be offended because of Him.  
and flee ;  
to be left alone,  
and denied by Peter,  
and that with an oath,  
and a curse ;  
to be subjected to the powers of darkness.  
to be laid hands on,  
taken as a thief,  
bound,  
carried away,  
hurried to Annas,  
Caiaphas,  
Pilate,  
Herod,  
Pilate the second time.  
the Prætorium,  
Gabbatha,  
the Cross.

Thou That wast silent before the judge,  
 restrain my tongue ;  
 Thou that didst deign to be bound,  
 restrain my hands.

[We praise Thee]

in that Thou wast struck with the palm of the  
 hand before Annas,  
 accused before Caiaphas,  
 attacked by false witnesses,  
 condemned for blasphemy,  
 derided manifold,  
 mocked by the servants,  
 buffeted,  
 struck with the palm of the hand,  
 wast blinded,  
 stricken,  
 spit upon,  
 reviled,  
 blasphemed :  
 Thy Head was crowned with thorns,  
 and struck with the reed,  
 Thine Eyes dim with tears,  
 Thine Ears filled with reviling,  
 Thy Mouth given to drink of gall and vinegar,  
 Thy Face marred with spitting,  
 Thy Back ploughed with the scourge,  
 Thy Neck bent down with the cross,  
 Thy Hands extended,  
 Thy Knees bent as in prayer,  
 Thy Feet pierced with nails,  
 Thy Heart oppressed with grief,  
 Thy Side pierced with the lance ;  
 Thy Blood flowing in all sides plenteously around  
 Thee ;  
 Thy Soul in bitterness,  
 and Thy cry of agony,  
 Eli, Eli !

[We praise Him that

He deigned] to be accused before Pilate of sedition,

to be denied by His Own,  
rejected for Barabbas.

[He deigned] to be sent bound to Herod,  
to be clothed with a white robe,  
to be mocked.

[He deigned] to be sent back to Pilate,  
to be clamoured against for death,  
to be condemned to a shameful death,  
to be given up to the will of the soldiers,  
to be arrayed in purple,  
to be crowned with thorns,  
to be mocked with a reed for a sceptre,  
to be bowed the knee to,  
to be called King in derision,  
to be spit upon,  
to be smitten on the Head with the reed,  
to be stripped of the purple.

[He deigned] to be bound to a column in the judgment-hall,  
to be beaten with rods,  
to be scourged,  
to be baptized with a baptism of blood,  
to suffer bruises and wounds,  
to be demanded with clamour for crucifixion,  
to be exhibited as a spectacle of woe,

**BEHOLD THE MAN!**

to be cried out against the more vehemently,  
to be condemned to the Cross.  
[He deigned] to be laden with the Cross,  
led to the place of punishment,  
to sink under the Cross,  
to have myrrh given Him to drink.  
to endure the shame of being stripped,  
the agony of being extended on the Cross,  
to be pierced with nails,  
to have Hands and Feet riven,  
to be crucified between two thieves,  
to be reckoned among the transgressors,  
to be reviled by the passers by.

to be blasphemed by the very thieves, on Golgotha.  
 [He deigned] to be forsaken of God,  
 to be mocked in His cry to God,  
 to thirst,  
 to have vinegar given Him to drink,  
 to bow the Head,  
 give up the Ghost,  
 that His side should be pierced with the spear,  
 to be blasphemed after death,  
 to be called a deceiver,  
 to suffer unknown sufferings.

By Thy woes, which I unworthy here commemorate,  
 preserve my soul from the woes of hell!

### The Seven Last Words.

1. FATHER, FORGIVE THEM; FOR THEY KNOW NOT  
WHAT THEY DO.
2. WOMAN, BEHOLD THY SON!
3. TO-DAY SHALT THOU BE WITH ME IN PARADISE.
4. ELI, ELI.
5. I THIRST.
6. IT IS FINISHED.
7. FATHER, INTO THY HANDS I COMMEND MY  
SPIRIT.

Thou, who didst deign  
 that Thy glorious Head should be wounded,  
 forgive thereby whatever, by the senses  
 of my head, I have sinned.

That Thy holy Hands should be pierced,  
 forgive thereby, whatever I have done amiss  
 by unlawful touch,  
 or illicit operation.

That Thy precious Side should be opened,  
 forgive thereby whatever I have offended  
 by lawless thoughts,  
 in the ardour of passion.

That Thy blessed Feet should be riven,



forgive thereby whatever I have done  
 by the means of feet swift to evil.  
**That Thy whole Body should be distended,**  
 forgive thereby whatever iniquity I have committed  
 by the intervention of all my members.

**And I, too, O Lord, am wounded in soul ;**  
 behold the multitude,  
 the length, the breadth, the depth,  
 of my wounds ;  
**and by Thine, heal mine.**

**Thy Precious Death,**  
**Thy riven Side,**  
 the streams of Water and Blood,  
 the begging of Thy Body,  
**Thy taking down from the Cross,**  
**Thy Burial in the garden of another,**  
**Thy three days' sepulture :**  
**By all these things I remind and beseech Thee ;**  
**I pray Thee that Thou wouldest deign to lay all**  
 these things before Thy Father,  
 pleading them for my sake ;  
**all the sufferings which Thou barest ;**  
**the Love above all by which Thou barest.**

**[We praise Him for]**  
**His Transfiguration ;**  
**His triumph over Principalities, and leading them**  
 captive,  
**and over the powers of Darkness in Himself ;**  
**His mighty Resurrection ;**  
**His appearance to S. Mary Magdalene,**  
**to the women,**  
**to S. Peter,**  
**to the two that went to Emmaus,**  
**to the Ten without S. Thomas,**  
**to the Eleven,**  
**at the sea of Tiberias,**

to S. James,  
to the Five Hundred,  
in Bethany.  
His Glorious Ascension,  
Session at the Right Hand,  
distribution of gifts,  
continual pleading for us,  
return to Judgment.

For the Holy Ghost,  
Come, Holy Ghost, our souls inspire,  
And lighten with celestial fire ;  
Thou the Anointing Spirit art,  
Who dost Thy sevenfold gifts impart.  
In the Old Testament,  
Thy moving upon the face of the waters,  
Thy emission into all things living,  
Thy Inspiration of man,  
of Bezaleel,  
of the Seventy Elders,  
Thy descent upon the Prophets.  
Thy visible Advent ;  
As a shadow ;  
The coming upon and overshadowing  
at the Incarnation of Christ.  
As a Dove ;  
Thy coming in the shape of a dove upon Christ  
in Baptism.  
As fiery tongues ;  
after the Ascension :  
Thy Invisible Advent ;  
on the Apostles gathered together in prayer,  
on Cornelius,  
on the twelve Ephesians.  
Thy often visitations thenceforth ;  
In calling ;  
calling away from sin ;  
calling out of the world,  
recalling from backsliding ;  
In our calling on Thee ;

in<sup>d</sup> Thy pleading for us;  
 Thy distribution of Graces, Ministrations, Opera-  
 tions.  
 The Graces of the Spirit; Works, Fruits.  
 The compunction caused by Thy reproof,  
 the Unction of Thy Teaching,  
 and calling to Memory,  
 Thy shedding forth of Love,  
 Thy helping our infirmities, in praying,  
 Thy witnessing our Adoption,  
 Thy Sealing in Thy mysteries,  
 the Earnest of our Inheritance.  
 Thy visiting us,—to visit the heart,  
 dwelling in us,  
 purifying us,  
 shining on us,—illumination,  
 strengthening us,  
 adorning us,  
 leading us to perfection;  
 The Guide unto truth,  
 the suppliance of strength.

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### An Act of Pleading.

**THE** Triumph of Mercy,  
 Thy Name's Sake,  
 the glory of Thy Name,  
 the truth of Thy Promise,  
 intervention of Thine Oath,  
 comfort of Love,  
 bowels of mercies.  
 Thy Mercy which is manifold,  
 great, (*Ps.* li. 1.)  
 ancient, (*Ps.* xxv. 6.)  
 plenteous, (*Ps.* cxxx. 7.)

<sup>d</sup> *Vocatio, invocatio, advocatio.* The antithesis cannot well be preserved in English.

everlasting, (*Ps.* cxxxvi.)

exceeding, (*Eph.* ii. 4.)

marvellous, *Ps.* cxvii. 8.)

the riches of Thy Mercy, (*Eph.* i. 7.)

its abundance, (*Eph.* i. 8.)

its excess, (*1 Tim.* i. 14.)

its superabundance, (*Rom.* v. 20.)

its exceeding riches, (*Eph.* ii. 7.)

its victory over all Thy works, (*Ps.* cxlv. 9.)

over justice, (*S. James* ii. 13.)

the satisfaction and merits of Christ,

the consolation of the Holy Ghost.

Thy Mercy

by which it is that we are not consumed,  
(*Lam.* iii. 22.)

that preventeth, (*Ps.* lxxix. 8.)

followeth, (*Ps.* xxiii. 6.)

surroundeth, (*Ps.* xxxii. 10.)

forgiveth, (*Ps.* ciii. 3.)

crowneeth, (*Ps.* ciii. 4.)

hath length, breadth, depth, height, (*Eph.* iii. 18.)

is from everlasting, (*Ps.* xxv. 6.)

to everlasting, (*Ps.* lxxxix. 2.)

reacheth to Heaven, (*Ps.* cviii. 4.)

reacheth to hell, (*Ps.* lxxxvi. 13.)

is over all, (*Rom.* ii. 32.)

is tender, (*S. Luke* i. 78.)

sweet, (*Ps.* lxix. 16; cxxix. 21.)

better than life, (*Ps.* lxiii. 3.)

as is Thy Majesty, (*Ecclus.* ii. 18.)

pardoning unto seventy times seven,  
(*S. Matt.* xviii. 12.)

hating nothing that it hath made,  
neglecting neither the young ravens,  
(*S. Matt.* vi. 26.)

nor the sparrow,

willing that all should be saved, (*1 Tim.* ii. 4.)

willing not that any should perish,  
(*2 S. Pet.* iii. 9.)



Hear, (*Ps.* cxix. 149.)  
 bow down Thine ear, (*Ps.* lxxxvi. 1; *Dan.* ix. 19.)  
 hearken and consider, (*Ps.* xlv. 10; *Lam.* i. 12.)  
 understand,  
 listen, (*Ps.* lxiv. 1.)  
 hearken and do. (*Dan.* ix. 19.)

### An Act of Deprecation.

CAST not Thy servant away in anger, (*Ps.* xxvii. 9.)  
 nor hide Thine Eyes,  
 nor cover Thy Face, (*Job* xiii. 24.)  
 nor interpose a cloud,  
 nor shut Thine Ear, (*Lam.* iii. 8.)  
 nor forsake me, (*Ps.* xxxvii. 1.)  
 nor leave me for ever,  
 nor despise me, (*Ps.* xxvii. 9.)  
 nor be silent, (*Ps.* xxxviii. 13.)  
 nor slumber, (*S. Matt.* viii. 24.)  
 nor stand afar off, (*Ps.* x. 1.)  
 nor repel me, (*Ps.* xlv. 23.)  
 nor utterly take Thy loving-kindness from me,  
     (*Ps.* lxxxix. 33.)  
 nor falsify Thy Truth,  
 nor rebuke me in Thine indignation, (*Ps.* vi. 1.)  
 nor chasten me in Thy displeasure, (*Ps.* xxxviii. 1.)  
 nor cast me away from Thy Presence,  
 nor count me a reprobate from among Thy children,  
 nor take Thy Holy Spirit from me, (*Ps.* lvii. 11.)  
 nor forget me for ever, (*Ps.* lxxiv. 19.)  
 nor be wroth very sore, (*Isa.* lxiv. 9.)  
 nor shut me up nor consume me in the hand of  
     mine iniquity, (*Ps.* xxvi. 9; *Isa.* lxiv. 7.)  
 nor tarry, (*Hab.* ii. 1.)  
 nor gather my soul with sinners, (*Ps.* xxvi. 9.)  
 If by Thy permission, we suffer for a while the power  
     of the enemy,

yet let us not in any wise be swallowed up by his  
 insatiable jaws.  
 Let the lion be conquered by the lamb,  
 the mighty spirit by feeble flesh.

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### An Act of Pleading.

REMEMBER what my substance is,  
 dust and ashes,  
 grass and a flower,  
 flesh and a wind that passeth away,  
 corruption and the worm,  
 as a stranger and sojourner upon earth,  
 inhabiting a house of clay,  
 whose days are few and evil,  
 to-day and not to-morrow, (*Prov. xxvii. 1.*)  
 at morning and not till evening, (*Isa. xxxviii. 13.*)  
 now and not presently,  
 in a body of death,  
 in a world of corruption,  
 that lieth in wickedness;  
 Remember this. (*Ps. lxxiv. 18.*)

---

### An Act of Confession.

I HAVE sinned;  
 of a verity, O Lord, and I am made of sins; for  
 even my life maketh it manifest.  
 I confess it unto Thee, seeing that if I would, I  
 could not conceal it from Thee, O Lord.  
 Who can bring a clean thing out of an unclean?  
 I am a sinner, of unclean seed,  
 of an unclean womb.  
 My mother conceived me in sin;  
 a root of bitterness,  
 a shoot of a wild olive-tree.

I have sinned with my fathers; I have done amiss  
 and dealt wickedly, (*Ps. cvi. 6.*)  
 I have done perversely, I have committed wicked-  
 ness: (*1 Kings viii. 47.*)  
 I have borne myself forwardly in the covenant;  
 I have cast away the law: (*Isa. v. 24.*)  
 rejected discipline; (*Prov. xv. 32.*)  
 vexed Thy Holy Spirit; (*Isa. lxiii. 10.*)  
 done the imaginations of my heart: (*Jer. xviii. 12.*)  
 gone on from sin to sin;  
 have not feared Thee;  
 have not returned; (*St. Luke xv. 18.*)  
 not even when recalled; (*Jer. v. 13.*)  
 nor when afflicted; (*Jer. v. 3; Prov. xxiii. 35.*)  
 but have hardened my heart; (*Heb. iii. 13.*)  
 provoked Thee; (*1 Kings xvi. 33.*)  
 and all this Thou hast seen; (*Lam. iii. 59.*)  
 and held Thy peace. (*Ps. l. 21.*)

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### The Aggravation of Sin.

Its measure,  
 its harm,  
 its scandal.

Its quality,

Its iteration,—how often?

Its continuation,—how long?

The person,—by whom?

his age, condition, state, enlightenment.

Its manner,

Its motive,

Its time,

Its place.

Folly, ingratitude, hardness, contempt.

The various kinds of sin;

the cord and the cart rope; (*Isa. v. 18.*)

in necessary things,

in things superfluous,



omission or defect,  
     the not doing what ought to be done ;  
 commission, or excess,  
     the doing what ought not to be done ;  
 by heart within, in thought ;  
 by mouth, } without, { in word,  
 by deed, }            { in fact.  
 Against God, my neighbour, my own body.  
 By knowledge and by ignorance.  
 Willingly and unwillingly.  
 Of old and of late.  
 In boyhood and youth ;  
     in mature and old age.  
 Things done once ;  
     repeated often,  
 Hidden and open.  
 Things done in anger,  
     or from the lust of the flesh and the world.  
 Before and after my call.  
 Asleep by night, and awake by day.  
 Things concerning myself alone,  
     and things connected with others.  
 Things remembered, and things forgotten.  
 Whatever I may have done wrong, from my youth  
     till now, till this moment,  
 knowingly or ignorantly, within or without,  
     asleep or awake,  
     by words, deeds, or thoughts,  
     through the fiery darts of the enemy,  
     through the unclean desires of the flesh,  
     I have sinned against Thee ;  
 Have mercy on me, O God, and forgive me !

---

[Penitence.]

**GRIEF**, for the wound.  
**Shame**, for the spots, filth, defilement.  
**Sorrow**, for the guilt.



## II. The Pollution.

Turn Thy face from my sins ; turn it not from my misery.

Pass by,	dissimulate,	tolerate,	cover.	
cleanse,	purge,	wash away,	whiten,	destroy

## III. The Sickness.

Cure,      medicine,      heal,      lighten,      extirpate

## IV. The Slavery.

Vindicate from,      snatch from,      free  
preserve.

## I resolve.

I have determined,	longed,	I desire,	envy.
	study, clear myself,		
to turn from,	to forsake,		to leave,
	to say it is enough,		

to say, I will no more do so,

to be converted to Thee,      to turn my feet to Thee,

to raise my hands to Thee,      to turn from all else,

to scatter my own will,      to make crooked straight.

to surround myself with a hedge.

## I am weak.

That I would, I do not : that I do, I would not.

The children are come to the birth,  
and there is not strength to bring forth.

Thoughts, arising in my heart, prevent me.

The floods have entered into my soul.

The law of my members subjects me.

O Lord, I am oppressed, undertake for me,

Who will deliver me ?

Help, O God, make haste to help me ;

assist, save me, O God ;

succour, Let God arise ;

convert, Rise, O Lord ;

seek, arise to aid ;



He will not always be chiding, neither keepeth He  
His anger for ever.

He hath not dealt with us after our sins ;  
neither rewarded us according to our wickednesses.  
But He was so merciful that He forgave their misdeeds,  
and destroyed them not :

Yea, many a time turned He His wrath away,  
and would not suffer His whole displeasure to arise.

He remembered that they were but flesh :  
a wind that passeth away, and cometh not again.

Come now, and let us reason together, saith the Lord :  
though your sins be as scarlet, they shall be as white  
as snow ;

and though they be red like crimson, they shall be  
as wool.

In returning and rest shall ye be saved.

And therefore will the Lord wait, that He may be  
gracious unto you.

A bruised reed shall He not break ;  
and smoking flax shall He not quench.

I, even I, am He that blotteth out thy transgressions  
for Mine Own Sake :

return unto Me, for I have redeemed thee.

And even to your old age I am He,  
and even to hoar hairs will I carry you.

I have made, and I will bear ;  
even I will carry and will deliver you.

Surely He hath borne our griefs, and carried our  
sorrows ;

He was wounded for our transgressions ; He was  
bruised for our iniquities ; the chastisement of our  
peace was upon Him ; and with His stripes are we  
healed.

All we like sheep have gone astray ;  
we have turned every one to his own way ;  
and the Lord hath laid upon Him the iniquity of  
us all.

And it shall be, that before they call, I will answer :  
while they are yet speaking, I will hear :

Have I any pleasure at all that the wicked should die;  
and not that he should return from his way and live?

Repent, and turn yourselves from all  
your transgressions;

so iniquity shall not be your ruin.

As I live, I have no pleasure in the death of a sinner,

but that the wicked turn from his way and live:

turn ye, turn ye from your evil ways,

for why will ye die, O house of Israel?

(*Ezek. xxxiii. 11.*)

As for the wickedness of the wicked,

he shall not fall thereby in the day that he turneth  
from his wickedness. (*Ezek. xxxiii. 12.*)

If the wicked turn from his wickedness, and do that  
which is lawful and right,

he shall live thereby.

Let the wicked forsake his way, and the unrighteous  
man his thoughts,

and let him return unto the Lord, and He will

have mercy upon him;

and unto our God, for He will abundantly pardon.

### An Act of Confession.

God, Thou knowest my foolishness,

and my faults are not hid from Thee.

I also acknowledge them, and my sin is ever before me.

I have not covered my transgressions, like Adam.

(*Job xxxi. 33.*)

I incline not my heart to any evil thing, (*Ps. cxli. 4.*)

But I will acknowledge my sin unto Thee,

(*Ps. xxxii. 5.*)

and all that is within me; (*Ps. ciii. 1.*)

and all my bones shall say, (*Ps. xxxv. 10.*)

I have sinned:

I have gone astray, like a sheep that is lost;

as a bullock unaccustomed to the yoke ;  
(Jer. xxxi. 18.)

I have returned like a dog to his vomit ;  
 as a sow that was washed, to her wallowing in  
 the mire.

I give glory to the Lord God of Israel, saying,  
 I have sinned ; and thus and thus have I done.

Break not the bruised reed ;  
 quench not the smoking flax ;  
 Let not the waterflood drown me,  
 neither let the deep swallow me up,  
 and let not the pit shut her mouth upon me.

Lord, Thou knowest all my desire,  
 and my groaning is not hid from Thee.  
 Thou knowest, Lord, that I speak the truth in Christ,  
 and lie not,

my conscience also bearing me witness  
 in the Holy Ghost,  
 that I have great heaviness and continual sorrow in  
 my heart,

because I have thus sinned against Thee ;  
 that I am a burden to myself, in that I cannot sorrow  
 more ;

that I beseech from Thee  
 a contrite heart,  
 groanings that cannot be uttered,  
 tears of blood.

Woe is me ! for my dryness,  
 for the hardness of my heart,  
 for the dryness of my eyes.

Lord, I repent ; I repent, O Lord !  
 help Thou mine impenitence ;  
 and more and more bruise, and wound, and pierce,  
 and strike my heart.

Behold, O Lord,  
 that I am indignant with myself  
 on account of the foolish and vain and mischievous and  
 dangerous desires of my flesh ;  
 that I abhor myself





and the indissoluble chains, and the unmeasurable chaos,  
and the gulf that cannot be passed, and the lament that  
cannot be consoled,  
and none to assist, to advocate, to free !

Behold, O Lord,  
I adjudge myself worthy of, and amenable to,  
and guilty of,  
eternal punishment ;  
yea, and of all the straits of this world :  
From Thee, O Lord, I have merited death, from Thee,  
the Just One ;  
but yet to Thee, O Lord, I appeal, to Thee the Merciful  
One ;  
from the tribunal of Justice, to the Mercy-seat of  
Grace ;  
permit, O Lord, this appeal :  
if 'Thou dost not, we perish !  
And, O Lord, carest Thou not that we perish ?  
Thou who wilt have all men to be saved,  
who art not willing that any should perish ?'

Behold me, O Lord,  
condemned by my own judgment !  
Behold me ; and enter not 'Thou, O Lord, into judg-  
ment with Thy servant !  
I am less than the least of all Thy mercies ;  
I am not worthy to be the lowest of Thine hired  
servants ;  
I am not worthy to gather the crumbs that fall from  
Thy table :  
I am not worthy to touch the hem of Thy garment.  
And now, O Lord, humbling myself under Thy  
mighty hand,  
I bend my knees to 'Thee, and fall down to the ground,  
on my face.  
I stretch forth my hands unto Thee ;  
my soul gaspeth unto Thee as a thirsty land.

I dare not so much as to lift up  
mine eyes unto Heaven,  
but I smite upon my breast.

Out of the deep hath my soul cried unto Thee,  
and all that is within me;  
for Thy great mercy, and for the multitude of Thy  
loving-kindnesses,  
for Thy Name-sake, for the glory of Thy Name,  
be merciful to my sin :  
for it is great ; for it is exceedingly great.

For the multitude, the great multitude, the riches, the  
abundance,  
the superabundance of Thy loving-kindnesses,  
be merciful unto me, O Lord, a sinner :  
Lord, O Lord, be merciful unto me of sinners the  
greatest.

Lord let Thy Mercy rejoice against Thy Justice,  
in my sin.

O my Lord, where sin hath abounded, there let Grace  
more exceedingly abound.

O Lord, hear : O Lord, forgive ; O Lord, hearken,  
and do ;

defer not for Thine Own Sake, O my God ;

I believe that, for a Great Mystery of godliness,  
for us men, and for our Salvation,

Jesus the Man,

the Son of the Father,

the Anointed of the Spirit,

our Lord, both as Creator and Redeemer,

was God manifest in the flesh ;

that He worketh efficaciously and manifestly,  
by illumination of science, and infusion of grace,  
in reprehension, and teaching, and long-suffering,  
and assistance, and witnessing, and consolation :  
the gifts and graces of the Spirit.

[Give me grace] unceasingly to return thanks  
to Thy Word and only Son :

as the Purifier of our nature, in His Conception  
and Nativity ;



as it is Catholic,  
 we may be partakers in the Communion, as it is holy,  
 of holy persons and holy things,  
 of holy prayers and the holy Liturgy,  
 to a trust in the remission of sins,  
 and a hope of resurrection and translation unto life  
 eternal.

Lord, increase my faith as a grain of mustard-seed !  
 let it not be dead, nor temporary, nor hypocritical ;  
 but let it operate through charity, co-operate with  
 works, be the supplier of virtue,  
 conquer the world, and be most holy.

O God of Truth, the Prince of Peace,  
 let there be peace and truth in our days ;  
 let the multitude of them that believe be of one heart  
 and of one soul.

O Thou, that dost not break the bruised reed,  
 nor quench the smoking flax,  
 establish all them that stand in truth and grace,  
 restore them that are falling through error or sin.

I beseech Thee, O Lord, of Thy Mercy,  
 let Thine anger be turned away from this city, and  
 from this house,  
 for we have sinned against Thee.

Be Thou pleased favourably to regard this place and all  
 this land,  
 tempering justice with mercy.

Grant that I may love them that love me, though I know  
 them not ;

and bring them, as me, into Thy heavenly kingdom,  
 and grant that I may shew them the mercy of God,  
 [by remembering them] in my prayers ;

That I, with those for whom I have prayed,  
 and those for whom I am in any way soever bound  
 to pray,

and with all the people of God,  
 may have an entrance into Thy kingdom ;  
 there to appear in righteousness, and to be satisfied  
 with glory.

Blessed is the people, O Lord, that can rejoice in Thee ;  
 they shall walk in the light of Thy countenance ;  
 their delight shall be daily, O Lord, in Thy Name ;  
 in Thy glory shall they make their boast.

My mouth shall speak the praise of the Lord,  
 and let all flesh bless His Holy Name for ever.

O magnify the Lord with me ;  
 and let us exalt His Name together !

Hearken unto me, ye that fear God ;  
 and I will tell you what He hath done for my soul.

Be Thou exalted, O God, above the heavens ;  
 and Thy glory above all the earth.

I will give thanks unto Thee, O Lord, with my whole  
 heart,  
 in the assembly of the righteous, and in the con-  
 gregation.

Open my mouth, that I may bless Thy Name ;  
 set me free from all things else for the telling of Thy  
 Praise ;

I will sing unto Thee in the sight of the Angels.  
 Accept the praises, which I desire to offer,  
 an unworthy sinner, verily unworthy :  
 but yet I would fain they may be devoted and  
 grateful to Thee !

Thou art worthy, Lord God, to receive them ;  
 Thou art my God, and I will praise and exalt Thee .

I will sing unto the Lord as long as I live ;  
 I will praise my God while I have any being.

Glory to God in the highest :  
 on earth peace ; good will towards men !

Glory and blessing, virtue and power,  
 honour and thanksgiving, riches and holiness,  
 praise and wisdom, power and salvation,  
 be to our God that liveth for ever ;  
 that sitteth upon the throne, and to the Lamb that  
 was slain.

Amen : Hallelujah.

Hosanna in the highest : blessed be He that cometh in  
 the Name of the Lord !

## An Act of Thanksgiving.

It would rather behove me, O Lord,  
 a sinner, and impenitent, and so, wholly unworthy,  
 to lie prostrate before Thee \*;  
 and with tears and groanings to intreat the pardon of  
 my sins,  
 than to praise Thee with polluted mouth;  
 yet trusting in Thine innate goodness, I will adore  
 Thee;  
 oh, receive Thou the praises that it is in my heart  
 to sing.  
 I praise Thee, I bless Thee, I worship Thee, I glo-  
 rify Thee;  
 Thou art worthy, O Lord, to receive the praises  
 and the thanks,  
 whom I, a sinner, am unworthy to invoke,  
 and to name, and even to conceive in my heart.  
 Blessed art Thou, O Lord,  
 who hast created and brought me forth into this life,  
 and hast ordered that I should be a living soul  
 and not senseless matter :  
 a man, not a brute ; civilized, not barbarous ;  
 free, not a slave ; legitimate, not spurious ;  
 of good parentage ; not sprung from vile extraction,  
 and as vile myself ;  
 endued with sense, not an idiot ;  
 sound in senses, not blind nor deaf ;  
 sound in limbs, not halt nor maimed ;  
 educated, not exposed ;  
 brought up to literature, not to a mechanical trade ;  
 a Christian, not a pagan ;  
 preserved from dangers and infamy, not overwhelmed  
 thereby ;  
 in the days of peace, not tossed in tempestuous  
 struggles ;

\* Transposed from p. 337.

of competent fortune, so that I need neither to flatter  
 nor to borrow ;  
 set free from many sins ;  
 endued with the gifts of grace, in redemption and  
 calling ;  
 with the gifts of nature and fortune :  
 who according to Thy great mercy, hast begotten us  
 again unto a lively hope,  
 by the resurrection of Jesus Christ :  
 unto an Inheritance incorruptible and undefiled,  
 and that fadeth not away ;  
 reserved in Heaven for us :  
 who hast blessed me with all spiritual blessings in hea-  
 venly things in Christ ;  
 who comfortest me in all my tribulation,  
 that as the passions of Christ abound in me,  
 so also my consolation should abound through  
 Christ.

To Thee, O God of my fathers, I give thanks ;  
 Thee I praise, who hast in some measure endued me  
 with wisdom and courage ;  
 and hast shewed me that which I requested of Thee,  
 and hast opened my mouth :  
 [and hast caused me to be] the work of Thine hands,  
 and the price of Thy blood ;  
 and the image of Thy countenance, and the servant  
 of Thy purchase ;  
 and the seal of Thy Name, and the child of Thine  
 adoption ;  
 and the temple of Thy Spirit, and a member  
 of Thy Church.

### A Breviary of Prayer.

THE address ;  
 let prayer ascend ; turn not away Thine ear :  
 Confession of  
 sins ; because—

lamentations ; through—  
supplication ; according to—

Profession of  
faith and hope.

Confession of benefits :

praise, worship, giving of thanks,  
for creation, bringing up, government ;  
preservation, ordering, redemption :  
by the Conception,

Deprecation of Sin,

Punishment.

Comprecaation of Grace,

Reward.

Nativity,

Life,

Passion,

Death,

Resurrection,

Ascension.

Intercession for all creatures,  
the human race,  
the Church,  
governments,  
our own,  
ourselves.

Benediction ;

Commendation.

Nightly and daily exercise  
of penitence, for evils done ;  
of gratitude, for good received.

Peculiar

of age, } if { an old man,  
vocation, } in the clergy,  
state<sup>r</sup> ; } a Bishop.

### An Act of Thanks.

O LORD, I am less than all Thy mercies,  
and all Thy truth, which Thou hast shewed unto  
Thy servant ;

<sup>r</sup> The clauses introduced by *vel sic* are either omitted or incorporated with the above.



and what can I say more unto Thee?

for Thou, Lord God, knowest Thy servant.

What is Thy servant, Lord God, and what is my  
house,

that Thou shouldest look on such a dead dog  
as I am?

that Thou hast loved me hitherto?

what shall I render unto the Lord for all the benefits  
that He hath done unto me?

what thanks can we render unto God

for all the joy wherewith we joy before Him?

Thou who hast deigned, O Lord, in this holy day  
and at this hour,

to raise my mind to Thy praise,

and to offer Thee the glory due unto Thee,

receive, O Lord, this spiritual sacrifice from my soul,

and receiving it to Thee unto Thy spiritual Altar,

be pleased in its stead to send me the grace of

Thy Most Holy Spirit.

Visit me in Thy goodness;

forgive me every sin, as well voluntary as  
involuntary.

Deliver me from eternal punishment:

yea, and from all the miseries of this world.

Change my thoughts into piety;

sanctify my spirit, soul and body;

and give me grace to worship and to please Thee  
in piety and holiness of life,

even until the very end of my days.

To Him, that is able to do exceeding abundantly

above all that we ask or think,

according to the power that worketh in us,

to Him be glory in the Church in Christ,

throughout all ages, world without end.

My soul shall be satisfied as it were with marrow and  
fatness;

and my mouth shall praise Thee with joyful lips.

### The Lord's Prayer Paraphrased.

- (1.) LET Thy name be invoked by us ;  
 be Thou our shield, and our exceeding great reward ;  
 whatever word proceedeth from Thee,  
 let it not be in us to say against it either good  
 or bad.

Give us bread to eat,  
 and raiment to put on,  
 and now forgive the sin and injustice of Thy servants ;  
 and let us not take our own thought in our hearts on  
 the day for the morrow, O Lord ;  
 and let not evils take hold on us.

- (2.) Let Thy Name be blessed, now and evermore :  
 give us not, for the wickedness of the people, into  
 the hands of hypocritical rulers ;  
 let it be unto us, O Lord, as Thou shalt will :  
 let not thistles grow instead of wheat,  
 and cockle instead of barley.

I have sinned : what shall I do unto Thee, O Thou  
 keeper of men ?

I will make a covenant with my senses,  
 that I may not even think upon evil.  
 Six times deliver me from straits ;  
 and the seventh let not evil touch me.

- (3.) Holiness unto the Lord :  
 let us be unto Thee a royal priesthood ;  
 let us go out and come in according unto Thy mouth ;  
 let us not live by bread alone,  
 but by every word which proceedeth out of Thy  
 mouth ;

take away our transgressions, iniquities, and sins ;  
 not into temptation : not into bitterness ;  
 from the destroying Angel, and every hurtful stroke,  
 Good Lord deliver us !

- (4.) Blessed be the Name of the Lord, henceforth,  
 world without end,

from the rising up of the sun unto the going down  
 of the same ;  
 be Thou our Hope, and our portion in the land of  
 the living ;  
 teach us to do the thing that pleaseth Thee, for Thou  
 art our God ;  
 let Thy loving Spirit lead us forth into the land of  
 righteousness ;  
 the eyes of all wait upon Thee, O God, that Thou  
 mayest give them their meat in due season : open  
 Thou Thine hand, and fill all things living with  
 plenteousness ;  
 have mercy upon us, O God, after Thy great good-  
 ness ;  
 according to the multitude of Thy mercies do away  
 our offences ;  
 let not the enemy prevail against us ;  
 neither the son of wickedness approach to hurt us ;  
 let no evil befall us, neither any plague come nigh  
 our dwelling.

- (5.) Let Thy Name be our strong tower,  
 into which we may run and be safe ;  
 through Thee kings reign : their hearts are in Thy  
 hand,  
 and Thou turnest them as the rivers of water ;  
 O Lord, turn them unto good :  
 let there not be a multitude of thoughts in our heart ;  
 but Thy counsel, O Lord, let that stand.  
 Two things have I asked of Thee ; deny them not  
 to me before I die : give me neither poverty nor  
 riches ; feed me with food convenient for me.  
 Who can confidently say, I am clean from my sin ?  
 be merciful unto Thy servants, who have sinned  
 against Thee,  
 and heal Thou their souls ;  
 remove my path far from an occasion of sinning ;  
 and let me not approach to the doors of the house  
 thereof ;

send not unto us a cruel messenger ;  
but remove all evil far from our houses.

- (6.) Let not Thy Name be evil spoken of through us  
among the heathen ;  
Let all nations and kings that will not serve Thy  
kingdom  
come to an end : yea let them be utterly laid waste ;  
let all Thy counsel stand ; and all that Thou hast  
decreed come to pass ;  
give seed to the sower ;  
and the staff of life for our food ;  
be not wroth with us very sore, and remember not  
our sins for ever ;  
behold, look, we are all Thy people ;  
let us not put the stumbling-block of our iniquity  
before our face ; (*Ezek. xiv. 4.*)  
set not Thy face against us for evil.

- (7.) Our Father, Holy art Thou \* ;  
Holy is Thy Name above every name ;  
to be revered and hallowed of all,  
but of some more than others,  
and of me more than any.  
Yet have I not done so, nor attempted thereto what  
in me lay.  
Woe is me ! that I have not ; I confess it openly.  
I grieve from my heart, mind, soul, spirit ;  
suppliant I ask for pardon, suppliant for grace,  
that henceforward I may so speak, do, live,  
that Thy Name by me may be hallowed,  
yea, and would that by others through me !  
Thy kingdom, the end of my wishes,  
that I may come to it in the state of glory,  
come to me in the state of Grace ;  
in Thy earthly kingdom, by Thy Grace, let me so  
perform something,  
as that I may attain to a place in Thy heavenly  
kingdom,

\* Transposed from p. 327.

though the lowest at the feet of Thy Saints.  
 Let the will of the flesh and of the man depart from me ;  
 let Thy holy, just, and gracious will be done  
 in the earth, and by the earth, which I am,  
 as it is in heaven.

Give us what pertaineth to health, peace, and sufficiency,  
 give us Angels' bread unto Life Eternal.

Forgive me my debts, my huge sum of debts,  
 my foul backslidings, my frequent relapses, my daily  
 wallowings.

To Thee, O Lord, justice, and to me confusion  
 of face.

My destruction cometh from myself.

If Thou, Lord, wert extreme to mark what is done  
 amiss,—

O Lord, who may abide it?

But with Thee there is mercy,  
 with God redemption ;

with God is plenteous redemption from sin ;  
 and he shall deliver from all iniquities ;

deliver me, Lord, from mine ;  
 deliver my soul from the nethermost hell.

Deep crieth unto deep,  
 that it may deliver from the deep.

Other things also there be which I feel less,

but which be not of less weight, perchance of  
 greater,

concerning which I ask for illumination, that I may  
 be able to confess them.

And lead me not, nor suffer me to be led,  
 nor suffer me to fall into temptation,  
 mindful of my weakness, and pitying it,  
 and of my so often proved infirmity.

But deliver me from evil :

evil in myself, the flesh, and its temptation,

evil in the devil, and his suggestions,

evil in the punishments which most righteously and  
 justly I have deserved,

evil in the world to come ;—

spare me there:—afflict, O Lord, if needs, and  
 wound me here ;  
 evil in the present world ;  
 spare me also in this ;  
 evil in this world, and its accidents ;  
 evil in the disease wherewith I struggle ;  
 evil in the business in which I am engaged ;  
 evils past, present, and to come ;  
 from all these things set me free, O Lord,  
 and preserve me, Thy servant, for evermore,  
 even though the last among the last.

I beseech Thee, O Lord, according  
 to all Thy mercy,  
 let Thy most righteous indignation be turned  
 from me ;  
 for most grievously, and often, most often and  
 grievously, have I sinned against Thee ;  
 and especially forgive my latest and freshest sins  
 against Thee.

Let Thine anger be turned away from me,  
 from my parents, brothers, and sisters,  
 from my Bishop, and household,  
 from my relations, friends, neighbourhood, country,  
 from all Christian people : Amen.

## IN PREACHING

The world is the sea ;  
 men, fishes ;  
 church, boat ;  
 preacher, fisher ;  
 word, net.

## Before Reading the Holy Scriptures.

OPEN Thou mine eyes, that I may see wondrous things—  
 in Thy law.  
 Take away, O Lord, the veil from my heart, while  
 I read the Scriptures.

- Blessed art Thou, O Lord: teach me Thy statutes.  
 Word of the Father, give me Thy Word.  
 Touch my heart; lighten the senses of my heart.  
 Open my lips, and fill them with Thy praise.  
 Be Thou, Lord, in my heart and in my mouth.  
 In my mouth, that I may rightly and worthily set forth  
 Thy Oracles,  
 the power of Thy Most Holy Spirit sanctifying me.
- O Thou, that Coal of double nature, which touching  
 the lips of the Prophet, didst purify him from sin,  
 touch my lips who am a sinner, set me free from  
 every stain, and make me fit to set forth Thy Oracles.
- O Lord, open Thou my lips, and my mouth shall shew  
 forth Thy praise.
- O Lord, give me the tongue of the learned, that I may  
 know what to say: and if there be any word for the  
 edification of them that need it, give it, that Thou  
 mayest minister grace unto the hearers.
- Grant that I may speak boldly.  
 I open my mouth wide, O Lord: do Thou fill it.

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### Before going to Church.

- BUT I will come unto Thy House in the multitude  
 of Thy mercies;  
 and in Thy fear will I worship toward Thy holy  
 temple.
- Hear, O Lord, the voice of my prayer, when I cry  
 unto Thee,  
 when I stretch forth my hands toward the mercy-  
 seat of Thy holy temple.
- We wait for Thy loving-kindness, O God,  
 in the midst of Thy temple.
- Remember, O Lord, our brothers that are standing  
 around us,  
 and praying with us at this holy hour,  
 for their zeal and devotion;
- Remember them also who on reasonable causes are  
 absent,

and pity them and us according to the multitude  
of Thy loving-kindnesses, O Lord.  
**Lord,** I have loved the habitation of Thy house,  
and the place where Thine honour dwelleth :  
that I may hear the voice of thanksgiving,  
and tell of all Thy wondrous works.  
One thing I have desired of the Lord,  
which I will require,  
even that I may dwell in the house of the Lord  
all the days of my life, to behold the fair beauty  
of the Lord, and to visit His temple.  
**My heart** hath talked of Thee, Seek ye My face ;  
Thy face, Lord, will I seek.  
**Open me** the gates of righteousness ;  
that I may go into them, and give thanks unto  
the Lord.

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[Self-Examination.]

**HAVE I** penitence, grief, shame, pain, horror, weariness, for my sin ?  
[Do I pray,] if not seven times, as David,  
yet at least thrice, as Daniel ?  
If not, as Solomon, at length,  
yet shortly, as the Publican ?  
If not, like Christ, the whole night,  
at least for one hour ?  
If not on the ground, and in ashes,  
at least not in my bed ?  
If not in sackcloth,  
at least not in purple and fine linen ?  
If not altogether freed from all,  
at least from immoderate desires ?  
[Do I give,] if not, as Zaccheus, four-fold,  
at least, as the Law commands, with the fifth  
part added ? (*Lev. v. 16.*)  
If not as the rich,



yet as the widow?  
 If not the half,  
 yet the thirtieth part?  
 If not above my power,  
 yet up to my power?

---

### An Act of Adoration.

- God the Father, of Heaven,  
 who didst marvellously create the world out of  
 nothing,  
 who governest and sustainest Heaven and earth  
 with Thy power,  
 who, for our sakes didst give Thine Only-Begotten  
 to be put to death :
- God the Son, Redeemer of the world,  
 who didst deign to be born of the Virgin,  
 who didst wash us from our sins in Thy precious  
 blood,  
 who rising from the dead didst ascend Victor into  
 Heaven :
- God the Holy Ghost, the Comforter,  
 who, in the form of a dove didst descend upon  
 Jesus,  
 who didst appear upon the Apostles like cloven  
 tongues of fire,  
 who visitest and confirmest with Thy grace the  
 hearts of Thy saints ;
- † Holy, Supreme, Eternal, Blessed, and Glorious Trinity,  
 ever laudable, yet ever ineffable ;  
 Father of goodness, Son of love,  
 Spirit of bounty,  
 whose Majesty is inscrutable,  
 and Power incomparable,  
 and Goodness inestimable,  
 whose Work is life,  
 whose Love is grace,

whose Contemplation is glory ;  
 Deity, Divinity, Unity, Trinity,  
 Thee I adore, Thee I invoke, Thee with the whole  
 affection of my heart,  
 I bless now and ever ;  
 Thou, who art Lord of both quick and dead,  
 whose are we, whom this present world yet retaineth  
 in the flesh,  
 whose are they also, whom the life to come hath  
 already received, freed from the body,  
 give to the quick loving-kindness and grace ;  
 give to the dead rest and eternal light ;  
 give to Thy Church truth and peace ;  
 and to us sinners penitence and pardon.

---

### Before a Journey.

Go before Thy servant this day ;  
 if Thou Thyself go not forth with me, carry me not  
 up hence.  
 Thou, who didst guide the Israelites by an Angel,  
 the wise men by a star ;  
 who [didst preserve] Peter in the waves, and Paul in  
 shipwreck ;  
 be present with me, O Lord, and dispose my way ;  
 go with me, and lead me out, and lead me back.  
 Let God arise, and let His enemies be scattered ; away  
 from me, ye wicked ; I will keep the commandments  
 of my God.

---

### The Seven Works of Mercy.

#### CORPOREAL.

Visit : give drink : give meat : redeem the slave :  
 Clothe : tend the sick : and lay the dead in grave.

## SPIRITUAL.

Counsel : rebuke : instruct in wisdom's way :  
 Console : forgive : endure unmov'd : and pray.

## An Eucharistic Prayer.

THE things which I believe to have been done  
 for me,  
 which I call to remembrance, for which I return  
 thanks,  
 which I remember, of which I put Thee in remem-  
 brance, which I commemorate,  
 which I offer, which I pray Thee to offer ;  
 of these things make me a partaker, and apply them  
 to me.

By the things which Thou didst, and bearest,  
 Thy Oblation and Sacrifice,  
 Thy emptying Thyself, Thy humbling Thyself,  
 Thy Incarnation, Thy Conception,  
 Thy Birth, Thy Circumcision, the first-fruits of Thy  
 Blood,  
 Thy Baptism, Thy Fasting,  
 Thy Temptation, Thy Houselessness, Thy Hunger,  
 Thy Weariness,  
 Thy Thirst, Thy Sleeplessness, Thy Injuries :  
 Thy patience, endurance,  
 Thy apprehension as a thief, bonds,  
 By Gethsemane, Gabbatha, Golgotha,  
 Thy obedience unto Death, Thy endurance to the  
 Cross :

Let my prayer ascend : Turn not away Thine Ear.  
 As Thou didst deliver our Fathers, deliver us, O Lord !  
 Noah from the deluge,  
 Abraham from Ur of the Chaldees,  
 Isaac from sacrifice,  
 [Lot from Sodom,]

Jacob from Laban and Esau,  
 Joseph from the calumnies of his mistress,  
     the prison,  
 Job from the temptations,  
 Moses from Pharaoh, and from being stoned,  
 Thy people from the Red Sea, and from Babylon,  
 David from Saul, Goliath, Keilah, Ahitophel, Absalom,  
     Doeg, Sheba,  
 Elias from Jezebel,  
 Hezekiah from Rabshakeh and the sickness,  
 Esther from Haman,  
 Joash from Athaliah,  
 Jeremiah from the pit,  
 the Three Children from the furnace,  
 Jonah from the belly of the whale,  
 the disciples from the storm,  
 Peter from the prison of Herod,  
 Paul from the shipwreck, stoning, evil beasts;  
 Even so deliver us, O Lord, that put our trust  
     in Thee.

---

### A Preparation to Thanksgiving.

Be Thou exalted, Lord, in Thine Own strength;  
     So will we sing and praise Thy power.  
 All Thy works praise Thee, O Lord:  
     and Thy Saints give thanks unto Thee.  
 O Lord, open Thou my lips;  
     and my mouth shall shew forth Thy praise.

---

### An Act of Hope.

IN Thee, O Lord, have I trusted;  
     Let me never be confounded.  
 My hope from my mother's breasts;  
     from my youth.

Thy word, in which Thou hast given me hope.  
 My flesh also shall rest in hope.  
 The valley of Achor : the Gate of hope.  
 There is hope in thine end.  
 Hope maketh not ashamed. We are saved by hope.  
 The God of Hope ;  
 Though He slay me, yet will I hope in Him.  
 Thou that art the Saviour of them that hope in Thee :  
 We have hoped in Thy Holy Name,  
     in the covering of Thy wings,  
     in Thy shadow, under Thy feathers.  
     Thou, Lord, art my Hope,  
 The Hope of all the ends of the earth.  
 Put thy hope in God.  
 I would, that more : I fear, lest—  
 I grieve that I cannot : I should joy, if—

**I** believe with David,  
 to see the goodness of the Lord in the land of the  
     living.  
 with S. Paul,  
 that Christ Jesus came into the world to save sinners ;  
     with S. John,  
 that if any man sin, we have an Advocate with the  
     Father, Jesus Christ the Righteous : and He is  
     the Propitiation for our sins ; and not for ours only,  
     but also for the sins of the whole world :  
     with S. Peter,  
 that Thou art the Christ, the Son of the living God :  
     with Nathanael,  
 that Thou art the Son of God ; Thou art the King  
     of Israel :  
     with the Samaritans,  
 that this is indeed the Christ, the Saviour of the  
     world :  
     with Martha,  
 that Thou art the Christ, the Son of God, which  
     should come into the world :

with the Eunuch,  
 that Jesus Christ is the Son of God;  
 with the Synod of the Apostles and Presbyters,  
 that we shall be saved through the grace of our Lord  
 Jesus Christ :

with S. Andrew,  
 that we have found the Messiah, which is the Christ.  
 (*Gal. ii. 16.*    *1 Tim. ii. 5, 6.*    *S. James ii. 22.*)

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### Doxologies.

GLORY to God in the highest; on earth peace; good  
 will towards men. (*S. Luke ii. 14.*)

Hosanna to the Son of David. (*S. Matt. xxi. 9.*)

Hosanna; blessed is the King of Israel that cometh  
 in the name of the Lord. (*S. John xii. 13.*)

Holy, Holy, Holy, Lord God Almighty, which was,  
 and is, and is to come. (*Rev. iv. 8.*)

#### OF THE ANGELS.

Worthy is the Lamb that was slain to receive power,  
 and riches, and wisdom, and strength, and honour,  
 and glory, and blessing.

#### OF ALL CREATURES.

Blessing, honour, glory, and power, be unto Him that  
 sitteth upon the throne, and unto the Lamb for  
 ever and ever.

#### OF THE MARTYRS.

Salvation to our God which sitteth upon the throne,  
 and unto the Lamb.

Amen: Blessing, and glory, and wisdom, and thanks-  
 giving, and honour, and power, and might, be unto  
 our God for ever and ever.

## OF THE ELDERS :

Alleluia: Salvation, and glory, and honour, and power,  
unto the Lord our God. (*Rev. xix. 5, 7.*)

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**A Prayer of Thomas Bradwardine,  
Archbishop of Canterbury.**

**THYSELF**, my God, I love, for Thyself, above all things. For Thyself I long. Thyself I desire as a final end. Thyself, for Thyself, not for aught else, I always and in all things hitherto seek. With my heart and whole strength, with groaning and weeping, with continual labour and grief. What therefore wilt Thou give me as my final end? If Thou dost not bestow on me Thyself, Thou bestowest on me nothing. If Thou dost not give me Thyself, Thou givest me nothing. If I find not Thyself, I find nothing. Thou dost not then reward me, but torture me. For even before that I sought Thee, I hoped to hold and possess Thee at last. And with this honeyed hope, I was sweetly consoled in all my labours. But now, if Thou deniest me Thyself, and that for ever, and not for a season, whatever else Thou shalt give me, shall I not always languish with love, mourn with languishing, grieve with mourning, weep with grieving, because I shall ever remain void and empty? Shall I not mourn inconsolably? complain unceasingly? grieve interminably? This is not Thy wont, God of goodness, of clemency, and love; it is in no wise fitting, in no point seemly. Grant, therefore, O my gracious God, that in the present life I may ever love Thyself, for Thyself, above all things; and in the future world may find Thee, and hold Thee for ever.

---

**Of Penitence.**

**CONTRITION**; bitterness of soul; compunction of heart;  
a torn, a broken, a contrite soul;

sorrow before God: groaning: indignation.

**CONFESSION:** acknowledgment: prayer deprecating the past and the future.

**All have sinned;**

If Thou, Lord; . . . who shall abide?

No flesh shall be justified before Thee.

He cannot answer one of a thousand.

What then? whether in vain?

God hath granted repentance unto life. (*Acts xi. 18.*)

A place is left for repentance, if sin only lieth at the door. (*Gen. iv. 7.*)

Yet now there is hope concerning this thing.

(*Ezra x. 2.*)

There may be a lengthening. (*Dan. v. 27.*)

And God solicits

by proclaiming, (*Isa. xlv. 7.*) complaining, (*Jer. viii. 4.*)

by oath, (*Ezek. xxxiii. 4.*) by waiting, (*Isa. xxx. 18.*)

promising, if paradise to innocence,

the kingdom of heaven to penitence;

threatening, unless—

(*S. Luke xiii. 5. S. John viii. 24.*)

**Prayer** sacrificeth the mind, conquereth the devil, pleaseth God.

**Fasting** sacrificeth the body, conquereth the flesh, benefiteth ourselves.

**Almsgiving** sacrificeth the goods, conquereth the world, benefiteth our neighbour.

### An Act of Confession.

**BEHOLD** me, O Lord, behold me; the greatest, the worst, the most wretched of sinners. And what shall I now say, or in what shall I open my mouth? What shall I answer, when I am guilty, guilty, guilty! I will go over my sins unto Thee in the bitterness of my soul; O that it may be in its bitterest bitterness! Behold,



for my peace I had great bitterness. O Lord, by these things men live, and in all these things is the life of Thy Spirit: so wilt Thou recover me, and make me to live. Like a crane or a swallow, so will I lament; I will mourn as a dove. I beseech Thee, O Lord, by all Thy mercy, let Thy most righteous indignation and fury be turned away from me, because I have sinned, and that grievously. I have sinned against Thee, most often and grievously, I have sinned against Thee!

O Father of mercies, I beseech Thy Fatherly loving-kindness, despise not an unclean worm, a dead dog, a putrid corpse; despise not me! Yea rather regard me, O Lord, regard me with those eyes wherewith Thou didst regard Magdalene in the banquet, Peter in the hall, the thief on the cross; that with Peter I may weep, with the thief may confess, with Magdalene may love; may love much, yea very much, for that many sins are forgiven me. Spare me, O Lord; spare me, a penitent: at the least desiring to be a penitent, and preparing thereto; recollecting my sins with bitterness, indignant with myself concerning them, remembering and laying hold of Thy most bitter Passion. Spare, O Lord, have mercy! Spare me, O Lord, have mercy on me! pity me, because it is not difficult to Thy power, nor unbecomfitting Thy justice, nor unusual to Thy clemency.

That I should thus, for leeks and garlick, have left the Bread of Angels! That I should thus, for the husks of swine, have despised my Father's table! Woe wretched, woe frenzied me! Who fascinated me to such madness? O that Thou wouldst deign to receive me again! At least I desire to return: better was it with me then, my state being as it is now. Full therefore of confusion, unworthy to name, or invoke, or think upon Thy Name, were it not for Thine innate goodness: yet, relying on that very goodness, supplicant, humble, prostrate, I return to Thee; nor ask I for any thing, but that which Thou hast bestowed most often, and bestowest most willingly; that, which unless Thou wert again and again to bestow, flesh could not

abide, none could stand. Have mercy on me a sinner, the greatest of sinners, and for that very reason needing the greatest mercy. And Thy mercy is the greatest: it reacheth to the Heaven above, it freeth from the lowest hell; it is marvellous. Magnify Thy mercy to me; if Thou seekest to glorify it infinitely, extend it to me; at no time, in no place, hath it been, will it be, more glorious in the pardon of a sinner. If Thou wilt, Lord, that I should leave Thee, give me another Thyself: else I will not give Thee up. Let the Spirit of Truth lead me into Truth.

To Thee, O Lord, I confess, because, if I would, I cannot conceal: to Thee my very many, my very great, my very heinous sins. I profess also to grieve, as Thou knowest. But I need more grief: I plainly need it. I am far from that which I ought to have. I can sin much; I cannot repent much. My dryness! my dryness! woe unto me! I cannot much: I would much. I know that much is not enough. Would that I had such grief, or even more! But of myself I cannot obtain it. I am parched, I am parched like a potsherd. Woe is me! Thou, O Lord, increase the fountain of tears that I have; supply that I have not: give me a molten heart, unutterable groans! Meanwhile, since my mind is willing, accept me according to that I have, not according to that I have not. I will extend it, since I cannot increase it, through all the years of my life.

After so many backslidings, with what confidence can I now return? With none. Altogether confused, altogether covered with confusion, I sit, I walk, I lie down. Nor should I dare to do it, nor could I do aught but despair, and act like the desperate, unless there were yet a hope left. And what hope? That Thou wilt extend Thy mercy to seventy times seven. That measure of forgiveness Thou hast enjoined to us. Hast thou enjoined this to us, and wilt not Thou Thyself practise the same? Yea and much more. That be far from Thee, that Thou shouldst require more perfection.

in us than existeth in Thyself: that we must forgive until seventy times seven but Thou wilt not forgive. For Thy mercy surpasseth ours, as far as Thyself surpasseth us. I then, trusting in Thy mercy, that forgiveth at the least seventy times seven, stand afar off; and lowly, as I ought, and most humbly striking my breast, say and repeat, again and again, God have mercy on me a sinner, on me a most wretched sinner, on me the chief of sinners, on me who am altogether sin, on me, who am a very hyperbole of sin, O Thou to whom prayer can never be made without a hope of pardon.

Shall God forgive, and thou not repent? God forbid! I do in a sort repent: I fear me not sufficiently. I would that it were more: I should rejoice, were it more; I grieve that it is no more. For I wish that I could more, and grieve that I can no more. I confess that my very grief is to be lamented; and I grieve that it is thus to be lamented. And who will give me to lament it more? I would do so, were it in my power: but it is not. It is in my power to know that I ought; to wish that I did; to will is present with me; but how to perform that which is good, I find not.

Do Thou, O Lord, give me power: if Thou wilt, Thou canst: Thou canst turn even the hard rock into a pool. Give tears: give a fountain of waters to my head. Give the grace of tears. Drop down, ye heavens, from above, and bedew the dryness of my heart. Give me, O Lord, this grace. None were more welcome to me; neither riches, nor all the good things of this world were to be coveted in comparison of tears: tears, such as Thou didst give David of old, or Jeremiah, S. Peter, or S. Mary Magdalene. At least give me a dropping eye: let me not altogether be a flint. If I may not water my couch, nor wash Thy feet: if I may not weep bitterly as Peter, plentifully as Jeremiah—(and yet, Oh that it might be even thus!) at least one or two little tears, which Thou mayest put into Thy bottle, and write in Thy book. But if I cannot gain this much, woe is me! like a pumice, like very lime, fervent in cold water. Careless

of my state where I least ought to be so ; without feeling. Mourning enough, when there is no occasion: cold, arid, dead, where there is the greatest.

At least give me of the tears of Christ, which He shed plentifully in the days of His flesh. Bestow on me from that store: in Him there is superfluity for my deficiency.

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### A Short Prayer after Confession.

O My Saviour Christ, Christ my Saviour ! who will grant that I may die rather than again offend Thee ? Christ my Saviour, O my Saviour ! Lord, let a new manner of life prove that a new spirit hath descended on me : for true penitence is new life ; and true praise unre-mitted penitence, and the observation of a perpetual sabbath from sin, its occasions, fuel, and danger. For as penitence destroys old sins, so do new sins destroy penitence.

O God, my heart is ready ;  
so saith the Psalmist :

but I fear, Lord, lest mine should not be ready.

I would that it were : I grieve, if it be not.

Lord, prepare it : assist my disposal, and supply my preparation of it.

I will put my sins before my sight ;  
that they may not be put before Thine.

---

### A Caution before Preaching, from S. Fulgentius.

LET the preacher labour to be heard intelligently, willingly obediently. And let him not doubt that he will accomplish this rather by the piety of his prayers, than the

eloquence of his speech. By praying for himself, and those whom he is to address, let him be their beadsman, before their teacher; and approaching God with devotion, let him first raise to Him a thirsting heart, before he speaks of Him with his tongue; that he may speak what he hath been taught, and pour out what hath been poured in.

I cease not therefore to ask from our Lord and Master, that He may, either by the communication of His Scriptures, or the conversations of my brethren, or the internal and sweeter doctrine of His Own Spirit, deign to teach me things so to be proposed and asserted, that I may ever hold me fast to the truth: from this very Truth I desire to be taught the many things I know not: I have received the few I know.

I beseech this Truth, that loving-kindness preventing and following me, It would teach me the wholesome things that I know not; keep me in the true things I know; correct me, wherein I am (which is human) in error, confirm me wherein I waver; preserve me from false and noxious things, and make that to proceed from my mouth which as it shall be chiefly pleasing to the truth itself, so it may be accepted by all the faithful, through  
**JESUS CHRIST OUR LORD.**

**AMEN.**

### **Subjects for Meditation before Penitential Prayers.**

**THOU** art careful and troubled about many things; but one thing is needful.

But we will give ourselves continually to prayer, and to the ministry of the Word.

Watch ye, therefore, and pray always, that ye may be accounted worthy to escape all these things that shall come to pass.

Love the Lord all thy life, and call upon Him for thy salvation.

Humble thy soul greatly; for the vengeance of the ungodly is fire and worms.

A man can receive nothing except it be given him.

If He prayed who was without sin, how much more becometh it a sinner to pray! *S. Cyprian.*

God hears the heart, not the voice: we do more by groans than words. *S. August.*

Christ groaned for this reason, to set us an example of groaning. *Arnob.*

God needeth not that we should be suppliants, nor loveth subjection; this is our own advantage, and hath an eye to our profit. *Arnob.*

Prayer ascends, mercy descends. *S. August.*

The grace of God is fuller than prayer: God ever granteth more than we ask.

God commandeth thee to ask, and teacheth thee how to ask, and promiseth that which thou askest, and is angry if thou askest not; and yet askest thou not?

Prayer is the breviary of faith, the interpreter of hope.

We go to God by prayers, not by steps.

Faith pours forth prayer; let it be poured forth in prayer.

Go on thus:—

Continuing in prayer:  
always praying, and not fainting;  
in spirit and in truth.

### Subjects for Meditation before Intercession.

THANKS be to God for His unspeakable gift.

The Apostle meaneth by the unspeakable gift of God, the mutual offices, and prayers, and thanksgivings of many for him.

Moreover, as for me, God forbid that I should sin against the Lord in ceasing to pray for you.

In this life we know that we can be assisted by prayers: but when we shall have come before the tribunal of Christ, neither Job, nor Daniel, nor Noah, can intercede for us, but each carrieth his own load.

The Spirit itself maketh intercession for us with groanings which cannot be uttered.

Can thine or my groanings be called unutterable, when there are often none, when they are often cold? But because there is no day, no moment, in which the Saints supplicate not God, one more, one less, fervently, and all make One Dove; hence the unutterable groanings, namely, the groanings of each for all, which profit all them who are<sup>b</sup> in the body of the Church.

He who prays for others, labours for himself.

If thou prayest for thyself alone, thou alone wilt pray for thyself.

If thou prayest for all, all will pray for thee.

### Subjects for Meditation before Thanksgiving.

PRaise is not comely in the mouth of fools,

It is good before Thy Saints.

All Thy works praise Thee, O Lord, and Thy Saints give thanks unto Thee.

Blessed is the people that know the joyful sound.

All sacrifice is little in comparison with thanksgiving.

We may speak much, and yet come short. *Ecc.* xliiii. 27.

Woe to them that are silent concerning Thee, O Lord: for even they that speak are dumb. *S. Aug. Conf. I.*

He attaineth not to Thy Works, but keepeth more silence; and it seemeth to proceed from the mouth of sucklings.

<sup>b</sup> We should probably read *constitutis for constituti*.

For as it was your mind to go astray from God: so, being returned, seek Him ten times more. *Baruch* iv. 28.

That as once in sins, so now we may abound in good works and the praises of God.

But what am I, Lord —

Make me, O Lord, to be at leisure for my penitence and Thy praises.

### Warnings and Preparatory Meditations in the Evening, raising of the Mind towards God.

IN war there is the note of charge, fitted for the onset; of recall, whereby struggles are recalled:

So the mind of man, as it must be excited in the morning, so in the evening, as by a note of recall, is it to be called back to itself and its Leader,

By { a scrutiny and inquisition or examination of self;  
 { thanksgivings.

1. Scrutiny and Inquisition; an Examination.

A good man would rather know his infirmity, than the foundations of the earth, or the heights of the heavens. *S. Aug.*

But that knowledge of our own infirmity is not attained but by diligent inquisition: without which the mind is for the most part blind, and sees nothing of that which pertains to it.

There are many hiding-places and recesses in the mind, &c. *Cicero.*

You must come to the knowledge of, before you can amend, yourself.

An unknown sin grows worse and worse, (*Seneca*,) and is deprived of cure.

The heart is deceitful above all things.

The Old Man is bound up in a thousand folds.

Therefore take care of thyself.



Points chiefly to be inquired.

What hast thou to-day	}	that	}	Done, Read, Said, Written,
				befits a Christian, a Priest, Fa- ther, &c. may confirm faith, obedience, increase knowledge, the good govern- ment of mind, body, work out the Salvation of thyself, others.

We see that God Himself concluded each day of the old Creation in no other manner, than by an examination of the works of each.

And He beheld that all were good.

Cato exacted from himself an account of every day's business, and also Pythagoras. *Cicero.*

Ausonius from Pythagoras :

Nor let sweet sleep upon thine eyes descend,  
Till thou hast judged its deeds at each day's end.

King David, when the day was over, meditated,  
and searched out his spirit.

In this Areopagetic nightly examination,  
beware that thou shew thyself the judge, not the pa-  
tron, of thy sins :

and say in the tribunal of thy mind,  
say with grief and indignation,  
who will set scourges over my thoughts,  
and the discipline of wisdom over my heart?

*Eccles. xxiii. 2.*

If we judged ourselves, we should not be judged.

Prayer is the guardian of the sleeping,  
the confidence of the waking.

*S. Greg. Nyss.*

And we think him not safe who is undefended by the  
arms and the guard of prayer.

Rightly therefore teacheth Rabbi J[archi?] that penitence must not be procrastinated till the morrow.

Behold the hope of advantage and eternal salvation shall have deceived itself for ever, unless even in this very night thou shalt have freed thy soul.

And if an examination of this kind takes place for some days, or, at farthest, one month, with penitence, it may suffice to form a perfect habit of virtue.

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A Morning Hymn of very ancient usage  
in the Church.

GLORY be to God on high,  
on earth peace,  
good will towards men.

We praise Thee,  
we bless Thee,  
we worship Thee,  
we glorify Thee,  
we give thanks to Thee,  
for Thy great glory,

O Lord God, Heavenly King,  
God, the Father Almighty,  
Lord, the Only-Begotten Son,  
Jesu Christ,  
and Holy Ghost.

Lord God,  
Lamb of God,  
Son of the Father,

That takest away the sins of the world,  
have mercy upon us.

Thou that takest away the sins of the world,  
receive our prayer.

Thou that sittest at the Right Hand of the Father,  
have mercy upon us.

For Thou only art Holy,

## AN EVENING HYMN.

Thou only art the Lord,  
 Jesus Christ,  
 with the Holy Ghost,  
 in the Glory of God the Father. Amen.

---

## An Evening Hymn.

O JOYFUL Light of the holy glory  
 of the Father, Immortal, Heavenly, Holy, Blessed,  
 Jesus Christ :  
 beholding the evening light  
 we glorify the Father, and the Son, and the  
 Holy Spirit of God.  
 Worthy art Thou in all seasons  
 to be hymned with sacred voices,  
 Son of God,  
 Giver of hope ;  
 Wherefore the world glorifieth Thee.

---



# Animas Christi

Soul of Christ, Sanctify me!

Body of Christ, Save me!

Blood of Christ, Anoint me!

Water from the side of Christ, Wash me!

Passion of Christ, Strengthen me!

O Good Jesus! Hear me!

Written they be made Rede me!

Suffer me not to be separated from Thee!

From the moment I see my Redeemer,  
In the hour of my death, I will see!

And his me come to Thee!

That with thy Saints I may praise Thee!

For ever and ever

Amen.





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